

2018 Legacy Sabers Volleyball

Bismarck Invite

Aug. 24-25

Bismarck, N.D.

Results

Legacy 2, Fargo Shanley 1
Legacy 3, Devils Lake 0
Legacy 2, WF Sheyenne 1
Legacy 2, Valley City 1
Legacy 3, G.F. Central 0
Legacy 2, West Fargo 1
Fargo Davies 2, Legacy 1

Notes: Legacy won six of seven matches over the two days.

Records: Legacy, 6-1 Overall; 0-0 WDA

Legacy 3, Minot 0

Sept. 11, 7 p.m.

Magic City Campus, Minot, N.D.

	1	2	3	Total
LEG	25	25	25	3
MIN	15	16	17	0

Team stats

Kills: Becca Nitsch, 17; Taryn Allmaras, 10; Eva Abfalder, 7; Kaitlyn Emmil, 6; Emma Fricke, 4; Ashley Hulm, 3

Blocks: Hulm, 3; Emmil, 2.5; Nitsch, 2; Fast, 2; Hulm, 1

Digs: Fast, 11; Fricke, 10; Mac Boone, 5; Allmaras, 5; Eva Abfalder, 4; Hulm, 3; Emmil, 3

Service Aces: Emmil, 3; Fricke, 3; Nitsch, 1; Allmaras, 1

Notes: Legacy is 3-0 on the road in WDA play...Minot has dropped five straight WDA matches.

Records: Legacy, 11-2 Overall; 5-1 WDA; Minot 5-8 Overall; 1-5 WDA

Legacy 3, Mandan 1

Oct. 27, 7 p.m.

Mandan HS Gymnasium, Mandan, N.D.

	1	2	3	4	Total
LEG	25	25	16	25	3
MAN	20	23	25	20	1

Team stats

Kills: Taryn Allmaras, 15; Becca Nitsch, 10; Eva Abfalder, 6; Ashley Hulm, 5; Kaitlyn Emmil, 3; Emma Fricke, 2

Blocks: Hulm, 3; Emmil, 2.5; Abfalder, 1; Allmaras, .5; Nitsch, .5; Fricke, .5

Assists: Fricke, 35; Nitsch, 2; Hulm, 1; Mikayla Fast, 1

Digs: Fast, 20; Nitsch, 17; Emmil, 16; Fricke, 16; Allmaras, 12; Abfalder, 1; Hulm, 1; Macee Van Vleet, 1

Service Aces: Nitsch, 2; Allmaras, 2; Emmil, 1; Hulm, 1; Fricke, 1

Notes: Legacy has won four straight WDA matches.

Records: Legacy, 15-3 Overall; 9-2 WDA
Mandan, 14-3 Overall; 8-2 WDA

Legacy 3, Minot 0

Oct. 16, 7 p.m.

Hausler Gymnasium, Bismarck, N.D.

	1	2	3	Total
MIN	20	10	20	0
LEG	25	25	25	3

Team stats

Kills: Becca Nitsch, 12; Kaitlyn Emmil, 7; Eva Abfalder, 6; Ashley Hulm, 6; Taryn Allmaras, 5; Emma Fricke, 2

Blocks: Nitsch, 1.5; Abfalder, .5; Emmil, .5; Hulm, .5

Assists: Fricke, 31; Abfalder, 1; Emmil, 1; Mikayla Fast, 1; Nitsch, 1

Digs: Fast, 16; Allmaras, 11; Nitsch, 8; Emmil, 7; Fricke, 5

Service Aces: Fast, 3; Emmil, 2; Allmaras, 2; Nitsch, 1; Fricke, 1

Notes: Legacy swept both regular season WDA meetings.

Records: Minot, 10-19 Overall; 5-11 WDA; Legacy, 20-8 Overall; 12-3 WDA

Legacy 3, Jamestown 2

Aug. 28, 7 p.m.

Jerry Meyer Arena, Jamestown, N.D.

	1	2	3	4	5	Total
LEG	25	25	21	24	15	3
JAM	10	20	25	26	9	2

Team stats

Kills: Becca Nitsch, 14; Taryn Allmaras, 13; Kaitlyn Emmil, 12; Ashley Hulm, 7; Camaryn Beasley, 1; Emma Fricke, 1

Blocks: Hulm, 3.5; Eva Abfalder, 3; Emmil, 2; Nitsch, 1; Allmaras, .5

Assists: Fricke, 35; Hulm, 4; Emmil, 2; Beasley, 2; Mikayla Fast, 2; Nitsch, 1

Digs: Fast, 20; Nitsch, 17; Fricke, 14; Allmaras, 13; Hulm, 5; Emmil, 4; Beasley, 3; Mac Boone, 3; Ashton Sagaser, 1

Service Aces: Nitsch, 4; Beaseley, 3; Allmaras, 2; Fricke, 1; Fast, 1

Notes: Legacy won the first two matches before Jamestown rallied to force a fifth set.

