

A serene landscape featuring a calm body of water in the foreground, a misty shoreline with a dense forest of trees in the middle ground, and a soft, hazy sky with a gentle gradient of light. The overall atmosphere is peaceful and contemplative.

*Spiritual Makeover*  
*8 Week*  
*Bible Study*

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# Spiritual Makeovers

## 8 Week

### Bible Study

Purpose: Equipping the Saints

*And he gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers; For the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ (Ephesians 4:11-12).*

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## Prayer for Salvation or Rededication

God, I believe that you sent Jesus to the earth to live as a man and that when he died he died for my sins. Please forgive my sins. I receive your grace and favor in my life. Help me to be a new creation and live all of the rest of my days for you. In Jesus name, amen.

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Signature

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Date

*Chapter 1*  
*Spiritual Makeovers*

Have you ever had a spiritual makeover?

Do you know your purpose in life? Is your purpose in life defined by your present set of circumstances? Is your purpose in life defined by others who encourage you or do others discourage you? Do you want to rebuild relationships in your life? Do you want new relationships with healthier circumstances?

Do you know that if you are reading this book that you are special to God? Do you know that every morning God wants to bless you? Do you know what God says about you? Do you know what God thinks about you?

God gives us the whole Bible as a gift to help us learn who He is, who we are, and what we are on earth to do. Jeremiah 29:11 says, "For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope." (NKJV)

In this chapter we will focus on where you are in your walk with Jesus and where you will be going.

The checklist will give you more understanding of things that you have accomplished and areas where you can grow closer to God.

### Checklist for Spiritual Makeover

- I have prayed the prayer for salvation
- I was baptized as a baby
- I was baptized as a youth or an adult
- I read the Bible regularly
- I study the Bible daily
- I take part in Bible studies
- I am a pastor
- I serve in the church as a volunteer
- I am employed by a church
- I take part in Christian singles fellowship
- I listen to Christian radio
- I listen to the Bible on CD or the internet
- I watch Christian TV programs
- I watch a lot of TV (non-Christian shows)
- I play a lot of games on the internet
- I share my faith regularly
- I attend a church
- I attend Christian conferences
- I make new friends easily
- I pray by myself
- I pray with others
- I am part of a worship team
- I am baptized in the Holy Spirit
- I pray in tongues
- I don't pray in tongues but would like to
- I memorize Bible verses
- I take communion
- I know what the armor of God is
- I read the Bible out loud
- I sing praises to the Lord
- I am married
- I am single
- I am single and have never been married
- I am engaged
- I am separated from my spouse
- I am divorced \_\_\_\_\_ times
- I would like to marry

We have a purpose and a destiny. When doubts creep into your mind or discouragement sets in make sure you remind yourself that you are created and loved by God. You are accepted by God and He has a plan for your life. Stay focused on the truth and keep your joy during the trials of life. Read these scriptures:

### Purpose

Psalm 139:1-18

Jeremiah 1:5

Jeremiah 29:11

### New Beginnings

3 John 1:1- 4

Revelation 21:5

### Making Changes

Romans 12:2

### Spiritual Gifts

1 Corinthians 12:31

1 Corinthians 12 & 13

### Armor of God

Ephesians 6:10-20

### Acceptance

Ephesians 1:6

### Spiritual House Cleaning

John 8:32-36

2 Timothy 3:16

### Salvation

John 3:16

Luke 2:10-11

### New Creation

2 Corinthians 5:17-20

1 Do you see any areas that you need to make changes in? List the areas that you need to change.

2 Do you see any areas that you are confident in? List the areas which you feel that you are doing well in.

Prayer:

Father in heaven,

If there are any areas I need to make changes in please help me to make the changes that you want me to make. Help me to grow in the things that you have for me and help me to let go of things that don't bring you glory and honor. In Jesus' name, amen.

*Chapter 2*  
*Who is God?*

Have you ever wondered where God lives? Have you ever had a light bulb moment that God has created you and He knows everything about you, even the number of hairs on your head? Where did light come from? Who is the author and finisher of your faith? Who is God?

Find these answers and more by reading the Holy Bible. Write your answers about some of God's characteristics when you answer question #8.

Look up these scriptures:

Genesis 1

Exodus 3

Exodus 17:15-16

Exodus 34:5-7

Leviticus 19

Numbers 23:19

Joshua 24:19

Judges 6:23-24

1 Samuel 2:2-3

1 Samuel 6:16-21

Job 32:8

Job 33:4

Psalms 36

Psalms 68:1-19

Psalms 83:18

Psalms 99:5

Psalms 99:9

Psalms 145:8

Isaiah 12:2

Isaiah 26:4

Jeremiah 29:11

Malachi 3:6

Matthew 1

Matthew 2:1-2

Matthew 7:7-11

Matthew 10:20

Matthew 10:30

Mark 1:9-11  
Luke 4:1-15  
Luke 12:1-12  
John 1:1-5  
John 1:14-18  
John 4:24  
John 14:1-4  
John 16:13  
Acts 4:5-12  
Acts 17:27-34  
Romans 14:17  
1 Corinthians 2:16  
1 Corinthians 3:17  
1 Corinthians 12:1-11  
1 Corinthians 15:19  
Galatians 5:22-23  
Ephesians 2:4-8  
Philippians 2:11  
Colossians 1:27  
1 Timothy 1:1  
1 Timothy 6:13  
2 Timothy 1:7  
Hebrews 2  
Hebrews 3  
Hebrews 12:2  
Hebrews 13:8  
James 1:17  
1 John 3

Answer these questions:

- 1 In what Bible verse listed in this chapter does God tell you that He knows how many hairs are on your head?
- 2 What Bible verse listed says something like, God created man in His own image?
- 3 What Bible verse listed says, let there be light?

