

Mt. Pleasant

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OCTOBER 2017

L I F E L E TM

WELCOME

OCTOBER!



**COACH CHAD GRIER -
DOING FOOTBALL RIGHT**

**HOUSE OF BREWS -- BEER
FROM HERE AND THERE**

**A CUP OF JOE ON
A CRISP FALL DAY**

Boone Hall PUMPKIN PATCH



A Lowcountry Fall Family Tradition



What started out as a three acre pumpkin patch almost twenty-one years ago has now grown into one of the largest fall festivals in the state of South Carolina. The Boone Hall Pumpkin Patch draws visitors of all ages from all over the state with a variety of fall attractions, events, activities, and of course, pumpkin patch fun.

But while this event continues to get bigger and bigger each year, this event still maintains the values that were present from the beginning and that's families being able to enjoy time together having fun on a farm. The event continues to stay true to those roots and that's why this event is still a Lowcountry fall family tradition for many.

DAYS AND HOURS OF OPERATION - ADMISSION

The Boone Hall Pumpkin Patch will be open every day September 30 - October 31. Hours of operation will be Monday-Saturday 9 a.m.-6 p.m. and Sunday 11 a.m.-6 p.m. Admission to the Boone Hall Pumpkin Patch is \$10 each for ages three and up. Children two and under are admitted free with a paid accompanying adult.

LOCATION

Entrance to the Boone Hall Pumpkin Patch is located 1/2 mile north of Long Point Rd. on Hwy. 17 in Mt. Pleasant, S.C. Please do not go to the main gate at Boone Hall Plantation on Long Point Rd. You cannot get into the area where this event is staged from there. For more event details, please visit www.boonehallpumpkinpatch.com.



Corn Maze

BOONE HALL FARMS



Coca-Cola Bottling Co. Consolidated has always embraced supporting the communities they serve.

The Boone Hall Pumpkin Patch has grown into one of the largest festivals held in South Carolina every year and is a family tradition for many in the Lowcountry.

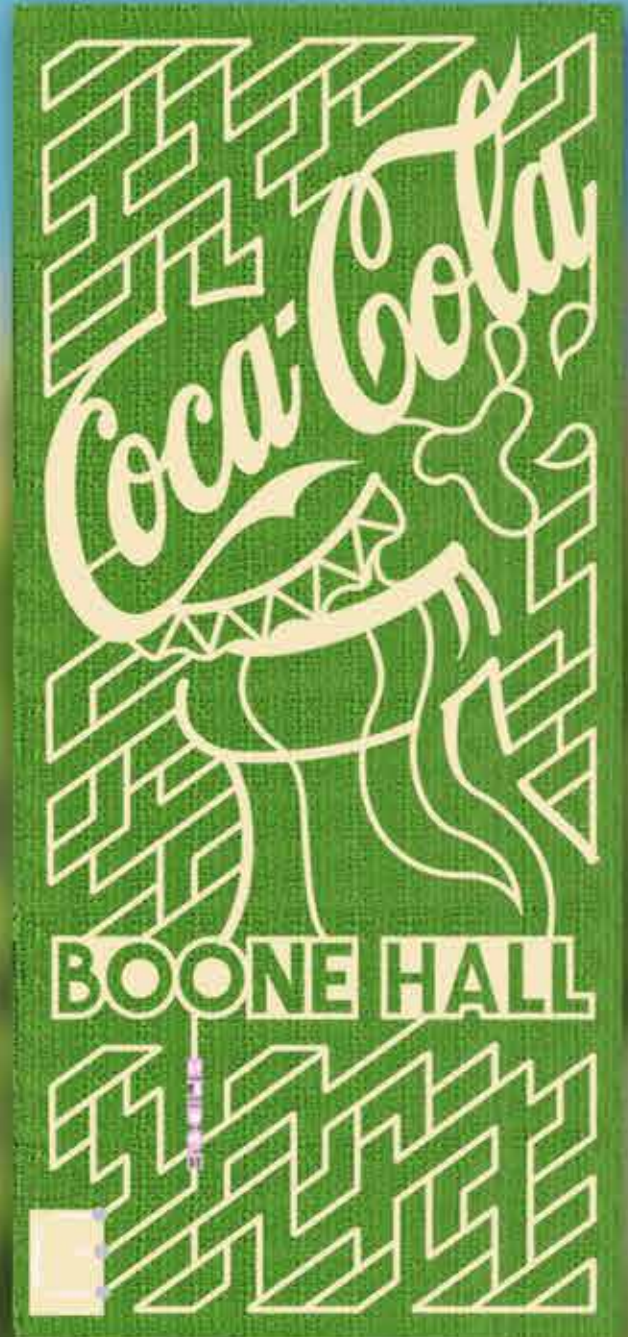
So it should come as no surprise that the soft drink leader decided to sponsor the giant 8-acre corn maze that is the centerpiece of this fall favorite event.

"The Boone Hall Pumpkin Patch is a great family-friendly community event," said Rory Martin, Area Sales Representative for Coca-Cola Consolidated. "We are delighted to be this year's presenting sponsor and to see the Coca-Cola Corn Maze come to life as part of the fun."

Boone Hall owner Willie McRae adds, "We are grateful and honored that Coca-Cola is going to be featured on this year's maze. We want to invite everybody to please come and check out one of the most entertaining corn maze experiences we have ever presented."