Records: Legacy, 7-1 Overall; 1-0 WDA; Jamestown, 1-1 Overall; 1-1 WDA

St. Mary's 3, Legacy 2

Sept. 13, 7 p.m.

St. Mary's Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
LEG	18	25	29	29	11	2
SM	25	19	31	27	15	3

Team stats

Kills: Kaitlyn Emmil, 15; Taryn Allmaras, 11; Eva Abfalder, 8; Becca Nitsch, 7; Emma Fricke, 4; Mikayla Fast, 1

Blocks: Abfalder, 2; Emmil, 2; Ashley Hulm, 1.5; Allmaras, .5; Nitsch, .5; Fricke, .5

Assists: Fricke, 50; Fast, 4; Nitsch, 2; Allmaras, 2; Emmil, 1; Hulm, 1

Digs: Fast, 30; Nitsch, 29; Allmaras, 20; Fricke, 16; Emmil, 9; Hulm, 5; Abfalder, 2; Camaryn Beasley, 1

Service Aces: Emmil, 3; Nitsch, 2; Fricke, 1; Allmaras, 1

Notes: Sets 3 and 4 were decided by two points...SM is 1-1 in five-set matches.

Records: Legacy, 11-3 Overall; 5-2 WDA; St. Mary's, 7-7 Overall; 4-3 WDA

Bismarck High 3, Legacy 2

Oct. 2, 7 p.m.

Hausler Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
BHS	22	25	25	17	15	3
LEG	25	18	21	25	12	2

Team stats

Kills: Becca Nitsch, 13; Taryn Allmaras, 12; Kaitlyn Emmil, 9; Ashley Hulm, 5; Emma Fricke, 3; Eva Abfalder, 3; Mikayla Fast, 1

Blocks: Hulm, 3; Emmil, 2.5; Abfalder, 1; Allmaras, 1; Nitsch, .5

Assists: Fricke, 37; Nitsch, 2; Fast, 2; Emmil, 2; Hulm, 1

Digs: Nitsch, 31; Fast, 28; Allmaras, 20; Emmil, 13; Fricke, 9; Hulm, 8; Abfalder, 2

Service Aces: Nitsch, 2; Fast, 2; Emmil, 1; Fricke, 1; Hulm, 1

Notes: BHS won its fifth straight match...Legacy played its third five-set match (1-2).

Records: Bismarck High, 15-3 Overall; 8-3 WDA; Legacy, 15-4 Overall; 9-3 WDA

Mandan 3, Legacy 2

Oct. 25, 7 p.m.

Hausler Gymnasium, Bismarck, N.D.

	1	2	3	4	5	Total
MAN	25	23	14	25	15	3
LEG	22	25	25	20	8	2

Team stats

Kills: Kaitlyn Emmil, 14; Becca Nitsch, 14; Taryn Allmaras, 13; Ashley Hulm, 8; Eva Abfalder, 5; Emma Fricke, 2; Mikayla Fast, 1

Blocks: Hulm, 2.5; Emmil, 1.5; Abfalder, 1; Allmaras, .5; Fricke, .5

Assists: Fricke, 45; Allmaras, 3; Abfalder, 2; Emmil, 2; Camaryn Beasley, 1; Nitsch, 1; Fast, 1

Digs: Fast, 22; Allmaras, 22; Nitsch, 21; Emmil, 20; Fricke, 10; Hulm, 3; Mac Boone, 2; Beasley, 1

Service Aces: Nitsch, 2; Emmil, 1; Fricke, 1; Allmaras, 1

Notes: Mandan played in its first five-set match of the season...The teams split their two regular season meetings...Mandan won its 10th road match.

Records: Mandan, 26-6 Overall; 15-4 WDA; Legacy, 20-9 Overall; 12-4 WDA

Legacy 3, TMCHS Belcourt 0

Sept. 1, 1 p.m.

Legacy Haussler Gym, Bismarck, N.D.

	1	2	3	Total
TM	9	14	7	0
LEG	25	25	25	3

Team stats

Kills: Becca Nitsch, 7; Eva Abfalder, 6; Taryn Allmaras, 5; Ashton Sagaser, 5; Kaitlyn Emmil, 4; Emma Fricke, 2; Sierra Knoll, 1

Blocks: -

Assists: Fricke, 15; Camaryn Beasley, 7; Sagaser, 3; Ashley Hulm, 2

Digs: Nitsch, 5; Sagaser, 4; Fricke, 4; Emmil, 3; Mikayla Fast, 3; Allmaras, 3; Macee Van Vleet, 3; Hulm, 2; Kelsie Murrey, 1; Beasley, 1

Service Aces: Fricke, 9; Hulm, 5; Beasley, 2; Knoll, 1; Mac Boone, 1; Allmaras, 1; Nitsch, 1; Fast, 1

Notes: Legacy's Emma Fricke had a season-high nine aces...Legacy is 2-0 in WDA play.