4 Who is the author and finisher of your faith?

5 What is the Bible verse reference for question #4?

6 What Bible verse listed says, God is a Spirit or God is Spirit?

7 What Bible verse listed says, *“For I know the thoughts that I think toward you, saith the LORD, thoughts of peace, and not of evil, to give you an expected end.”*?

8 List 10 characteristics of God and specify what Bible verse you found it in.

Characteristic:

Bible verse:

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9 Who is God to you?

10 Who are you to God?

11 Things I am not able to do for the Lord:

12 Things I can do for the Lord:



*Chapter 3*  
*Who is your Spiritual*  
*Covering?*

Do you know what a spiritual covering is? Do you know that you should have a spiritual covering? Do you have a church home where a pastor can answer questions for you?

Do you know that a pastor should be one of your mentors? Do you read the Bible so that you can understand the scriptures for yourself?

If you are born-again that means that the Holy Spirit lives inside of you and the Holy Spirit is your teacher, counselor, and helper. At times people will let you down or make mistakes as they mentor you but the Holy Spirit will give you direction when you ask.

The Holy Spirit may give you direction on what church to attend. The Holy Spirit may give you revelation from heaven on things that He is pleased with and things that He would want you to change.

It is important to be involved in a church so that God can help you grow in the things of the Lord. God may also use you to help others to grow in the things of the Lord.

The most important decision you can make is receiving the free gift of salvation. On the paths of our journey, God would prefer that you attend a church service on a regular basis. If you don't have a church home please ask God if He has a church home for you. The last thing God wants for you is to be complacent, to fall away from Him, or for you to be deceived by others or by the devil.

God loves you so much and He wants you to stay close to Him.

As you grow in the things of the Lord it may be that God would allow you to change churches or attend several different churches. If you are visiting several churches, how would you know which pastor is your spiritual covering? You would have to ask the Holy Spirit who your spiritual covering is and then keep your eyes and ears open to what God reveals to you.

It is very important to have a pastor as your spiritual covering. God shows us in Acts 20:28 that we are warned to be careful about our

actions, thoughts, and deeds for ourselves and those who we oversee as shepherds for God's church. It is very important that your pastor understands that they are responsible to God to teach the scriptures in the Holy Bible. It is very important for everyone to understand that people are God's sheep and although a pastor can oversee God's flock that they will always be God's sheep. It is also important for everyone to understand that if someone strays away from God so that they can sin, they have a free will choice that could lead them to hell for eternity.

If you oversee God's people whether in business or the house of God you will be held accountable to God if you are not living a pure and undefiled life as a good example for people to follow. Be a good example and let your light shine.

Rebelling from having a spiritual overseer may cause you to be deceived. Build a trust with an overseer who will hold you accountable to the Holy Bible scriptures and you will have favor with God. An overseer who is in sexual sin, drinks alcohol, or leads you to believe that sin is okay is deceived. Be careful not to be fooled by man's foolishness.

An overseer of God's people should not drink alcohol – not even wine – nor should they promote doing so (Luke 1:15). Shepherds should know what God's sheep are doing and guide them away from worldly living.

One of God's shepherds should warn you not to be complacent or deceived. Don't be complacent and try to be self-satisfied or unconcerned.

God's people should attend a Bible believing Holy sanctified church and study the Bible so that they can learn who God really is and what the principles of God are so that they can avoid dangerous situations.

Don't be deceived, misled, deluded, or lead others astray by imposing a false idea or belief that can cause ignorance, bewilderment, or helplessness. Don't intentionally mislead others by cheating or encouraging them to cheat, lie, or slander someone else.

Sometimes an overseer may or may not intentionally mislead people. There are many times God's people mislead others and their pastors who are the shepherds of God's flock. Have good practices whether you oversee a flock in the church or the business world. Have good practices if you do not have careers outside of the home.

Please read Revelation 1-4 so that you understand the different churches. Be sensitive to the Holy Spirit if the church is compromising, corrupt, dead, loveless, persecuted, lukewarm, or faithful. Let the Holy Spirit guide you on your journey to find a church.

