

Sesame Street Room Schedule

Fall, Winter and Spring

7:30 to 8:00 Centre opens. Quiet activities, puzzles, books

8:00 to 8:30 Morning snack in small groups.

8:30 to 9:00 Free play.

9:00 to 9:30 Washroom routines in small groups.

At 9:30, Split Groups The Sesames split into Group 1 (12 children) and Group 2 (12 children). The group with the late staff has outside play first and the group with the early staff has indoor play first.

Group 1 9:30 to 10:15 Playground activities/indoor/community walk.
 10:15 to 10:30 Washroom routine, transition in small groups.
 10:30 to 11:30 Indoor/small groups/individual/group time/planned art/sensory/cognitive/dramatic play/construction.
 11:30 to 11:45 Washroom routine, washing hands/transition to lunch routine in small groups.

Group 2 9:30 to 10:15 Indoor/small groups/individual/planned art/sensory/cognitive/dramatic play/construction.
 10:15 to 10:30 Washroom routine, transition in small groups.
 10:30 to 11:30 Playground activities/indoor/community walk.
 11:30 to 11:45 Washroom routine, washing hands/transition to lunch routine in small groups.

11:45 to 12:15 Lunch time, seating in 3 small groups.

12:15 to 12:30 Washroom routine after lunch, transition in small groups.

12:30 to 2:30 Rest/nap time/quiet toys and activities/books

1:30 to 2:30 Alternate activities for early risers:
table toys, books, puzzles, gym.

2:30 to 2:45 Wake up time/washroom routine, transition in small groups/
cubby routine, staff prepare children for outside in small groups.

2:45 to 3:45 Playground activities/indoor.

3:45 on Transition to washroom and playroom in small groups.

4:00 on Snack is eaten in small groups.

4:00 to 5:15 All play/sensory areas available to children, quiet and active play (block, dramatic play, music, books/puzzles.)

5:15 to 5:30 Tidy up.

5:30 to 6:00 Individual time/story time/carpet toys (books, puzzles, music.) Centre closes.

Notes: During inclement weather, the Sesames are in the lower gym in small groups or in larger groups in the upper gym (rain, smog, extreme temperatures, wind chill.)