The layout will be divided into two mazes. There will be a shorter maze designed for those who just want to have a brief corn maze experience that does not require as much walking. The larger maze covers the majority of the corn field and is one of complicated twists and turns that will present quite a challenge for even the most experienced explorers.

The Coca-Cola Corn Maze will also feature a unique old-fashioned "soda shop" entrance as well as interactive fun facts that will be scattered throughout the maze. The opportunity to experience the Coca-Cola Corn Maze is included with admission to the Boone Hall Pumpkin Patch.



Boone Hall Pumpkin Patch - Sept. 30 - Oct. 31

See Details At BooneHallPumpkinPatch.com

Located 1/2 Mile North Of Long Point Road On Hwy. 17 - Mt. Pleasant, S.C.



Open-Hearted October

I love the month of October.

Fall is my favorite season and October is when I feel the first fresh bite of it. In the Lowcountry, fall is slow in coming, but October feels like an open-hearted friend to me, welcome and expansive in its colors, smells and snaps of cool air, free from any weighty humidity. We unpack our sweaters and contemplate whether we can really wear socks with boots instead of flip flops or sandals. My coats (brought from another state where I once lived that had cold weather) hang in waiting. Most of the time, the heavier ones remain there all year.

I become more active in October. I walk or hike outdoors and October welcomes me to do that. Turn off devices, turn away from the computer and follow it outside to listen to and marvel at the wonder that is nature. It is a time when we begin to gear down for the darker months ahead. We button ourselves up, light the home fires, so to speak. Settle in.

October inspires us to shrug off the old and embrace what's ahead; the hue and feel of it is kind of magical—nostalgic and new at the same time.

This issue is about exploring the rituals and customs that October brings. Football and sports watching--the camaraderie of cheering for your favorite team. Meeting friends for a beer. Coming in from a chilly day to sip a deliciously concocted coffee drink or a pot of tea. It's about gathering together with family and friends and the beautiful human experience of making new memories to cherish as we head toward the end of another year and anticipate the new one ahead.

You'll read about a coach, new to our community who has started out his season on a winning streak. If you've ever wanted to learn how to make your own brew, you'll want to read our article about where to find everything you need to do just that. We've found three different places that serve a cup of joe (and then some) in their own unique way. And, if you're looking for an everybody-knows-your-name kind of place, you'll want to check out our article about a "house" that has that kind of ambiance and stocks brews from literally everywhere.

We are so fortunate to live in Mount Pleasant. It is a community of open-hearted people and if you try, you can find something new to do, a new friend to meet and a new place to feel at home, every single day.

Welcome October!

Brigitte Surette

Brigitte Surette, Editor
Brigitte.Surette@LifestylePubs.com

"Autumn, the year's last, loveliest smile."

-- William Cullent Bryant



Ideas? Suggestions? Comments? Email the editor at brigitte.surette@lifestylepubs.com.

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Mt. Pleasant

L I F E S T Y L E ™

OCTOBER 2017

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Proverbs 3:5-6

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October Days

With October upon us, you definitely know summer is over. The worst of Charleston's summer is like the worst of winter up north - you remain mostly closed up inside venturing out when you must. I will still take a hot Charleston summer over a cold northern winter any day even though our heat and humidity at its worst is stifling.

Now comes the kind of weather for which people wait.

It is college and high school football weather. It is comfortable days and mild nights where you finally throw open a window inviting outside breezes in. It's low humidity and fewer bugs.

The summer tourist hordes are replaced with a more manageable and genteel fall crowd. Our beaches are less crowded yet the water is still swimmable. Getting reservations for downtown restaurants at something beside a 5pm or 10pm seating is actually possible without knowing someone who knows someone. The rhythm of school is regenerated after its perennial summer hiatus. Yet our traffic is still with us unfortunately seemingly immune from relief.

Here in Mt Pleasant there is Boone Hall's Fright Night and Pumpkin Patch drawing in tens of thousands of local families. There is Friday night with Wando and Oceanside Collegiate Academy football. Golf and tennis can be played without falling prey to summer excessive heat.

Most of all, there is a sense of pause, a sense of relief and a sense of calming that comes with our mild change of season. With tourism thinned out, Mt Pleasant and Charleston feel more local and more like the way it was before we became the world's Go To vacation destination.

Up north spring is my favorite season with its magical sense of regeneration after the long doldrums of a grey and gloomy winter. In the Lowcountry, fall reigns supreme. Yes, winter is coming but it hardly means anything here. Fall though is the magical time of year when the weather is picture perfect and our town feels more like our town.

It is a glorious time of year. So savor each October day.

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Mt. Pleasant

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The leaves are falling and coffee is calling!

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A Mobile Coffee Shop Finds a Permanent Home in Mount Pleasant



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Pitt Street Pharmacy Celebrates 80 Years

Thousands of people converged on Old Village to celebrate Pitt Street Pharmacy's 80th Birthday. Pitt Street was open only for pedestrian traffic while the street was filled with families, rides, face painting artists and food vendors. Congressman Mark Sanford was present greeting constituents.



Congressman Mark Sanford





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HOUSE OF BREWS

YOUR LOCAL NEIGHBORHOOD PUB & SHOP
SERVING UP BEER, COFFEE AND TEA

ARTICLE SYDNEY HERWIG | PHOTOGRAPHY WILLIAM QUARLES

Sitting back off Ben Sawyer Boulevard, between nearby Old Village and the Sullivan’s Island Bridge, is an unassuming building. The sign in front of it reads “House of Brews.”

Inside lies a beer lover’s paradise. There’s beer from all over the world—to enjoy in the courtyard or as you shop—and to take home in growlers.