Look up these scriptures:

Numbers 12:11

1 Chronicles 21

2 Chronicles 2:18

2 Chronicles 34:17

Psalms 49

Psalms 77:20

Proverbs 1:7

Proverbs 6:6-7

Proverbs 10:14

Proverbs 12:15

Jeremiah 10:21

Jeremiah 23:1-4

Jeremiah 31:10

Ezekiel 34

Micah 7:14

Nahum 3:18

Malachi 1:14

Matthew 2:6

Matthew 9:36

Matthew 24

Mark 6:34

Luke 21:8

John 10:11

John 10:14

Acts 20

Romans 14:13  
1 Corinthians 6:9  
1 Corinthians 8:13  
1 Corinthians 10:23-33  
1 Corinthians 15:33  
Galatians 5:4  
Galatians 6:7  
Ephesians 4:11-12  
Ephesians 5:21  
2 Timothy 3:16-17  
Titus  
Hebrews 6:1-8  
Hebrews 10:19-25  
James 1:2  
James 1:22  
James 4:8  
1 Peter 1:2  
1 Peter 5  
1 John 3:7  
2 John  
Jude  
Revelation 7

Answer these questions:

- 1 Do you attend a church? If so, where do you attend church?
- 2 Do you have a pastor who watches over you? If so, who is it?
- 3 Are you accountable to a spiritual overseer? If so, who is it?
- 4 Are you accountable to others besides your pastor, like a mentor, small group leader, parent, or relative? If so, who are you accountable to?

5 In 1 Peter 5:4, Jesus is the chief shepherd. TRUE\_\_\_ or FALSE\_\_\_

6 For many deceivers have gone out into the world who do not confess that Jesus Christ came in the flesh. This is the deceiver of the antichrist. TRUE\_\_\_ or FALSE\_\_\_

7 All who desire to live godly in Christ Jesus will suffer persecution. TRUE\_\_\_ or FALSE\_\_\_

8 If an overseer intentionally deceives God's sheep or flock will they perish and go to hell?

a) yes

b) no

c) maybe

9 What does 2 Timothy 3:16 say?

10 What does Acts 20:28 say?

11 What does Ephesians 4:11-12 say?

*Chapter 4*  
*Armor of God*

Understanding the strength of the armor of God will give you understanding of who you are in Christ. We are not only in the world to do earthly things but we are here to do spiritual things for God. We are in a spiritual battle – a spiritual war – where we need to be very discerning of what God’s will is for our lives.

To understand the physical side of the battle we need to understand the spiritual side of the battle.

Ephesians is a meditation from the letters of Paul on the purpose of God in reconciling all things in Christ. The church is called to bring unity to the world, as Christ brought unity to the church.

Read and meditate on Ephesians 6:10-20:

*<sup>10</sup>Finally, my brethren, be strong in the Lord, and in the power of his might.*

*<sup>11</sup>Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.*

*<sup>12</sup>For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.*

*<sup>13</sup>Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.*

*<sup>14</sup>Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;*

*<sup>15</sup>And your feet shod with the preparation of the gospel of peace;*

*<sup>16</sup>Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.*

*<sup>17</sup>And take the helmet of salvation, and the sword of the Spirit, which is the word of God:*

*<sup>18</sup>Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;*

*<sup>19</sup>And for me, that utterance may be given unto me, that I may open my mouth boldly, to make known the mystery of the gospel,*

*<sup>20</sup>For which I am an ambassador in bonds: that therein I may speak boldly, as I ought to speak.*

I have heard it said “Why do you keep putting on the armor of God? You are not supposed to take it off.” My answer to that question is this: I have never removed the armor of God but I will continue to put the armor on when I feel led by the Holy Spirit. Putting on the armor of God reminds me that God wants me to be strong in the battle and that He is protecting me.

There are several ways in which we can strengthen ourselves as described in Ephesians 6:10-20. We can memorize these verses and get a mental picture of what it looks like when we put our armor on. You can put on the invisible armor as you say the scriptures.

The Holy Spirit led me to put the armor on one winter morning just before leaving the house. A few hours after leaving the house I fell on the pavement in a parking lot because I slipped on a patch of ice and I could tell that there was a supernatural one inch helmet on my head. I am really glad I was obedient to the Holy Spirit that day because I might have cracked my skull open had I not taken the time to put that supernatural armor of God on.

A revelation God has given me is that not only is there an invisible supernatural armor when we intentionally memorize and apply the armor to our bodies – but we are each others spiritual armors – meant to hold each other together. It is our friends, family and church which are supposed to help us stay strong by encouragement and prayer.

Memorize Ephesians 6:10-20 so that you know what the spiritual armor is, which God provides for you. It is your job to protect yourselves when God warns you – not your parents, your friends, your bosses, your co-

workers or your pastors. You need to do your part to protect yourself and to protect others. If God sends you someone to give you a warning you should take it seriously and seek God to make sure it is from Him and what you should do about it.

I like to proclaim and declare something like “I put on the helmet of salvation, the breastplate of righteousness, I gird my waist with truth, shod my feet with the preparation of the gospel of peace, I have the two-edged sword - the word of God, and the shield of faith which protects me from the fiery darts.” I also ask God to go before me and cover my back side with His glory.

Because I have practiced this teaching in my life I was able to understand a dream that I had where someone I know was being dishonest with me. God showed me that this Christian had a brownish belt of truth and he was taking off his brown belt putting it behind his back hiding the belt. My interpretation of this dream was that this man’s belt of truth was not pure white and he was intentionally being dishonest and hiding the truth behind his back. This may be frightening to know that God is so powerful but you can relax because God would want you to know that He is in control and that He knows that men are sometimes deceitfully wicked. He can see all things and He can reveal the hidden things that you or your neighbor does.

