

TRUE[®]

CARDIO

CS400

COMMERCIAL



PREMIUM FITNESS EQUIPMENT SINCE 1981

CS400 RECUMBENT BIKE

The TRUE CS400 recumbent bike combines quality materials with smart design for an overall package that is unbeatable in performance and durability. The CS400 recumbent bike reduces back stress and offers simple programming, making exercise an easy and enjoyable process for users at all fitness levels. The CS400 walk-through recumbent bike is built on a custom-designed, racetrack-inspired steel frame, and is self-generating or can be placed anywhere in your facility.



CS400

TECHNICAL SPECIFICATIONS	Power Source	Optional 110V, Self-Generating (with Emerge or Escalate [®]), 220V Option Available (with Transcend or Escalate ¹⁵)	
	Cord Length	10' / 3.0M	
	Drive System	Dual Stage Drive System with Poly-V Belts	
	Crank	1-Piece Forged Steel Crank System with Sealed Bearings	
	Resistance Source	Hybrid Self-Generating Brake	
	Resistance Levels	30	
	Workload Range	20-450 Watts	
	Frame Construction	Robotically Welded Heavy-Gauge Steel	
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap	
	Seat	Ergonomic Seat with 25 Position Settings and Infinite Reclining Positions	
	Handlebar Design	Multi Position with Moisture Resistant Sleeves	
	Contact Heart Rate Monitoring	Yes	
	Wireless Heart Rate Monitoring	Polar [®] Compatible	
	AVAILABLE CONSOLES	Transcend ¹⁶ , Transcend ¹⁰ , Escalate ¹⁵ , Escalate ⁹ , Emerge	
	SAFETY	Reinforced Walk-Through Design	
REGULATORY APPROVALS	ETL UL1647, CSA, CE, FCC		
EXTRAS	Accessories	Water Bottle Holder, Over Molded Reading Rack/Tablet Holder	
PHYSICAL SPECIFICATIONS	Footprint	65" L x 30" W / 65 cm x 76 cm	
	Machine Weight	165 lbs / 76 kg	
	Shipping Weight	185 lbs / 84 kg	
	Maximum User Weight	400 lbs / 181 kg	
	Portability	2 Front Transport Wheels	
WARRANTY	Warranty Type	Commercial (non-dues paying facilities with less than 8 hours of usage per day)	
	Frame	Lifetime	
	Parts	5 Years (Transcend ¹⁶ , Transcend ¹⁰ , Escalate ¹⁵ Consoles are 3 years)	
	Labor	2 Years	

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