Although beer is the main draw with over 700 labels featured, House of Brews focuses on all things brewed, including loose leaf and prepackaged teas and coffees.

Owner Rob Davis and his wife, Brie Worden, wanted to own and run a House of Brews for several years before actually doing so. Before living in the Lowcountry, the couple lived in D.C. and the business wasn’t viable or affordable there.

In 2009, Worden’s company transferred them to Charleston.

“It was during my wife’s lunch break when she was browsing Craigslist that she saw the building pop up. We set up a meeting the next day and began negotiations,” Davis says.



Shortly afterwards, House of Brews officially opened on June 24, 2011.

Davis managed a bar through college, so he knew the ins and outs of that side of the business. While in D.C., he got to know the distribution side of selling beer and wine. He credits both with helping him in the retail side of things.

“The goal was to create a laid-back atmosphere for people to drink good beer, hang out with friends and shop for unique beers,” Davis says.

He explains that before, there were pockets of people into craft beer, but now the whole market has really taken ahold of the movement.

“It’s crazy how much craft beer has exploded. Initially when we opened there were four breweries and now it’s up to 26,” Davis says.

To keep up with everything Davis does extensive research, reading up on new releases, finding exciting new flavors, trends and different seasonal variations.

“If we can get people to try something they’ve never had before and they like it, then that’s a win for everybody,” he says.

Community and giving back is important to Davis, as he feels fortunate to have House of Brews open and take off in Mount Pleasant.

They host a pig pickin’s (barbeque, fixings and beer selections) during the year and proceeds are donated to a local veteran’s network, Tri-County Veterans Support Network. Near Christmas, they host a Toys for Tots drive—drop off a toy, get a free draft.

When asked about the future of House of Brews, Davis laughs and says this is something he thinks about every day.

“Since we’ve opened, I’ve had two young children. I think the idea was to do multiple locations, but with them that’s trickier. The sky’s the limit, but for now we want to make sure we have this store on lock down,” he says.

Davis credits the clientele with the success of House of Brews.

“The locals kept us here. There’s no way we can express our appreciation for how good Mount Pleasant has been to us both as a business and as a family. This is where I plan to stay, raise my children and grow old,” Davis says.

House of Brews

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BEER FROM HERE



Editor's Pick

BEER NAME: Gullah Cream Ale

BREWERY: Revelry Brewing, Charleston, SC

PRICE TAG: About \$4 a can

STYLE: Cream Ale

ABV: 5.5%

AROMA:

Roasted corn, bread and biscuit with hints of citrus.

Light-bodied and pleasant.

WOULD TASTE BEST WITH:

Lighter fare such as salads and fish. Monterey jack cheese

or a light, nutty cheese. Lemon custard tart.

OVERALL:

Fans praise its drinkability. Perfect libation for a late

afternoon in October. Taste is light, fresh and crisp with a

smooth mouthfeel.

APPEARANCE:

LIGHT

DARK



HOP RATING:



FINAL COMMENTS:

A nice cream ale at House of Brews to end a perfect fall day.

Stop in on your way back from Sullivan's Island or after a walk

or run in nearby Pitt Street Park.

BRIGITTE SURETTE | PHOTO WILLIAM QUARLES

BEER FAR FROM HERE



SAMPLED BY: Rob Davis and William Quarles

BEER NAME: Leffe Blond

BREWERY: Maison Leffe, Belgium

PRICE TAG: About \$10 for a six-pack

STYLE: Blond Abbey Beer

ABV: 6.6%

AROMA:

Hints of vanilla and clove.

WOULD TASTE BEST WITH:

Hamburgers. Steak. Sweet & sour dishes. Camembert or Brie cheese.

OVERALL:

Creamy and light. Fans recognize bubble-gum, banana, caramel and honey tastes with a semi-thick mouthfeel and hints of bitterness on the finish.

APPEARANCE:

LIGHT

DARK



HOP RATING:



FINAL COMMENTS:

Golden-hued blond Belgian that beer connoisseurs will want to add to their list to try. Known as a premium European beer, its history involves an abbey, a priest and a master brewer who allegedly revived it in the 1950s.

BRIGITTE SURETTE | PHOTO WILLIAM QUARLES



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Not So Strange Brew

ARTICLE SYDNEY HERWIG | PHOTOGRAPHY WILLIAM QUARLES

YEAST-EVERYTHING HOMEBREW—EVERYTHING FOR HOME BREWERS

**"I'm so lucky to have my shop in Mount Pleasant,
where the craft beer scene is just fantastic. . . We
really are a craft beer community."**

It's no secret that the craft beer craze has exploded in recent years and with it has come an influx of breweries to the area. Many are now taking the concept of craft beer to their homes as they explore home brewing.

For Peter Kinslow, home brewing started out as a hobby. But, after being laid off from his 27-year career in IT in 2013, he decided it was time to do something different and began brainstorming business ideas.

Kinslow, having moved from Colorado in 2003, asked himself, what did Denver have that Mount Pleasant didn't? He immediately thought of home brewing.

"It was low cost, so less risk. I just needed a few kits, equipment and a space to get started," he says.

Yeast-Everything Homebrew officially opened February 1, 2014, a year after Kinslow came up with the idea.

Those who come to his shop can find a complete line of beer and wine making supplies—from kits to ingredients and flavorings.

Because so many people who come to the shop are new to home brewing, Kinslow decided to offer a class the third Thursday of every month to "take the mystery out of it."