Take time to practice learning how to put on the armor of God. Take time to read the Holy Bible which is your sword of the spirit. Take time to share the gospel and be honest with yourselves and with others. Acknowledge God as your protector. As Christians we are vulnerable to things which can weaken us if we don’t have a strong armor around us protecting us.

God may also choose to use an invisible spiritual armor which He puts on the spirit man of a person’s body if they have had a broken spirit. Sometimes a person who is hunched over a little has suffered with a broken spirit and many times their spirit has not healed properly and caused a physical deforming to the spine. It may be they still have a broken spirit.

*Chapter 5*  
*Perseverance*

Perseverance is a strengthening facet of God's character. Overcoming difficult obstacles through a process may be hard to understand, especially, if you have never walked down that road or know of anyone who has walked down that road before. You are not alone. God is for you and not against you.

If your journey has been tough at times even though we walk with Jesus through life, He may have had to carry you. Having Jesus on my side carrying me through tough circumstances and difficult people has helped me overcome difficult things in my life.

Has your journey with the Lord been easy? Has your life been easy? Are you prepared for a walk that may have quick stops? Have you ever felt God set you on His lap? Have you ever felt God let you rest in His chest? Have you felt God set you down after He has carried you through a difficult part of your journey – through hardships, loss of relationships, through grief, or through persecution and strife?

Life should be easier than always having to struggle. When you find your purpose in life it will bring a contentment like no other peace that you have ever had. Life gets easier when you have God's peace, direction, and protection. Sometimes the enemy confines us or traps us, like in the case of persecuted Christian's being held against their will. But, with Christ we have the promises of spending eternity in heaven.

Taking smaller steps helps you to overcome and persevere through difficult obstacles. It also helps to take smaller steps when you have bigger dreams and goals. Dream big with God and you will enjoy the journey and go farther in kingdom levels than you ever thought you would go. You may not be able to see the big picture at first but if you allow God to lead you, the pieces of the puzzle fit properly and make sense later.

If you miss steps in the journey or try to take big jumps you will miss much of the goodness and teachings that help you to persevere. Perseverance is one of God's attributes and we should ask Him to help us, especially when we are weak.

Take smaller steps so that you don't miss a nugget or a treasure along the way. People are God's best treasures. When you persevere you will have found many of God's treasures.

Reaching your goal after overcoming difficult obstacles gives you a great sense of accomplishment. Reaching the final destination of heaven is our most important destination and goal in life. We need to make sure that we reach that destination! Be good examples to others. We want others to persevere and make it to heaven too.

Winning the lost for the Lord is the only thing we can take to heaven with us. Be encouraged and keep a positive attitude because others are watching.

Persevere and only look back when it is necessary. When you are on the right path don't turn to the right or to the left, because God has shown you the way and He would say "This is the way, walk ye in it."

Look up these scriptures:

Genesis 19:26

Deuteronomy 1:31

Psalms 119:11

Psalms 119:111-112

Isaiah 30:21

Isaiah 40:11

Isaiah 46:3-4

Isaiah 63:9

Matthew 6:21

Matthew 7:13-14

John 16:25-33

Romans 12:21

Philippians 4:7

1 John 5:4-5

Revelation 2

Revelation 3

Revelation 21:7

Answer these questions:

1 Genesis 19:26 shows us a good reason we should listen to God and go forward and not look back. TRUE\_\_\_ or FALSE\_\_\_

2 What Bible verse listed says, "Enter ye in at the strait gate: for wide *is* the gate, and broad *is* the way, that leadeth to destruction, and many there be which go in thereat: Because strait *is* the gate, and narrow *is* the way, which leadeth unto life, and few there be that find it?"

3 What Bible verse listed says, "He that overcometh shall inherit all things; and I will be his God, and he shall be my son."?

4 What Bible verse listed says, "But his wife looked back from behind him, and she became a pillar of salt."?

5 What Bible verse listed says, "For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, *even* our faith. Who is he that overcometh the world, but he that believeth that Jesus is the Son of God?"?

6 What Bible verse listed says, "These things I have spoken unto you, that in me ye might have peace. In the world ye shall have tribulation: but be of good cheer; I have overcome the world."?

7 What Bible verse listed says, "Be not overcome of evil, but overcome evil with good."?

# *Chapter 6*

## *Miracles*

Do you know that one of the reasons God created you is because He wants to have someone to love. No other God created the heaven and earth but our heavenly Father. His creation is a miracle. Not only is the earth's creation a miracle but life of a human being is a miracle too.

After God created man then He created a woman. What a miracle to plan and create a human body to be able to produce baby humans, animals to produce baby animals, and plants, trees, and flowers to multiply. What a miracle to make two different sexes of a human being. What a miracle it is that we breathe air and have human lungs.

Miracles throughout the Bible were done to increase the faith of humans. I believe all true miracles are done by our Father in heaven, the God above whose son is Jesus Christ. Jesus didn't do anything He didn't first see His heavenly Father do. Any miracle on earth would be done to glorify God.

