

2024 MVC SUPER MEET

Cedar Rapids, IA

Seminole Valley Park

Weather: Sunny, WindSSE 5-10mph, 34% Humidity & 79

Host: Cedar Rapids Jefferson

Thursday, October 10, 2024

MEET OFFICIALS**Meet Director:**

Tom Cahalan

Meet Referee:

Chris Deam

Timing:

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

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**Race #3
Varsity Girls 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Dubuque Senior	34	2-5-6-8-13(22)(37)	1:34:17	18:52	0:50.8
2 Iowa City City High	57	3-9-10-14-21(27)(32)	1:35:36	19:08	1:01.4
3 Cedar Falls	95	1-15-25-26-28(29)(31)	1:36:55	19:23	1:49.2
4 Dubuque Hempstead	98	4-18-20-23-33(43)(59)	1:37:32	19:31	1:34.4
5 Linn-Mar Marion	147	7-30-34-35-41(47)(48)	1:40:08	20:02	1:36.7
6 Iowa City Liberty	180	17-24-38-49-52(54)(61)	1:41:42	20:21	1:42.4
7 Prairie Cedar Rapids	200	11-36-40-53-60(65)(71)	1:43:10	20:38	2:30.5
8 Wahlert Dubuque	210	12-42-44-45-67(70)(89)	1:43:35	20:43	2:50.7
9 Iowa City West	255	16-46-51-66-76(80)(87)	1:46:22	21:17	3:36.3
10 Xavier Cedar Rapids	290	19-50-57-81-83(86)(93)	1:48:26	21:42	3:51.2
11 Cedar Rapids Kennedy	318	39-64-69-72-74(91)(94)	1:49:23	21:53	1:53.3
12 Epworth Western Dubuque	319	56-58-62-68-75(82)(84)	1:49:46	21:58	1:23.2
13 Cedar Rapids Washington	371	55-73-77-78-88(92)(98)	1:53:37	22:44	2:32.4
14 Cedar Rapids Jefferson	412	63-79-85-90-95(96)(97)	1:57:36	23:32	3:14.5
DNP Waterloo West					

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. KM
1 GALL, Charlee	FR	Cedar Falls	1	18:07.9	5:49.8	3:37.6
2 OLIVIERRE, Nakia	JR	Waterloo West	-	18:24.4	5:55.1	3:40.9
3 CHESTERMAN, Emma	JR	Dubuque Senior	2	18:25.4	5:55.4	3:41.1
4 BURNS, Abigail	JR	Iowa City City High	3	18:28.8	5:56.5	3:41.8
5 HENNEBERRY, Evie	SR	Dubuque Hempstea	4	18:40.6	6:00.3	3:44.1
6 HOYER, Claire	SR	Dubuque Senior	5	18:44.9	6:01.7	3:45.0
7 GORTON, Emily	SR	Dubuque Senior	6	18:49.3	6:03.1	3:45.9
8 KOZLOSKI, Hailey	SO	Linn-Mar Marion	7	18:58.5	6:06.1	3:47.7
9 KESSLER, Nevaeh	JR	Dubuque Senior	8	19:00.6	6:06.7	3:48.1
10 HAMANN, Grace	SO	Iowa City City High	9	19:09.5	6:09.6	3:49.9
11 DOSTER, Eliza	FR	Iowa City City High	10	19:09.9	6:09.7	3:50.0
12 GROTELUSCHEN, Harper	FR	Prairie Cedar Rapid	11	19:12.5	6:10.6	3:50.5
13 MURPHY, Lucy	JR	Wahlert Dubuque	12	19:13.5	6:10.9	3:50.7
14 BECHEN, Briel	JR	Dubuque Senior	13	19:16.2	6:11.7	3:51.2
15 PETERSON, Nina	SR	Iowa City City High	14	19:16.8	6:11.9	3:51.4
16 SIMONSON, Josee	SR	Cedar Falls	15	19:16.8	6:12.0	3:51.4
17 VAN WANING, Kate	JR	Iowa City West	16	19:21.9	6:13.6	3:52.4
18 VEDEPO, Chelsea	SO	Iowa City Liberty	17	19:24.2	6:14.3	3:52.8
19 HENNEBERRY, Maggie	SO	Dubuque Hempstea	18	19:25.8	6:14.8	3:53.1
20 DEEGAN, Mia	JR	Xavier Cedar Rapid	19	19:27.3	6:15.3	3:53.5
21 LANGE, Mylee	SR	Dubuque Hempstea	20	19:29.1	6:15.9	3:53.8
22 PETERSON, Nicole	SR	Iowa City City High	21	19:30.2	6:16.3	3:54.0
23 HOYER, Lise	SO	Dubuque Senior	(22)	19:34.4	6:17.6	3:54.9
24 PITZ, Paige	SO	Dubuque Hempstea	23	19:41.5	6:19.9	3:56.3
25 MARQUARDT, Mimi	SR	Iowa City Liberty	24	19:42.9	6:20.3	3:56.6