CONTINUED >

“I have people ask me how many tries it will take them to make good beer and I tell them they should be able to have something good the first time if they do it correctly,” he says.

Many start with the kits and then move onto creating and cloning different recipes.

To get started with making wine or beer you can expect to spend about \$110 after paying for the supplies and kits. The investment can produce craft beer for under \$1 a bottle. Or, six gallons of wine—30 bottles!

“Craft brewers make home brewers. People want to understand flavors and then it ends up being a hobby and can be a way to save, too,” Kinslow says.

Once people try the kits a few times they typically move into all grain brewing. The shop offers a variety of specialty grains, which allows the home brewer to produce any beer flavor—from pumpkin to blueberry—and much more.

“I’m so lucky to have my shop in Mount Pleasant, where the craft beer scene is just fantastic. People are happy to be here and I’m able to learn from customers and pass it on to others. We really are a craft beer community,” Kinslow says



Beer Making Timetable:

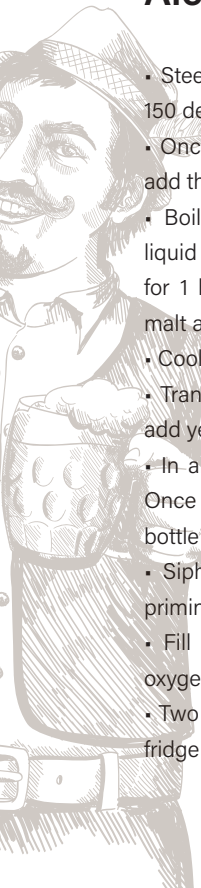


- Two hours in the kitchen making the beer
- Beer spends two weeks in fermenter
- Two weeks in bottle to carbonate
- In a Month: Drink your beer



How-to Make Your Own Ale with a 5-gallon kit:

- Steep your fresh grains for 30 minutes at 150 degrees.
- Once steeped, bring the pot to a boil and add the malt extract.
- Boil the wort (sweet, malty beer-starter liquid) to get bitterness out of hops into beer for 1 hour. This balances the sweetness of malt and adds flavor and aroma.
- Cool to room temperature.
- Transfer to fermenter with an air lock and add yeast.
- In about 12-24 hours, it begins to bubble. Once it's a clear, consistent color it's ready to bottle (about 2 weeks later).
- Siphon it off to bottling bucket and add priming sugar.
- Fill bottles from bottom to top, avoiding oxygen and cap them.
- Two weeks later, it's carbonated. Put in the fridge and enjoy.



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Coach Chad Grier and wife Nila



ARTICLE MARIE MARTIN | PHOTOGRAPHY WILLIAM QUARLES

CHAD

COACH

DOING GRIER FOOTBALL RIGHT



Chad Grier didn't become a football coach just because he loved the game.

He became a football coach because of his passion for working with young people and being able to make a difference in their lives. The fact that he happened to be good at football and enjoyed playing was icing on the cake.

As the head football coach at the new Oceanside Collegiate Academy in north Mount Pleasant, Grier couldn't be more excited about the opportunity to create a great football program at a new school and to be given the chance to impact so many young people.

"I'll have 64 kids to coach," he says. "There are some great athletes in the Lowcountry and some great programs that we will have to compete with. I look forward to making Oceanside a part of that conversation. We're going to be doing football right."

Grier played football in college at East Carolina University and coached a local recreation league in the Charlotte area, his hometown, after he graduated. The job required frequent travel and he wasn't happy doing that.

"I remember thinking that I wanted to find a job that I was passionate about," he says.

Grier's father coached high school football briefly and was always a youth league coach.

"I loved my father and I actually wanted to be just like him," he says. "He passed away at the young age of 57 and I can remember the line of people wrapped around the funeral home – most of them young people that he had impacted by coaching football. He made such a difference in their lives and it showed how much they all cared about him. I decided then that I wanted to do that too."

He is inspired everyday by his three sons – each one successful in their own way. His oldest son, Will, was named the *Parade Magazine* 2012 high school player of the year. He attended Davidson Day High School in Davidson, just outside of Charlotte. Will, 22, now plays for West Virginia University as quarterback. Will Grier and wife Jeanne had their first child, Eloise in 2016.

"I call her Ellie and she is literally the love of my life," Grier says of his granddaughter.

Grier's middle son, Nash, became an internet sensation at 15 with his videos on the six-second app, Vine. The twenty-year-old lives in Los Angeles, enjoying his social media stardom and pursuing an acting career. He has appeared on *Good Morning America* and *The View*.

Following in his brother's footsteps, the youngest Grier, Hayes, was also famous on Vine and at 15, was the

CONTINUED >



youngest celebrity contestant ever on the 21st season of “Dancing With The Stars.” Now 17, he stars on the Hulu TV show, “Freakish.”

“I am so lucky to have such successful children,” Grier says.

Grier and his wife, Nila are excited about living in Mount Pleasant. Grier, familiar with the area from traveling here frequently for vacation and football games when his children were young, is thrilled to be a part of the community and Oceanside Collegiate Academy.

“It is beautiful here,” he says. “There is such a great sense of community.”

Coming from the private school of Davidson Day in North Carolina is a change, but one that Grier certainly welcomes.

“Trust me,” he says. “Not just anywhere could have taken me away from my hometown. I couldn’t be happier to be here and I couldn’t be more excited for what is to come.”