John 5:17-30 says, "But Jesus answered them, My Father worketh hitherto, and I work. Therefore the Jews sought the more to kill him, because he not only had broken the sabbath, but said also that God was his Father, making himself equal with God. Then answered Jesus and said unto them, Verily, verily, I say unto you, The Son can do nothing of himself, but what he seeth the Father do: for what things soever he doeth, these also doeth the Son likewise. For the Father loveth the Son, and showeth him all things that himself doeth: and he will show him greater works than these, that ye may marvel. For as the Father raiseth up the dead, and quickeneth *them*; even so the Son quickeneth whom he will. For the Father judgeth no man, but hath committed all judgment unto the Son: That all *men* should honour the Son, even as they honour the Father. He that honoureth not the Son honoureth not the Father which hath sent him. Verily, verily, I say unto you, He that heareth my word, and believeth on him that sent me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life. Verily, verily, I say unto you, The hour is coming, and now is, when the dead shall hear the voice of the Son of God: and they that hear shall live. For as the Father hath life in himself; so hath he given to the Son to have life in himself; And hath given him authority to execute judgment also, because he is the Son of man. Marvel not at this: for the

hour is coming, in the which all that are in the graves shall hear his voice, And shall come forth; they that have done good, unto the resurrection of life; and they that have done evil, unto the resurrection of damnation. I can of mine own self do nothing: as I hear, I judge: and my judgment is just; because I seek not mine own will, but the will of the Father which hath sent me.”

So, if we seek God’s will and He wants to do a miracle to increase our faith and awareness of the things above we should allow Him the use of our hands, our feet, our words, and our situations to do this – and to show the power of the gospel.

Miracles that bring God glory are from God. God is still the author and finisher of our faith. Miracles, signs and wonders from God will open the eyes of people giving them greater revelation of who God is – and who He isn’t.

There are many deceivers so don’t believe everything people do or say, because some will try to deceive you.

God is a big God and will move mountains if you let Him. It can take time for us to move mountains on our own but with God’s help, and sometimes miracles, those mountains can be reduced to mole hills. Always give God thanks when you receive a breakthrough miracle.

I regularly pray for Saul to Paul conversions to Christianity for people who are not yet born-again and I have seen God answer this prayer. His power is more than we can even think or imagine. So is His mercy to give us second chances. Second chances many times are because of God’s grace and I consider some of my second chances – miracles.

Have I ever raised the dead? Yes. God is pleased when I say that I raise the dead by witnessing to the lost about Jesus, His son. He has also impressed upon me to share with you that I was part of an apostolic team during revival meetings where our team raised a dead woman to life. One thing the team did was to lead her to the Lord and give her communion after she was raised from the dead. I am not sure but I

believe she had repented from taking part in voodoo putting curses on people. That is a miracle!

Preaching the gospel is not always easy and we who are on the front lines need to be spiritually prepared for the attacks of the devil and the attacks of the devils agents. When people have a light bulb moment that Jesus Christ is the only way to heaven – we need God’s grace for repentance.

Jesus is the healer. God may use others in the medical and Christian counseling fields to bring healing but many Christians do not depend on God for His healing. They would rather do it themselves than give God the credit for their healing. God does use medical doctors too but generally when He does a miracle it is to open the doctor’s eyes to the power of the gospel which is much greater than anything man could ever do.

I am personally thankful for God's supernatural healing. I also have been obedient to having surgery when the Lord ordered my steps to have knee surgery. God may want to heal people without surgery and without a doctor. Two years ago God after I prayed for a woman whose doctor told her she just had arthritis, God removed the pain. God has supernaturally healed cancer, backs, legs, feet, organs, lesions in a brain, a lump disappeared in a woman’s breast, and many more things including medical miracles where even the doctors said that it was a miracle that a woman lived after one of the three brain aneurysms burst twice.

Have you been healed supernaturally before? Have you had a healing miracle? If so, just thank Jesus and continue to give God thanks for those things which He did to restore you or your loved ones. Those things are special things that He does for us.

God does other miracles to increase our faith which are not physical healing in our bodies. He changes our mindsets and blesses us with material things at times too.

Look up these scriptures:

2 Kings 4

2 Kings 5

2 Kings 6

Matthew 8:23-27

Matthew 9:32-33

Matthew 17:24-27

Mark 2:1-12

Mark 3:1-5

Mark 5:25-29

Luke 5:1-11

Luke 5:12-13

Luke 8:41-42

John 5:1-9

John 6:2

John 6:26

John 9:1-7

John 11:1-44

John 21:1-11

Acts 3:6-9

Acts 5:1-10

Acts 9:17-18

Acts 9:36-41

Acts 13:8-11

Acts 14:8-10

Acts 16:16-18

Acts 20:9-10

Acts 28:3-5

Acts 28:7-9

1 Corinthians 12:10

1 Corinthians 12:28-29

Galatians 3:5

Hebrews 2:4

List 10 miracles that either Jesus or the apostles did from the Bible verses listed above and reference which Bible verses the miracles are in:

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_
- 8 \_\_\_\_\_
- 9 \_\_\_\_\_
- 10 \_\_\_\_\_

List 5 miracles from 2 Kings 4 thru 2 Kings 6 and reference which Bible verses the miracles are in:

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_

# *Chapter 7*

## *Healing*

Do you need healing? Do you know others who need healing? What does God tell us to do when we need healing? What are we supposed to do when others need healing?

