Maranatha Baptist Church

Focus

Matthew 6:16 - 18

I.	The of Fasting ()
	A. The of fasting
	B. The of fasting
	C. The of fasting
II.	The for Fasting (16-17)
	A. Don't be a
	B. Don't be a
III.	The for Fasting (16,17; 6:1,2)
	A have a
	B are given a
What Now?	
1.	Use the to impress is corrupt.
2.	The and frequency of fasting is
3.	Spiritual fasting replaces normal activities with
	and spiritual
	There are
	Fasting is not to
	Fasting is a that God can use to
7.	Fasting is something you should