

### **Position Description:**

**Mental Health Resource Center** is looking for a **Weekend Activities Specialist** to provide services in our psychiatric inpatient crisis stabilization unit at our Southside and Northside facilities.

The Weekend Activities Specialist helps to ensure quality programming to adults and children through the provision of structured recreational and socialization activities. The Weekend Activities Specialist designs groups, activities and events of an educational, therapeutic and social nature. The goal of the programming is to improve the skills of individuals receiving inpatient crisis stabilization services. The Weekend Activities Specialist completes documentation and shares information during shift report and team meetings.

The crisis stabilization units provide emergency psychiatric services. Most patients are admitted involuntarily to the facility via the Baker Act, the mental health act of Florida.

The normal length of stay on the unit for patients is typically 3-5 days. Due to the types of services provided, crisis stabilization units are a fast paced working environment and present employees with challenging and rewarding opportunities. Employees work together and support one another in a friendly, team oriented atmosphere.

### **Position Requirements:**

In order to be considered, candidates must have a Bachelor's Degree in Therapeutic Recreation, Art, or Human Services field. Experience with the mental health population preferred.

The Weekend Activities Specialist must be able to manage work assignments, complete tasks in a timely, accurate manner with minimal supervision, and interact therapeutically with patients and their families.

Candidates will need a working knowledge of Microsoft Office Programs, email and the use of the Internet.

### **Position Details:**

This is a Weekend Days position: Every Saturday and Sunday, 8:00am to 4:30pm.