Healing and deliverance go hand in hand much of the time. God shows how to pray for healing. He teaches us about His presence. He teaches us about anointing oil. He teaches us to fast, pray, seek Him, to stop doing unclean things, and to do the work that He has taught us to do through our season of preparation.

If someone has lived in sin it may take more than one prayer for a person's healing. They may have to be delivered from lifestyles that were harmful to them. They may have to go through renouncing things that were abominations and unclean for humans. They may have to go through spiritual surgery. Sometimes man doesn't even need to be part of a healing when God teaches by supernatural experiences.

God may tell a minister not to deliver someone because that person may not continue in a holy lifestyle and demons could come back into them greater than the ones which left them. God drove out demons and sinful lifestyles open doors for the demonic to take place in a person's body. Sometimes it may be nobody's fault that they were attacked demonically because people using witchcraft have confessed to sending demons out to hurt people.

Are all people healed by God? Do people who are not healed have too little faith? Why do babies and children get cancer?

Let's just look to the Holy Bible for some answers and always remember that Jesus is the healer!

Look up these scriptures:

2 Chronicles 7:14

Psalm 6:2

Ecclesiastes 3

Jeremiah 14:19-22

Jeremiah 30:12-17

Hosea 14:4  
Nahum 3:19  
Malachi 4  
Matthew 4:23-25  
Matthew 8:5-7  
Matthew 10:5-8  
Matthew 13:10-17  
Matthew 15:29-31  
Matthew 21:12-17  
Mark 6:7-13  
Mark 9  
Luke 4  
Luke 9:10-17  
Luke 10:1-12  
Acts 4  
Acts 10:34-48  
1 Corinthians 12  
James 5  
Revelation 22:1-5

Answer these questions:

1 What Bible verse listed says, “If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.”?

2 What Bible verse listed says, “To every *thing there is* a season, and a time to every purpose under the heaven: A time to be born, and a time to die; a time to plant, and a time to pluck up *that which is* planted; A time to kill, and a time to heal; a time to break down, and a time to build up; A time to weep, and a time to laugh; a time to mourn, and a time to dance; A time to cast away stones, and a time to gather stones together; a time to embrace, and a time to refrain from embracing; A time to get, and a time to lose; a time to keep, and a time to cast away; A time to rend, and a time to sew; a time to keep silence, and a time to

speak; A time to love, and a time to hate; a time of war, and a time of peace.“?

3 What Bible verse listed says, “I will heal their backsliding, I will love them freely: for mine anger is turned away from him.“?

4 What Bible verse listed says, “Heal the sick, cleanse the lepers, raise the dead, cast out devils: freely ye have received, freely give.“?

5 What Bible verse listed says, “And heal the sick that are therein, and say unto them, The kingdom of God is come nigh unto you.“?

6 What Bible verse listed says, “And the blind and the lame came to him in the temple; and he healed them.“?

7 What Bible verse listed says, “And he called *unto him* the twelve, and began to send them forth by two and two; and gave them power over unclean spirits; And commanded them that they should take nothing for *their* journey, save a staff only; no scrip, no bread, no money in *their* purse: But *be* shod with sandals; and not put on two coats. And he said unto them, In what place soever ye enter into an house, there abide till ye depart from that place. And whosoever shall not receive you, nor hear you, when ye depart thence, shake off the dust under your feet for a testimony against them. Verily I say unto you, It shall be more tolerable for Sodom and Gomorrhah in the day of judgment, than for that city. And they went out, and preached that men should repent. And they cast out many devils, and anointed with oil many that were sick, and healed *them*.“?

8 What Bible verse listed says, “The Spirit of the Lord *is* upon me, because he hath anointed me to preach the gospel to the poor; he hath sent me to heal the brokenhearted, to preach deliverance to the

captives, and recovering of sight to the blind, to set at liberty them that are bruised, To preach the acceptable year of the Lord.”?

9 What Bible verse listed says, “And the people, when they knew *it*, followed him: and he received them, and spake unto them of the kingdom of God, and healed them that had need of healing.”?

10 What Bible verse listed says, “How God anointed Jesus of Nazareth with the Holy Ghost and with power: who went about doing good, and healing all that were oppressed of the devil; for God was with him.”?

11 What Bible verse listed says, “To another faith by the same Spirit; to another the gifts of healing by the same Spirit.”?

12 What Bible verse listed says, “Is any sick among you? let him call for the elders of the church; and let them pray over him, anointing him with oil in the name of the Lord.”?



# *Chapter 8*

## *Restoration*

For many, God is a God of restoration. If your life has been disrupted and you need to be restored then the God of heaven can restore you.

If you were destroyed by other people and your reputation damaged by others who intentionally lied about you, slandered you, or made fun of you then the God of heaven can restore you.

If you destroyed yourself by making poor choices then the God of heaven can restore you too.

Recovery is a rewarding process but can be challenging if you have to overcome a lot of hardships.

It is always hard when one person gets jealous and lies about you to defame you or to ruin your reputation. That type of persecution is an injustice in God's eyes. If you watch as others cling together and gossip and try to destroy your reputation, know that God sees and hears them. Try not to worry about it and certainly don't let the devil use you to try to trap you into making a mistake out of anger when you try to defend yourself. Resist the devil and he will flee can mean resist using your own tongue to say rough words back. Walk in your authority with your head held high.

