

# Continuing Education

## Learning from Anywhere, Anytime



**ONE DAY UNIVERSITY IS DESIGNED FOR PEOPLE WHO THINK EVERY DAY IS A GREAT DAY TO LEARN SOMETHING NEW.**

With hundreds of fascinating topics taught by the most remarkable professors in the country, One Day U events inspire, enlighten and entertain – all in a few hours. You'll explore new ideas, discover new passions and have a great time doing it. Live stream or watch online.



— AN ASU KNOWLEDGE ENTERPRISE **CONNECTING PEOPLE TO IDEAS AND TO EACH OTHER** —



### ASU for You

This program is designed for people of all ages and at all stages of their educational, career or lifelong learning journey — wherever in the world they may be.

ASU Osher Lifelong Learning Institute  
See the Osher spring schedule [HERE](#).  
[Community Support and Resources](#)



*The Discoverer Blog*

6 Virtual Tours of the world's most famous museums are gathered together in a gorgeous article [HERE](#). The Smithsonian, MoMA, Louvre, Musee d'Orsay, Vatican, British Museum



[Internet Archive Digital Library](#)

**Internet Archive** is a non-profit library of millions of free books, movies, software, music, websites, and more. This site will be available for the duration of the pandemic.



Check it [here](#) before you share it out there.



The definitive guide to the world's hidden wonders.



Continuing Education, continued



# Continuing Education, continued

## Learning from Anywhere, Anytime

### Nature and Recycling



PLASTIC-FREE(ISH)

Learn about [11 things you should stop recycling](#) (you might be surprised when you read the list).



Plastic bottles and other refuse lay washed up on the banks of a tidal inlet off the Delaware River in Philadelphia, PA, February 8, 2020. (AP Photo/Jonathan Elderfield)

[Plastics Industry Insiders Reveal the Truth About Recycling.](#)



Mountain goats roamed the streets of Llandudno, in Wales, on March 31, one week after U.K. Prime Minister Boris Johnson issued a stay-at-home order.  
Photographer: Christopher Furlong/Getty Images

With humans in hiding, animals are taking back the world. Read about how [species of all kinds have emerged in areas previously crowded by humans](#), including some must-see photos.

**Bloomberg Green**

Continuing Education, continued



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### CLASS CENTRAL

Free online courses taught by [Ivy League](#) instructors and others. Many are free, and additional ones are free due to the virus.



Stay well, be safe, support [our community](#)



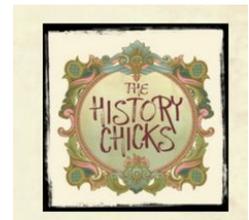
[iPhone - Daily tips](#)



Virtual Tours in Phoenix



The [JCC](#) at home



[The History Chicks:](#)  
Females in History

### 92Y@Home

Enjoy the best of 92Y online



[Online](#) classes continue

### [Podcasts](#) and [TedTalks](#)



The Lonely Palette is a bi-weekly podcast that aims to return art history to the masses, one painting at a time.

A podcast is a series of spoken word, audio episodes, all focused on a particular topic or theme, like cycling or startups. Click [HERE](#) to read more.

Google has a [platform](#) for Podcasts, already installed on **Android** devices. **iPhone** users can click [HERE](#) to access podcasts on iTunes.

## TED Ideas worth spreading

**TED TALKS:** If podcasts aren't your thing, no problem. There are thousands of *Ted Talks* available to satisfy your many curiosities. Head over to [Ted.com](#) for more inspiring speakers and "ideas worth spreading."

Click the links below for some TED Talks that seem especially relevant or beneficial today:

- **How to be your best self in times of crisis** | Susan David: [Click here](#)
- **How couples sustain a strong sexual connection for a lifetime** | Emily Nagoski: [Click here](#)
- **A (not so) scientific experiment on laughter** | Anthony McCarten: [Click here](#)
- **Laughter is Medicine** | Anjelah Johnson: [Click here](#)