



MIDTOWN TAEKWONDO

Steven & Tara Miller, Chief Instructors
2463 Poplar Ave.
Memphis, TN 38112
Phone (901) 725-5552



The safety of our students and families is our most important concern. Below are a few guidelines and procedures to make sure that we open in the safest manner possible:

- The school is being sanitized from top to bottom and we have plans in place for additional cleaning on a daily basis that goes above and beyond what we normally do.
- All students (both children and adults) will be required to use hand sanitizer upon entering the school and before entering and exiting the workout area.
- Face masks are recommended for everyone entering the school. We have access to reusable cloth masks if anyone is interested in purchasing one. Our entire staff is required to wear a face mask during classes & camps.
- Our dressing rooms will be closed, so students will be required to arrive at the school in uniform. We are also asking that students limit the use of the restrooms during this time.
- The water fountains will be closed. Students and campers are encouraged to bring a water bottle with them.
- Students and campers will be properly spaced to follow social distancing guidelines and there will be no sparring or using shared equipment for the time being.
- Please leave your sparring gear bag and other equipment at home, you will not need to have it in class.
- We always enjoy visiting with parents, but in order to limit the number of people in the school during this time, we are strongly encouraging parents to drop their children off and pick them up at the front door. Our seating area will be marked with yellow X's that are safely spaced for the parents who feel the need to stay during their children's classes. We ask that parents do not sit in an area that is not marked with a yellow X.
- No one will be allowed in the school that is showing any signs of illness.

Please visit our website www.midtowntaekwondo.com for updated class schedules and class registration links. If you have any additional questions or concerns, please feel free to email us or call us at 901-725-5552.