

INGREDIENT LIST FOR FEBRUARY – 2021 MENUS

FEB. 1 – HAMBURGER: GROUND BEEF

FRIES: POTATOES, VEG OIL

**SCALLOPED POTATOES: POTATOES, ONIONS, MARGARINE, WATER,
SUGAR**

FRUIT MUFFIN: BLUEBERRIES, FLOUR, EGGS, MILK, SUGAR

DINNER ROLL: FLOUR, YEAST, WATER

FEB. 3 – CREAMED SAUSAGE: BULK SAUSAGE (PORK), CREAM BASE

BISCUIT: FLOUR, BUTTERMILK, SUGAR , MILK, CORNSTARCH

POUND CAKE: FLOUR, SUGAR, EGGS, MARG., MILK

**FEB. 4 – CHICKEN LASAGNA: CHICKEN, PASTA, CHEESE, SPAG. SAUCE,
ONIONS**

**COLE SLAW: SHREDDED CABBAGE AND CARROTS, COLE SLAW
DRESSING**

DINNER ROLL: FLOUR, YEAST, WATER

FEB. 8 – ITALIAN SAUSAGE: GRD PORK, SEASONINGS

**AUGRATIN POTATOES: DEHY. POTATOES, ONIONS, SUGAR,
MARGARINE, WATER, CHEESE**

- FEB. 9 – BEEF TIPS W/MUSHROOM GRAVY: BEEF, MUSHROOM, BEEF BASE,
PASTA: EGGS, FLOUR
DINNER ROLL: FLOUR, YEAST, WATER**
- FEB. 10- MEXICAN CHICKEN: CHICKEN, SALSA, MUSHROOMS, ONIONS
SPANISH RICE: RICE, SPANISH SEASONING, RED AND GREEN BELL
PEPPERS, WATER
VANILLA WAFERS: FLOUR, SUGAR, MILK, EGGS, BAKING SODA
DINNER ROLL: FLOUR, YEAST, WATER**
- FEB. 11 – BEEF STEW: BEEF, STEW VEGETABLES, BROTH, FLOUR, ONIONS
DINNER ROLL: FLOUR, YEAST, WATER
ANIMAL CRACKERS: FLOUR, SUGAR, OIL, BAKING SODA**
- FEB. 16 – HOT DOG: BEEF
BAKED BEANS: BEANS, KETCHUP, SF SYRUP, ONIONS
CINNAMON MUFFIN: CINNAMON, FLOUR, EGGS, MILK, SUGAR**
- FEB. 17 – POTATO SOUP: POTATOES, CREAM SOUP, MILK, ONIONS, CHEESE
CHICKEN SALAD: CHICKEN, SALAD DRESSING, EGGS, SWEET RELISH
PUDDING: COCOA, MILK, CORNSTARCH**
- FEB. 18 – MEATLOAF: GROUND BEEF, ONIONS, EGGS, BREADCRUMBS,
KETCHUP**

**SCALLOPED POTATOES: DEHY. POTATOES, ONIONS, MARGARINE,
MILK, SUGAR**

DINNER ROLL: FLOUR, YEAST, WATER

CAKE: FLOUR, SUGAR, EGGS, MILK, MARGARINE

FEB. 22 – CHEESE OMELET: EGGS. CHEESE, MILK

HASH BROWNS: POTATOES, VEG. OIL

BISCUIT:FLOUR, BUTTERMILK, BAKING SODA, MILK

**CINNAMON ROLL: FLOUR, WATER, SUGAR, SOYBEAN OIL,
CINNAMON, BAKING SODA, MILK**

FEB. 23 – SWEET+SOUR CHICKEN: CHICKEN, WATER, OLIVE OIL, MODIFIED

POTATO STARCH, GREEN+RED PEPPERS, PINEAPPLE, SUGAR

**ORIENTAL BLEND VEGS: BROCCOLI, GREEN BEANS, ONIONS,
MUSHROOMS, RED PEPPERS**

DINNER ROLL: FLOUR, YEAST, WATER

FEB. 24 – BAKED STEAK W/MUSHROOMS: BEEF, MUSHROOMS

GARDEN SALAD: LETTUCE, CARROTS, RED CABBAGE

DINNER ROLL: FLOUR, YEAST, WATER

FEB. 25 – CHICKEN DRUMMIES: CHICKEN, BREADING, VEG OIL

MASHED POTATOES: DEHY. POTATOES, MARGARINE, WATER

GRAVY: FLOUR, ONION POWDER, CHICKEN BROTH, WATER

CAKE: FLOUR, SUGAR, EGGS, MARG., MILK

DINNER ROLL: FLOUR, YEAST, WATER