

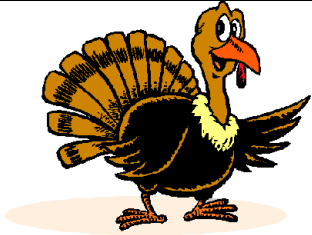


ODE CNP CACFP Menu Form



Sponsor name/site name Gentog E – Fall 2019

Month and Year November 25-29

Meal Patterns	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast <ul style="list-style-type: none"> Grains, or meat/meat alternate (no more than 3 times per week) Vegetables or Fruits Fluid Milk Other Foods 	Pancakes Blueberries Whole or 1% Milk	English Muffin/Egg Sandwich (WG) Bananas Whole or 1% Milk	Great Value Light Vanilla Low-fat Yogurt (meat (alt) Berries Toast (WG) Whole or 1% Milk	Happy Thanksgiving!	No Breakfast Today Open Center open for Seniors Only 10am-5pm
AM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	English Muffin Bananas	Graham Crackers Little Cuties (Oranges)	Grapes Crackers	No Daycare Today	Raisin Toast Cheese Sticks
Lunch <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits/Veg Grains Other Foods 	Open Face Turkey Sandwich (WG) Stuffing Green Beans Cranberry Sauce Whole or 1% Milk	Ravioli Casserole (HM) (Italian Sausage & Cheese, pasta for grains) Tossed Salad w/Italian Dressing Bread Sticks Fruit Cocktail Whole or 1% Milk	Swedish Meatballs (Beef) (CP) Over Noodles Broccoli Bread (WG) Apricots Whole or 1% Milk		Turkey Slices Mashed Potatoes/Gravy Dressing Green Beans Dinner Roll Cranberry Sauce Fruit Salad Whole Milk
PM Snack (Select two of these five components) <ul style="list-style-type: none"> Fluid Milk Meat or meat alternate Vegetables Fruits Grains 	Teddy Grahams Whole or 1% Milk	Cheese-Its Whole or 1% Milk	Veggie Straws Whole or 1% Milk	Looking for a Community Thanksgiving Dinner? Join us at Gentog 2pm	Vegetables & Dip Crackers

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.