Records: TMCHS, 0-5 Overall; 0-4 WDA; Legacy, 8-1 Overall; 2-0 WDA

Legacy 3, Bismarck High 1

Sept. 18, 7 p.m.

Karigaard Gymnasium, Bismarck, N.D.

	1	2	3	4	Total
LEG	10	26	25	25	3
BHS	25	24	19	18	1

Team stats

Kills: Becca Nitsch, 19; Taryn Allmaras, 17; Kaitlyn Emmil, 9; Eva Abfalder, 1; Ashley Hulm, 1; Emma Fricke, 1

Blocks: Abfalder, 4; Emmil, 1; Allmaras, 1; Hulm, .5

Assists: Fricke, 39; Nitsch, 3; Emmil, 2; Fast, 2; Camaryn Beasley, 2

Digs: Fast, 30; Nitsch, 23; Allmaras, 18; Fricke, 16; Emmil, 6; Hulm, 3

Service Aces: Emmil, 3; Allmaras, 2; Hulm, 1

Notes: BHS won the first set...Legacy won its fourth WDA road match.

Records: Legacy, 12-3 Overall; 6-2 WDA; Bismarck High, 10-3 Overall; 3-3 WDA

Fargo Scheels Invite

Oct. 5-6

Fargo, N.D.

Results

Legacy 2, Central Cass 1
Jamestown 2, Legacy 0
Bismarck High 2, Legacy 1

GF Red River 2, Legacy 1

Fargo Oak Grove 2, Legacy 1

Legacy 2, Minot 0

Day 1 Leaders

Kills: Taryn Allmaras, 20; Becca Nitsch, 16; Kaitlyn Emmil, 16

Blocks: Ashley Hulm, 8; Eva Abfalder, 3; Becca Nitsch, 2; **Assists:** Emma Fricke, 44; Camaryn Beasley, 18; **Digs:** Allmaras, 28; Mikayla Fast, 28; Nitsch, 24; Emmil, 20; **Service Aces:** Nitsch, 7; Fricke, 3

Day 2 Leaders

Kills: Taryn Allmaras, 20; Eva Abfalder, 15; Kaitlyn Emmil, 15; Becca Nitsch, 12; **Blocks:** Ashley Hulm, 3; Emmil, 2.5; Mac Boone, .5; Emma Fricke, .5; Allmaras, .5; **Assists:** Fricke, 61; Emmil, 3; Camaryn Beasley, 2; **Digs:** Nitsch, 33; Mikayla Fast, 27; Allmaras, 26; Fricke, 15; **Service Aces:** Fricke, 4; Allmaras, 3; Fast, 3; Abfalder, 2

Notes: Legacy 2-4 at the tournament.

Records: Legacy, 17-8 Overall; 9-3 WDA

Century 3, Legacy 0

Sept. 4, 7 p.m.

Hausler Gymnasium, Bismarck, N.D.

	1	2	3	Total
CEN	25	25	26	3
LEG	18	15	24	0

Team stats

Kills: Taryn Allmaras, 8; Becca Nitsch, 7; Ashley Hulm, 5; Eva Abfalder, 4; Kaitlyn Emmil, 3; Ashton Sagaser, 1

Blocks: -

Assists: Emma Fricke, 20; Camaryn Beasley, 3; Mikayla Fast, 2; Hulm, 1

Digs: Fast, 12; Allmaras, 10; Fricke, 9; Nitsch, 8; Emmil, 5; Sagaser, 1; Abfalder, 1

Service Aces: Emmil, 1; Fast, 1; Nitsch, 1; Allmaras, 1

Notes: Century's L. Ware had a match-best 21 kills...Century remains unbeaten in WDA play...Legacy suffered its first WDA loss.

Records: Century, 7-3 Overall; 3-0 WDA; Legacy, 8-2 Overall; 2-1 WDA

Legacy 3, Dickinson 0*

Sept. 6, 8 p.m.

Dickinson Gymnasium, Dickinson, N.D.

	1	2	3	Total
LEG	25	25	25	3
DCK	18	20	12	0

Team stats

Kills: Becca Nitsch, 11; Kaitlyn Emmil, 8; Taryn Allmaras, 8; Ashley Hulm, 5; Mikayla Fast, 2; Emma Fricke, 2; Eva Abfalder, 1

Blocks: Hulm, 2.5; Emmil, 1; Fast, .5

Assists: Fricke, 28; Fast, 2; Emmil, 2; Nitsch, 1

Digs: Nitsch, 10; Fast, 10; Allmaras, 9; Fricke, 8; Emmil, 6; Abfalder, 4; Hulm, 1

Service Aces: Fricke, 5; Nitsch, 3; Allmaras, 2; Fast, 1

Notes: Legacy earned its second conference road win...Dickinson's setter, Lauren Jorda, played her first match.