Landsharks vs Panthers

GRIER’S PICKS, PREDICTIONS & FAVORITES

- Favorite College Football Team: West Virginia University
- 2018 Prediction for NCAA Win: West Virginia University
- Favorite NFL team: Carolina Panthers
- Favorite NFL player(s): Quarterbacks Drew Brees, Aaron Rodgers, and Tom Brady
- 2018 Superbowl Prediction: Panthers vs the Patriots

GRIER FAST FACTS

- Grier’s 5-year career record is 64-9 with 4 State Championships
- Grier was named 2016 Head Coach for FBU Freshman All American Bowl in San Antonio, TX
- 2015 WR Coach for US Army All-American Bowl
- Grier played quarterback at the University of Richmond and East Carolina University

Source for Grier Fast Facts: oceansidecollegiateacademy.org/meet-the-athletic-staff

“THERE ARE SOME GREAT ATHLETES IN THE LOWCOUNTRY. . . I COULDN’T BE HAPPIER TO BE HERE AND I COULDN’T BE MORE EXCITED FOR WHAT IS TO COME.”

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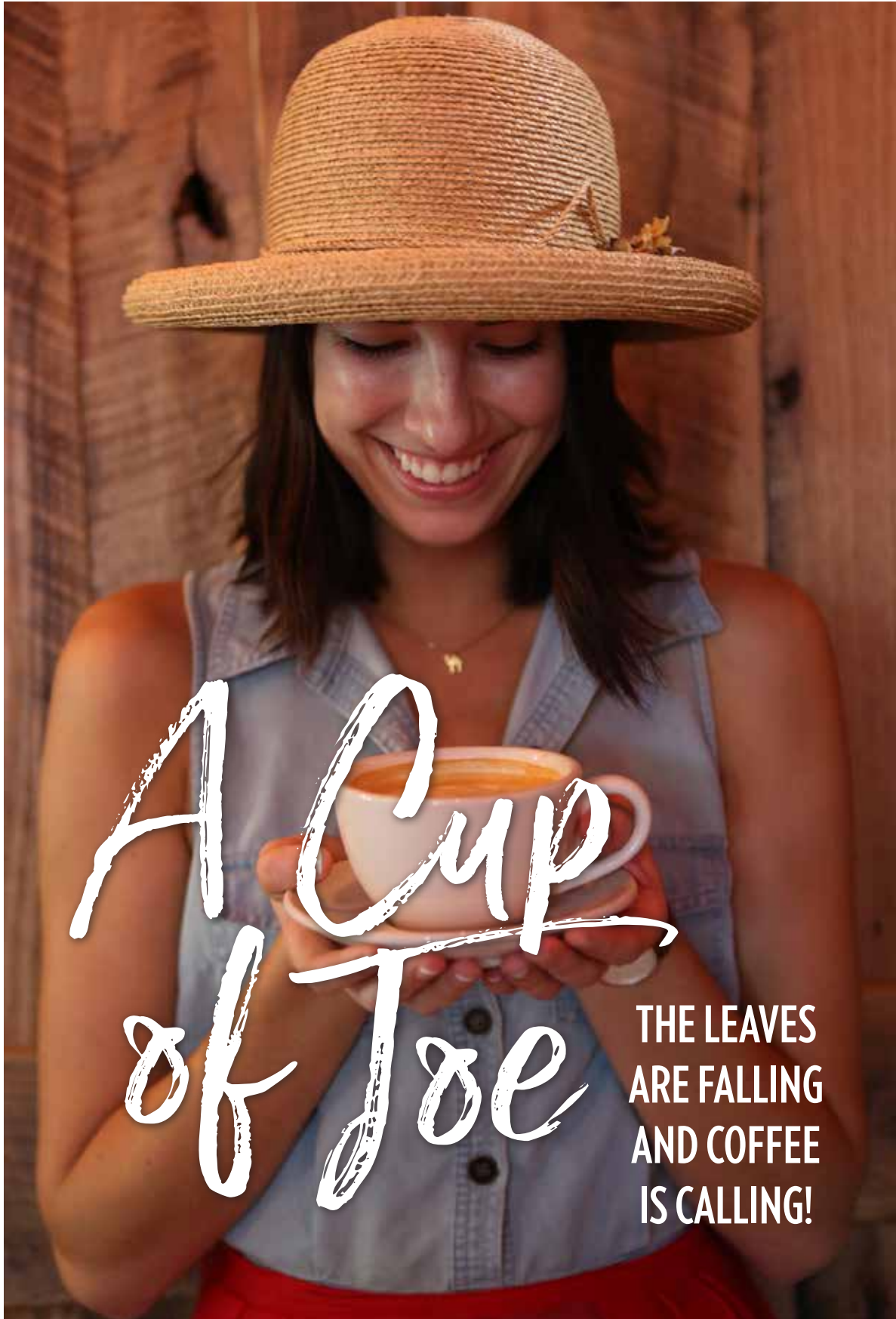
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For OCA’s Landshark’s Varsity Football Schedule visit
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Coach Chad Grier and wife Nila







Brian Piesner, Owner of Vintage Coffee & Cafe, Photo provided by Vintage



Erin Fornadel, Vintage's Events & Mkt. Coordinator

Oh, fall! We've missed you a-latte! Chilly mornings, mild afternoons and cozy evenings. October is coffee season and we've found two local cafes to help make it even better.

Enjoy a hot espresso after sunrise yoga, as an afternoon pick-me-up, or opt for a hot craft tea to help wind down the evening. In a crunch for breakfast or lunch? *Vintage Coffee Cafe* and *Tidal Grounds* both offer healthy and kid friendly menu options that will make you feel good about supporting your local cafe.