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**Race #3
Varsity Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
26 TOMLYANOVICH, Kate	FR	Cedar Falls	25	19:46.4	6:21.5	3:57.3
27 LEEHEY, Olivia	FR	Cedar Falls	26	19:46.8	6:21.6	3:57.3
28 FRUIN, Calissa	FR	Iowa City City High	(27)	19:51.7	6:23.2	3:58.3
29 MEYER, Emily	SR	Cedar Falls	28	19:57.0	6:24.9	3:59.4
30 FONLEY, Emersyn	SO	Cedar Falls	(29)	20:00.9	6:26.1	4:00.2
31 TEMPLE, Anna	FR	Linn-Mar Marion	30	20:02.3	6:26.6	4:00.4
32 BLOUGH, Katie	SO	Cedar Falls	(31)	20:05.7	6:27.7	4:01.1
33 FISCHER, Madeline	SO	Iowa City City High	(32)	20:07.4	6:28.2	4:01.5
34 LEITZEN, Natalie	SO	Dubuque Hempstea	33	20:15.0	6:30.7	4:03.0
35 MAUREN, Gabby	SR	Linn-Mar Marion	34	20:15.1	6:30.7	4:03.0
36 DOMER, Addie	JR	Linn-Mar Marion	35	20:16.9	6:31.3	4:03.4
37 HUGHES, Hannah	SR	Prairie Cedar Rapid	36	20:25.1	6:33.9	4:05.0
38 WEBER, Stella	JR	Dubuque Senior	(37)	20:26.6	6:34.4	4:05.3
39 WELCH, Clara	SR	Iowa City Liberty	38	20:31.1	6:35.8	4:06.2
40 COGDILL, Lillian	SR	Cedar Rapids Kenn	39	20:33.4	6:36.6	4:06.7
41 WILEY, Reese	SO	Prairie Cedar Rapid	40	20:33.9	6:36.7	4:06.8
42 PAULSON, Leah	JR	Linn-Mar Marion	41	20:35.2	6:37.1	4:07.0
43 BORMANN, Maya	SO	Wahlert Dubuque	42	20:42.1	6:39.4	4:08.4
44 HEIBERGER, Chelsea	FR	Dubuque Hempstea	(43)	20:43.0	6:39.7	4:08.6
45 BERNING, Willa	SO	Wahlert Dubuque	44	20:44.0	6:40.0	4:08.8
46 ROHNER, Ella	SO	Wahlert Dubuque	45	20:50.8	6:42.2	4:10.1
47 TITUS, Kalli	SR	Iowa City West	46	20:53.7	6:43.1	4:10.7
48 GANDER, Brynna	FR	Linn-Mar Marion	(47)	20:55.3	6:43.6	4:11.1
49 TRISTAN, Mackenzie	FR	Linn-Mar Marion	(48)	20:56.1	6:43.9	4:11.2
50 BISGARD, Elsie	FR	Iowa City Liberty	49	20:56.9	6:44.1	4:11.4
51 MUSICK, Sofia	SO	Xavier Cedar Rapid	50	20:57.5	6:44.3	4:11.5
52 SEARFOSS, Ainsley	FR	Cedar Falls	-	21:00.6	6:45.3	4:12.1
53 OLSON, Susanna	SO	Iowa City West	51	21:04.7	6:46.6	4:12.9
54 COLE, Bella	SO	Linn-Mar Marion	-	21:06.1	6:47.1	4:13.2
55 EIDE, Peyton	JR	Iowa City Liberty	52	21:06.6	6:47.2	4:13.3
56 AJRAM, Lamise	SO	Prairie Cedar Rapid	53	21:15.4	6:50.1	4:15.1
57 BERNARDY, Ashley	SR	Cedar Falls	-	21:16.6	6:50.5	4:15.3
58 MAHER, Carleigh	JR	Iowa City Liberty	(54)	21:17.5	6:50.8	4:15.5
59 LEVAKE, Haddie	JR	Cedar Rapids Wash	55	21:21.9	6:52.2	4:16.4
60 MCILRATH, Kasey	SR	Epworth Western D	56	21:24.1	6:52.9	4:16.8
61 O'BRIEN, Cayleigh	SO	Xavier Cedar Rapid	57	21:25.8	6:53.4	4:17.2
62 MCKENNA, Katie	SR	Epworth Western D	58	21:38.4	6:57.5	4:19.7
63 DRISCOLL, Gracie	SO	Dubuque Hempstea	(59)	21:41.0	6:58.3	4:20.2
64 ROE, Anika	SO	Prairie Cedar Rapid	60	21:43.0	6:58.9	4:20.6
65 JOHNSON, Madelyn	SR	Iowa City Liberty	(61)	21:46.9	7:00.2	4:21.4
66 SPRANK, Ella	SO	Epworth Western D	62	21:51.9	7:01.8	4:22.4
67 ESQUEDA, Lizeth	SR	Cedar Rapids Jeffer	63	21:55.3	7:02.9	4:23.0
68 MANTHE, Emma	SO	Cedar Rapids Kenn	64	21:56.3	7:03.2	4:23.2
69 ADAMS, Emerson	JR	Iowa City Liberty	-	21:57.3	7:03.5	4:23.4
70 BROWN, Nora	JR	Iowa City Liberty	-	21:57.8	7:03.7	4:23.5
71 GOUDIE, Lillian	SO	Prairie Cedar Rapid	(65)	21:59.7	7:04.3	4:23.9