If and when others no longer talk to you because they think they are better than you it is not of God's character. When they go to events and tell you later that they couldn't talk to you because they were sitting by someone who they knew had damaged your character, just make a new friend.

Take those disappointments and find new friends. God will bless you because He knows your character and their unclean acts of unkindness. God is kind and is full of grace for those that have been bruised by other's words and actions which are stones that people try to destroy you with or arrows meant to harm you. Ask God to help you remove any arrows that have been put in your heart. We need His help for this because those arrows need to be untwisted out of your heart by God so that it doesn't tear your heart apart. Be careful not to destroy others with your words or actions.

Persevere. With new doors opening God will show you much more joy and peace in your life. Go forward and do great things for God. There is much to do for the Lord if you ask Him. Look to the future and it will be easier.

I asked for wisdom and for souls to be saved during a season of injustices by God's people. I didn't ask Him for money. I asked Him for wisdom and souls spared from an eternity in hell.

God watches and hears unclean lips when you are talked poorly about or if you are talking bad about someone else. God doesn't agree with man's unclean lips.

God once told me "Don't worry about what others say about you." It is that type of suffering that makes me thankful that I serve an omnipotent God who knows all things.

God guides you to safety as He carefully leads you to something better.

Be good to others. It is by God's grace, power, and miracles that He can restore you to His original design. If you desire for God to restore you ask Him for His help. It may be a quick restoration for you or it may be a slow process for you. God is a God of restoration. Make sure that you have a contrite heart before the Lord.

Be encouraged because God just may complete a good work in you to restore you. Philippians 1:6 says "Being confident of this very thing, that he which hath begun a good work in you will perform *it* until the day of Jesus Christ."

Look up these scriptures:

Genesis 20

Genesis 40:21

Ruth

2 Samuel 16:1-4

Job 42

Psalm 23:3

Isaiah 58

Jeremiah 30:17

Joel 2

Matthew 17:11

Mark 9:12

Luke 6:6-11

Fill in the blanks:

1 He restoreth my \_\_\_\_\_: he leadeth me in the paths of righteousness for his name's sake.

What is the scripture reference? \_\_\_\_\_

2 For I will restore \_\_\_\_\_ unto thee, and I will heal thee of thy wounds, saith the LORD; because they called thee an Outcast, *saying*, This *is* Zion, whom no man seeketh after.

What is the scripture reference? \_\_\_\_\_

3 And I will restore to you the \_\_\_\_\_ that the locust hath eaten, the cankerworm, and the caterpillar, and the palmerworm, my great army which I sent among you.

What is the scripture reference? \_\_\_\_\_

4 And Jesus answered and said unto them, Elias truly shall first come, and restore \_\_\_\_\_.

What is the scripture reference? \_\_\_\_\_

5 And he shall be unto thee a restorer of *thy* \_\_\_\_\_, and a nourisher of thine old age: for thy daughter in law, which loveth thee, which is better to thee than seven sons, hath born him.

What is the scripture reference? \_\_\_\_\_

6 Ask God to remove any arrows from your heart if you have them.

7 Ask God to remove any arrows from other people's hearts if you put them there by your words.

8 Ask God to heal the bruises that you may have in your heart.

9 Ask God to heal a broken heart if you have one.

10 Ask God to remove any painful memories so that they don't continue to hurt you any more.

11 Ask God to fully restore you to His perfect will for your life.



## Leaders' Guide:

It is the vision for Bible Study and Books Nonprofit to help people with disabilities write their Christian books and testimonies. The profit from selling these books helps us reach our ministry goals and vision.

There are some key points that Bible study group leaders should keep in mind:

- 1 The location of your Bible study group can be almost anywhere where you feel comfortable as long as everyone can hear and has a place to sit. A table is good but not required because many people like to use the floor, chairs and sofas. You can have a Bible study in a restaurant or marketplace if you don't have the use of a church. Having a Bible study in the marketplace does have its spiritual advantages of changing the atmosphere of an environment and helps businesses by your purchases. If you are having this Bible study in a restaurant please make sure you tip your waiter's, waitresses, or those picking up your dishes. And always pick up after yourself and leave a good impression.
- 2 Make sure if you are using tables and chairs that there are enough chairs and table space for everyone to sit together.
- 3 Try to avoid distractions. A distraction takes people away from the study. Allow for interruptions at times because the input from an interruption may be something God wants someone to share. Keep an eye on the topic of discussion and bring the discussion back to the Bible study topic if needed.
- 4 When people share difficult circumstances in a Bible study you should be willing to pray for them and never use it against them. Using people's pasts against them does not honor anyone and it can be displeasing to God. When people share details of their lives and you repeat it to your friends it is consider gossip (a sinful behavior) unless there was a special request for assistance such as a need for a vehicle, housing, clothes, or food. When you do share requests from other people try not to use names of people unless you are given permission by that person. It is however acceptable to share the details of what you

are learning in this Bible study especially when God shows you a new scripture or revelation from His Holy Bible.

5 It is important to keep people on track with the Bible study and set aside time at the end for prayer. That time should be based on the number of people attending the Bible study.

6 Always give everyone an opportunity to read during this Bible study and it can help if you just rotate from one person to another around the table or the room.