VINTAGE COFFEE & CAFÉ

Vintage Coffee & Cafe is a charming little spot located in the heart of Mount Pleasant

near the Old Village. In 2015, owner Brian Piesner converted this quaint house into a charming cafe, and for the past two years, Vintage Coffee & Cafe has served as a staple in the community. It's an ideal gathering spot for friends and families.

Inside you'll find a bright, picturesque dining area. Their menu offers breakfast, lunch, delicious coffee drinks, beer, wine, and craft teas. The inside space comfortably seats eighteen. Outside is a roomy backyard space with plenty of outdoor seating. It's the perfect place for kids to play, families to gather and singles to mingle, especially during October.

As a husband and father of three, Piesner opened Vintage with the vision

CONTINUED >

of creating a family-oriented, family-friendly atmosphere.

“For as many places as there are in the Charleston area, there aren’t too many places that we can bring our kids and hang out and stay for a while,” Piesner says. “It’s been fun to see moms and families come in and have a good time, get some good food, and good coffee.”

Espresso drinks are Vintage’s most popular beverages, but there’s something for non-coffee drinkers as well—warm cocoa, craft teas and freshly-squeezed lemonade. Be sure to try Vintage’s seasonal special Caramel Pecan Latte.

Popular breakfast items include waffles, acai bowls, and what many patrons claim are Mount Pleasant’s best breakfast sandwiches. As for a personal breakfast recommendation?

“We have been doing really well with the acai bowls. They are quick, easy and healthy,” Piesner reveals. “Except the chocolate and peanut butter acai bowl, which is my favorite. Add some coconut, and it’s game over.”

Grab a lunch such as a grown up grilled cheese and fresh soup or salad. There’s also plenty of vegetarian friendly menu options available.

“Coffee, wine and pizza have always been a passion,” Piesner says.

Pizza passion led to Piesner opening Coastal Crust, a pizzeria located just behind Vintage Coffee & Café.

North Mount Pleasant residents can visit Vintage Coffee & Café’s newest location inside Seacoast Church on Long Point Road. Vintage Coffee & Café brings great coffee to all sides of Mount Pleasant.

TIDAL GROUNDS



Coffee and shopping? Yes, please! Conveniently located just four miles north of the Belle Hall Shopping Center on Highway 41, is Tidal Grounds, one of Mount Pleasant’s newest additions to the local café scene.

In July 2016, manager Janelle Starrett combined her love of art and coffee and turned it into a vibrant business.

Tidal Grounds has a lively and energetic environment; perfect for work from home professionals or those looking to expand their creative outlets. With handcrafted decorum and fresh cut flowers on each table, Tidal Grounds feels like a home away from home.

“We try to make it very intimate,” Starrett says. “Much of the art that you see inside, my mom and I either made or decorated. My dad crafted the tables. Where ever there is art here, it was made by us and other artistic souls.”

Starrett’s appreciation for the arts shows itself in the Tidal Grounds menu as well. Espresso art is a specialty here,

CONTINUED >



Noah Taylor



L-R, Olivia Owens, Mackenzie Weeden, & Erin Formadel



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*Manager/barista Janelle Starrett
& Barista Elliot Ethlen*



and while the menu does include some original favorites (such as espresso, hot cocoa, fresh squeezed lemonade and signature teas), the creativity in their hand-crafted beverages sets them apart.

“My personal favorite creation is our honey lavender latte,” Starrett admits.

Tidal Grounds’ honey lavender latte is made with their own organic lavender syrup. Other popular and unique favorites include flash-chilled iced coffee, raspberry mocha (think chocolate covered raspberries!) and caramel brown sugar latte.

Being one of the few cafés in Mount Pleasant open past 6:00 pm, Tidal Grounds is ideal for late night studies or date night

with coffee and dessert. Food menu items include tasty pastries and desserts from local bakeries such as Bakies, Brown's Court Bakery & Wildflower Pastry. Seasonal quiches are also available.

“We want to be a place where people can come and expand their creative outlet,” Starrett states. “We have a lot of artists and authors come in who draw and finish books. We enjoy being involved in that part of Mount Pleasant.”

With accommodating hours and excellent, free Wi-Fi, Starrett and her team encourage all to take their time and make themselves at home at Tidal Grounds Café.



A MOBILE COFFEE SHOP FINDS A PERMANENT HOME
IN MOUNT PLEASANT

BROWN FOX COFFEE



“GOOD THINGS HAPPEN OVER GOOD COFFEE”

ARTICLE MARIE MARTIN
PHOTOGRAPHY LINDSAY FAIR

Brown Fox Coffee sits at the corner of Rose Lane and Simmons Street in the heart of Mount Pleasant.

Thoughts that come to mind as you approach are “quaint and cool.” It was once a mobile coffee shop and one that was in the perfect spot—right across from Moultrie Middle School and, when in season, the Mount Pleasant Farmers Market.

Elizabeth “Biz” Foxworth wanted to open a coffee shop and wanted to make sure she went about it the right way. The initial idea began in early 2014 when she was in Edisto with her mother. They saw the need for a coffee shop there, but realized it would have to be seasonal.

“I just blurted out, ‘it would need to be a mobile,’” Foxworth remembers. “And my mom said, ‘that’s it!’”