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Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
72	AHN, Mia	FR Iowa City West	66	22:03.4	7:05.5	4:24.7
73	DEAN, Emma	SO Wahlerl Dubuque	67	22:04.2	7:05.8	4:24.8
74	HART, Maria	JR Dubuque Hempstea	-	22:04.3	7:05.8	4:24.8
75	MEYERS, Bella	SR Epworth Western D	68	22:04.6	7:05.9	4:24.9
76	ARNOLD, Erin	JR Cedar Rapids Kenn	69	22:11.6	7:08.1	4:26.3
77	GRAHAM, Lilly	SR Wahlerl Dubuque	(70)	22:12.4	7:08.4	4:26.5
78	ROSE, Stella	JR Prairie Cedar Rapid	(71)	22:14.4	7:09.1	4:26.9
79	HALLAM, Olivia	JR Cedar Rapids Kenn	72	22:14.7	7:09.2	4:26.9
80	BUCHHOLZ, Anna	SR Linn-Mar Marion	-	22:15.5	7:09.4	4:27.1
81	BRUBAKER, Ashlyn	SO Iowa City Liberty	-	22:15.7	7:09.5	4:27.1
82	LINDWALL, Maya	SO Cedar Rapids Wash	73	22:22.9	7:11.8	4:28.6
83	GEATER, Ramsay	JR Cedar Rapids Kenn	74	22:26.6	7:13.0	4:29.3
84	VAN VOORST, Addy	SO Prairie Cedar Rapid	-	22:27.7	7:13.3	4:29.5
85	O'BRIEN, Taniya	SO Waterloo West	-	22:45.0	7:18.9	4:33.0
86	DASILVA, Peyton	FR Epworth Western D	75	22:47.2	7:19.6	4:33.4
87	ABBAS, Sadie	SO Iowa City West	76	22:58.1	7:23.1	4:35.6
88	LAHART, Alanna	SO Cedar Rapids Wash	77	22:58.4	7:23.2	4:35.7
89	LAHART, Maya	SO Cedar Rapids Wash	78	22:59.2	7:23.5	4:35.8
90	MORRIS, Emily	FR Cedar Rapids Jeffer	79	23:05.3	7:25.4	4:37.1
91	HUNTER, Stella	SR Iowa City West	(80)	23:07.1	7:26.0	4:37.4
92	SICKELS, Jaelyn	FR Prairie Cedar Rapid	-	23:10.0	7:26.9	4:38.0
93	BRUNS, Grace	SR Xavier Cedar Rapid	81	23:16.4	7:29.0	4:39.3
94	MEIER, Grace	SO Linn-Mar Marion	-	23:17.0	7:29.2	4:39.4
95	DRONE, Alli	SO Epworth Western D	(82)	23:17.0	7:29.2	4:39.4
96	ROZEBOOM, Lulu	JR Xavier Cedar Rapid	83	23:18.4	7:29.6	4:39.7
97	BRUNSMAN, Katy	JR Epworth Western D	(84)	23:24.2	7:31.5	4:40.8
