



Tamar's Center List of Needs

1. New underwear and socks (small and average sizes are needed most)
2. Winter clothing such as sweaters, scarves, mittens, gloves, hats, coats, and boots (particularly smaller sizes)
3. Non-perishable and individually packaged snacks.
4. Pop-top canned goods (especially soup)
5. Packages of Ramen Noodles
6. Paper and plastic goods (plates, bowls, silverware, cups)
7. Individually wrapped candy
8. Hairbrushes and combs
9. Small/sample bottles of lotion, shampoo, & conditioner