She decided mobile was the way to go and started the business in Mount Pleasant out of a 16-foot enclosed trailer in early 2015. With the help of her husband, Shawn Foxworth and some other family and friends, the trailer was outfitted with everything needed to perk up some great coffee and transformed into Brown Fox Coffee.

Just after Labor Day, Foxworth opened her business in the small brick and mortar building where she has parked her mobile coffee shop for over two years. Other than attending events, the mobile Brown Fox Coffee had a home there at that same busy corner. Now, it’s just a bit more permanent.

“I grew up in the Old Village,” Foxworth says. “And because of my location here, I have built a following. I wanted to keep this location and when the opportunity came up to move into this building I was so excited.”

Foxworth loved the idea of lower overhead costs and less maintenance with her mobile coffee truck. She’s decided to remain a walk-up only coffee shop at her new, more permanent digs.

CONTINUED >





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LIC 110

Local Limelight (CONTINUED)



Brown Fox Baristas from L-R: Biz Foxworth (owner), Neelie Carroll & Brittney Roberts

“There are tables outside, but I wanted a smaller concept so that I can focus on the quality of the coffee,” she says.

Foxworth wants to reassure patrons of the mobile Brown Fox she didn't get rid of her trailer. She plans on using it for more events in the area and currently sets it up every year at the Volvo Car Open on Daniel Island, Southeastern Wildlife Exposition in downtown Charleston, the Pit Street Stroll and many area farmers markets.

Another important aspect of Foxworth's business is giving back.

“I am a follower of Christ and I wanted my business to be for good, not just for money making,” she says.

She has helped Be the Match, a national bone marrow organization, a friend and volunteer nurse in Tanzania and other personal, charitable opportunities close to her heart, one being giving to a couple who adopted a child.

“I really just help where ever my heart feels called. And my husband and I are actively pursuing adoption for ourselves,” she says with excitement.

Foxworth grew up in Mount Pleasant and is thrilled that Brown Fox Coffee has a permanent place in the community.

“It was my love of coffee and my love for serving people that brought me to where I am today. I just feel so blessed.”

BROWN FOX COFFEE

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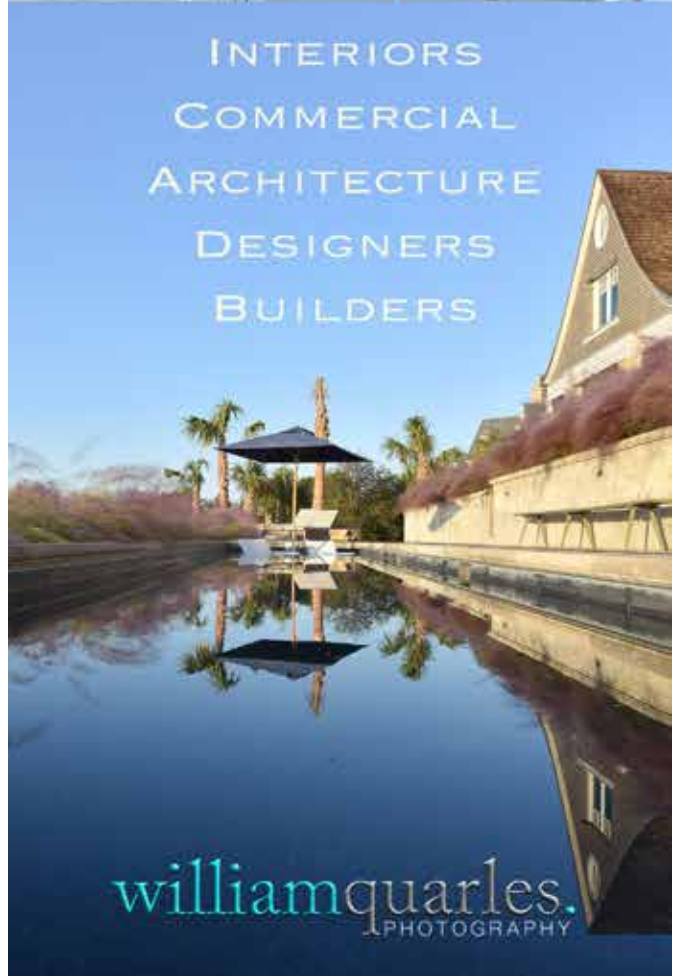
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October

VARIOUS DATES AND TIMES THROUGHOUT THE MONTH OF OCTOBER

BOONE HALL FRIGHT NIGHTS

BOONE HALL OFF HIGHWAY 17

Scary things to do and see! Cemetery of Lost Souls, Wicked Woods, The Crypt and the Gateway. Visit boonehallfrightnights.com for ticket prices and more information.

OCTOBER 2

MARGARITA MONDAY CHARLESTON HARBOR SAIL

SHEM CREEK/CHARLESTON HARBOR

5:30 - 7:30 PM

Set sail with Palmetto Breeze for a 2-hour Charleston Harbor Sail. Ladies get \$10 off admission on Margarita Mondays. Board from Red Ice's House! \$35/\$25 per person. For more info visit aqua-safaris.com/discover/charleston/palmetto-breeze/margarita-monday-charleston-harbor-sail/

OCTOBER 4

DIGITAL DROP-IN

MT. PLEASANT REGIONAL LIBRARY

Wednesday, October 4, 1:30-3:30 p.m.