98	PETERSON, Thursday	SR Cedar Rapids Jeffer	85	23:26.2	7:32.2	4:41.2
99	AINSWORTH, Maeve	FR Xavier Cedar Rapid	(86)	23:30.1	7:33.4	4:42.0
100	MATHIAS, Savannah	FR Iowa City West	(87)	23:49.9	7:39.8	4:46.0
101	STILWELL, Sophie	SR Cedar Rapids Wash	88	23:54.2	7:41.2	4:46.8
102	TUTHILL, Lilyan	JR Wahlerl Dubuque	(89)	23:54.5	7:41.2	4:46.9
103	MCNABB, Sophie	JR Prairie Cedar Rapid	-	23:54.7	7:41.3	4:46.9
104	SMITH, Lorilei	SO Epworth Western D	-	23:54.9	7:41.4	4:47.0
105	DALE, Peyton	SO Cedar Rapids Jeffer	90	23:59.3	7:42.8	4:47.8
106	CAMPBELL, Avery	SO Cedar Rapids Kenn	(91)	24:04.4	7:44.4	4:48.9
107	HETRICK, Maddy	JR Cedar Rapids Wash	(92)	24:15.9	7:48.1	4:51.2
108	PFAB, Eleanor	SO Xavier Cedar Rapid	(93)	24:19.2	7:49.2	4:51.8
109	BLOCKER, Emerson	JR Cedar Rapids Kenn	(94)	24:52.0	7:59.7	4:58.4
110	OEHLER, Lucy	SR Xavier Cedar Rapid	-	24:53.5	8:00.2	4:58.7
111	JANDA, Mia	SO Cedar Rapids Jeffer	95	25:09.7	8:05.4	5:01.9
112	KEVITT, Sophia	SR Cedar Rapids Jeffer	(96)	25:14.6	8:07.0	5:02.9
113	HERNANDEZ, Semani	JR Waterloo West	-	25:31.4	8:12.4	5:06.3
114	PRUETT, Audrey	JR Cedar Rapids Kenn	-	25:49.8	8:18.3	5:10.0
115	COLEMAN, Layla	FR Cedar Rapids Jeffer	(97)	26:15.1	8:26.4	5:15.0
116	PIERCE, Ellison	JR Cedar Rapids Kenn	-	26:16.1	8:26.8	5:15.2
117	DWYER, Scarlett	SO Cedar Rapids Wash	(98)	26:57.4	8:40.0	5:23.5

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Varsity Girls 5K

Final Results

INDIVIDUAL RESULTS (cont'd)

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. kM
118 ESCORCIA, Daelyn	SR	Cedar Rapids Jeffer	-	27:10.3	8:44.2	5:26.0
119 COLEMAN, Willa	FR	Cedar Rapids Jeffer	-	27:16.6	8:46.2	5:27.3
120 MERCIL, Kate	FR	Cedar Rapids Jeffer	-	27:53.0	8:57.9	5:34.6