Records: Legacy, 10-2 Overall; 4-1 WDA; Dickinson, 1-9 Overall; 0-3 WDA

Legacy 3, Jamestown 0

Sept. 25, 7 p.m.

Hausler Gymnasium, Bismarck, N.D.

	1	2	3	Total
JAM	25	25	25	0
LEG	17	23	12	3

Team stats

Kills: Kaitlyn Emmil, 10; Becca Nitsch, 8; Taryn Allmaras, 6; Eva Abfalder, 3; Emma Fricke, 2; Ashley Hulm, 1

Blocks: Hulm, 5.5; Abfalder, 1.5; Emmil, 1.5; Allmaras, 1

Assists: Fricke, 21; Emmil, 2; Mikayla Fast, 2; Hulm, 1; Nitsch, 1; Allmaras, 1

Digs: Fast, 15; Allmaras, 10

2018 Legacy Sabers Volleyball

Team/Individual Stats (WDA matches only)

2018 Season

Date	Opponent	Score	Record	SP
8-24/25	Bismarck Inv.	--	6-1	--
8-28	@Jamestown	3-2W	7-1	5
9-1	TMCHS	3-0W	8-1	3
9-4	CENTURY	0-3L	8-2	3
9-6	@Dickinson*	3-0W	10-2	3
9-11	@Minot	3-0W	11-2	3
9-13	@St. Mary's	2-3L	11-3	5
9-18	@Bismarck High	3-1W	12-3	4
9-21	@TMCHS	3-0W	13-3	3
9-25	JAMESTOWN	3-0W	14-3	3
9-27	@Mandan	3-1W	15-3	4
10-2	BISMARCK	2-3L	15-4	5
10-5/6	Fargo Scheels	--	17-8	--
10-9	ST. MARY'S	3-2W	18-8	5
10-12	WATFORD CITY	3-0W	19-8	3
10-16	MINOT	3-0W	20-8	3
10-25	MANDAN	2-3L	20-9	5

Sets Played (SP) in WDA Matches **57**

*Match counted for double (wins/losses in WDA standings)...
Individual stats are not doubled when teams play a double counter against an opponent.

Kills

Player	MP	Total	Avg
Becca Nitsch	15	168	11.2
Taryn Allmaras	15	149	9.9
Katlyn Emmil	15	125	8.3
Eva Abfalter	15	69	4.6
Ashley Hulm	15	54	3.6
Emma Fricke	15	26	1.7
Ashton Sagaser	15	7	-
Mikayla Fast	15	5	-
Sierra Knoll	15	3	-
Camaryn Beasley	15	2	-
Abby Bjornson	15	1	-
Bella Ternes	15	1	-

-Less than 1

Blocks

Player	MP	Total	Avg
A. Hulm	15	25.5	1.7
Eva Abfalter	15	18.5	1.2
K. Emmil	15	16.0	1.1
T. Allmaras	15	7.0	-
B. Nitsch	15	4.5	-
C. Beasley	15	1.5	-
E. Fricke	15	1.5	-
M. Fast	15	.5	-
Mac Boone	15	.5	-

-Less than 1

Assists

Player	MP	Total	Avg
E. Fricke	15	461	30.7
C. Beasley	15	60	4.0
Mikayla Fast	15	24	1.6
B. Nitsch	15	17	1.2
A. Hulm	15	12	-
K. Emmil	15	14	-
T. Allmaras	15	9	-
E. Abfalter	15	3	-
A. Sagaser	15	3	-
Keslie Murrey	15	1	-

-Less than 1

Digs

Player	MP	Total	Avg
M. Fast	15	261	17.4
B. Nitsch	15	207	13.8
T. Allmaras	15	186	12.4
E. Fricke	15	143	9.5
K. Emmil	15	103	6.8
A. Hulm	15	39	2.6
E. Abfalter	15	23	1.5
C. Beasley	15	15	1.0
Mac Boone	15	11	-
Macee Van Vleet	15	5	-
A. Bjornson	15	3	-
Ellie Miller	15	3	-
A. Sagaser	15	2	-
Kelsie Murrey	15	1	-

-Less than 1

Service Aces

Player	MP	Total	Avg
E. Fricke	15	33	2.2
B. Nitsch	15	28	1.8
K. Emmil	15	21	1.4
T. Allmaras	15	20	1.3
M. Fast	15	18	1.2
A. Hulm	15	10	-
C. Beasley	15	5	-
Mact Boone	15	3	-
S. Knoll	15	1	-
K. Murrey	15	1	-
A. Sagaser	15	1	-

-Less than 1