Stop by and play with our "tech toy box" of popular devices, or see a CCPL Tech Team member for assistance with your own device. Try out the South Carolina Talking Book technology that features text-to-speech devices, magnifiers and computer software for the blind and visually impaired. 843.849.6161

OCTOBER 7

JAVIER COLON W/ CHARLESTON SYMPHONY ORCHESTRA

VOLVO CAR STADIUM, DANIEL ISLAND

8:00 pm - 11:00 pm

Javier Colon, Season 1 winner of NBC's *The Voice*, sings your favorite Broadway songs accompanied by The Charleston Symphony Orchestra as part of a "Broadway Under the Stars" concert at the Volvo Car Stadium on Saturday, October 7. All net proceeds benefit the Charleston Symphony Orchestra. Visit volvocarstadiumconcerts.com for more info.

OCTOBER 8

HALOS OYSTER ROAST

HARBORSIDE EAST, MOUNT PLEASANT

The 6th annual HALOS Oyster Roast is Sunday, October 8, 2017 from 4 - 7 PM at Harborside East in Mount Pleasant. Don't miss out on this fun and exciting annual event! Tickets, \$35 advance; \$45 at the door.

EACH FRIDAY, OCTOBER 13, 20, & 27 FROM 2 - 4:30

FOLKTOBER

MT. PLEASANT REGIONAL LIBRARY

For adults: Three days of Folktobler at the library during October! Celebrate the folk era of the 60s with screenings of *The Kingston Trio Story: Wherever We May Go*, *50 Years with Peter, Paul and Mary* and *The Yellow Bittern: The Life and Times of Liam Clancy*. Call 843.849.6161 for more info.

OCTOBER 21

THIRD EYE BLIND CONCERT

VOLVO CAR STADIUM, DANIEL ISLAND

6-11 PM

Part of the Fall of the Summer Gods Tour. \$2 of every ticket sale goes to the Komen Lowcountry Race for the Cure. Visit volvocarstadiumconcerts.com for more info.

OCTOBER 21

EAST COOPER SPEAKEASY - PROHIBITION FOR A CAUSE

SWEETGRASS EVENT CENTER

East Cooper Speakeasy hosted by EC Breakfast Rotary Club will be held from 7-11 p.m. at the Sweetgrass Event Center. Proceeds benefit ECCO, My Sister's House, and Rotary Charities. An evening of 1920's Prohibition-era fun including hors d'oeuvres, open bar, dancing, jazz and swing music, games, a grand prize raffle, and a silent auction with themed packages. EastCooperSpeakeasy.com

OCTOBER 28

3RD ANNUAL BATTLE ON THE DECK 3X3 BASKETBALL

TOURNAMENT

USS YORKTOWN MOUNT PLEASANT

9:00 AM - 4:00 PM

A fun, competitive, and family friendly 3-on-3 basketball tournament for ALL ages and fans on the USS Yorktown! Be a part of a unique experience. Basketball hoops line the deck of the USS Yorktown, surrounded by a festival of vendors. Get your teams ready!

Play & Sign Up at ballersworld.com/tournaments

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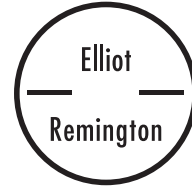
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FIZZY MEMORIES OF BEER & FOOTBALL IN THE LOWCOUNTRY

ARTICLE MAYOR LINDA PAGE

It's that time of year....we're several weeks into college football season and the tailgates are full on.

I was raised in a beer drinker's household. Dad loved a cold PBR and Mom liked Milwaukee's Best. When I was old enough to drink (18 then not 21 like today), I preferred the Miller Ponies because they stayed cold. My taste did vary a bit through my late teens and early twenties, usually based on what my date was drinking.

The man that would become my husband was a fan of Dos Equis and we had great times drinking that dark brew in joints of the times like Captain Harry's Blue Marlin Bar. If we ventured down the street to Myskyns we would probably switch from beer to rum punch. Rum punch made with equally dark Myer's Rum and a fruit basket full of flavor.

I lost my taste for the beer and unfortunately, my husband several years later.

I wasn't ever big on tailgating but had many friends that planned their fall on the team and the party. It was always the beer of our youth—light beers like Coors, Budweiser and Michelob. The football parties were full of cheese dip, chicken wings and cold American beer. Today, the beer and the tailgates have moved to whole new level. We are seeking a trendy, locally made IPA or the latest beer brewed in old cognac barrels. Even the food has escalated from

queso dip to Big Green Egg smoked beef brisket sliders.

I'm a bit sad to say that I've lost my taste for beer after many years of drinking Coors Light; always looking for bottles that had blue ice cold mountains, I began drinking wine. I'm not sure how it happened but I do remember one afternoon I was talking to my friend, Deanna of my concern about what my neighbors thought about my beer drinking habits as I watered the garden each afternoon. She stated a similar concern and had recently switched to wine due to it's more sophisticated appearance. I followed suit.

I have always been a fan of beverages that had fizz: seltzer water, Champagne, Prosecco. I guess you get the picture. So I gave up beer and started drinking Vinho Verde a particularly young wine that has a bit of fizz. I have since started drinking spiked seltzer, keeping the fizz in my life.

I miss the beer, and now that Mount Pleasant has it's own breweries I think I'd enjoy a hoppy IPA, or a delightful beer based on the fruit of the season. I'm in awe of all these beer possibilities, local artisan beers brewed in rum barrels, beers with hints of vanilla or sage. I look forward to the tailgates of the season and the new tastes we will share. Beer, spiked seltzer, rum punch or iced tea.

Remember it's important not to just live but to create a life.



class is now in session.

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—Sandra and Rick Estee,
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