7 If someone is not feeling well it is okay for them to just pass on the reading of the Bible verses. But if they are really sick they should do their own Bible study work at home so that they can keep up with the group.

8 Have a plan for fellowship and ample time for greeting each other in a group.

9 Everyone should always encourage others, be short in their explanations during the group study, give good examples, and give good feedback. If there is any bad feedback it should be directed privately to the Bible study leader so they are aware of the problem you are experiencing.

10 Everyone is important to God and God may have people who are not like you in the group because they have something to share, or something to learn too.

11 If snacks are shared don't complain if you can't eat what is brought. You should bring things that you like for everyone to eat if what is being brought is something you are not able to eat.

12 This Bible study is pretty simple and not intended to bring up arguments if you or someone in the group has been taught something different. This Bible study is designed for you to find your answers from the Holy Bible and not from other people. If you are uncomfortable with

anything in this study you should seek God through prayer without causing a disruption within the group.

13 Always keep a peaceful environment where everyone feels welcome.

14 If you notice someone who needs help finding a Bible verse be gentle in how you help them.

15 There should be no strife, contention, name calling, fear or jealousy. The Bible study leader has the authority to warn someone if their behavior is not appropriate and after the first warning have measures in place for asking someone to leave the group.

16 It is good to recap Bible verses for everyone if the Bible verses or the chapter you are reading is long.

17 The group leader should read the questions for the chapter to everyone or designate someone to read the questions prior to reading the scriptures so that you can easily answer the questions when you are going through the Bible study.

18 The group leader or person designated by the group leader can make additional questions for each chapter, each week (or meeting time) if there is enough time allowed.

19 The group may not finish a chapter during the allotted time of the Bible study and it can either assign the chapter as homework to finish or continue it the next time you are meeting together.

20 Always start and end the Bible study with prayer thanking God for His blessings.

It would be good for the Bible study leader or a designated person to bring a dictionary and a large concordance to the Bible study.

We hope that you enjoy this Bible study whether you are working on it independently or in a group.

Spiritual Makeovers – 8 Week – Bible Study - Answer Key:

Chapter 1

- 1 Write your own answers
- 2 Write your own answers

Chapter 2

- 1 Matthew 10:30, Luke 12:7
- 2 Genesis 1:27
- 3 Genesis 1:3
- 4 Jesus
- 5 Hebrews 12:2
- 6 John 4:24
- 7 Jeremiah 29:11
- 8 Characteristics of God Examples:

Does not lie	Exodus 23:19
Declares war	Exodus 17:16
Forgiving	Exodus 34:7
Merciful	Exodus 34:6
Creator of life	Job 33:4
Holy	Psalms 99:5
Gracious	Psalms 145:8
Slow to anger	Psalms 145:8
Gives comfort	Isaiah 12:1-2
Rebukes Satan	Luke 4:8
Fasted	Luke 4:2
Loves	Mark 1:11
Quickens	1 Timothy 6:13
Righteous	Romans 14:17
Wise	1 Corinthians 12:8
Judges	Acts 17:31
Pure	1 John 3:3
Gentle	Galatians 5:22
Rich in mercy	Ephesians 2:4-8

Chapter 3

- 1 Write your own answers
- 2 Write your own answers

- 3 Write your own answers
- 4 Write your own answers
- 5 True
- 6 True, 2 John 1:7
- 7 True, 2 Timothy 3:12
- 8 c
- 9 All scripture *is* given by inspiration of God, and *is* profitable for doctrine, for reproof, for correction, for instruction in righteousness
- 10 Take heed therefore unto yourselves, and to all the flock, over the which the Holy Ghost hath made you overseers, to feed the church of God, which he hath purchased with his own blood
- 11 And he gave some, apostles; and some, prophets; and some, evangelists; and some, pastors and teachers; For the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ

#### Chapter 4

- 1 True
- 2 Matthew 7:13-14
- 3 Revelation 21:7
- 4 Genesis 19:26
- 5 1 John 5:4-5
- 6 John 16:33
- 7 Romans 12:21

#### Chapter 5

- 1 True
- 2 Matthew 7:13-14
- 3 Revelation 21:7
- 4 Genesis 19:26
- 5 1 John 5:4-5
- 6 John 16:33
- 7 Romans 12:21

#### Chapter 6

- 1-10 Any of the following answers would be correct:
- |                  |                                  |
|------------------|----------------------------------|
| Matthew 8:23-27  | Jesus calms the storm            |
| Matthew 9:32-33  | Mute, demon possessed man healed |
| Matthew 17:24-27 | Coin inside fish                 |

Mark 2:1-12	Paralyzed man healed
Mark 3:1-5	Man with a shriveled hand healed
Mark 5:25-29	Woman with a bleeding problem healed
Luke 5:1-11	Large catch of fish
Luke 5:12-13	Man healed from leprosy
Luke 8:41-42	Jarius's daughter raised from the dead
John 5:1-9	Man healed in the pool of Bethesda
John 9:1-7	Man born blind – healed
John 11:1-44	Lazarus raised from the dead
John 21:1-11	Another large catch of fish
Acts 3:6-9	Lame man cured
Acts 5:1-10	Death of Ananias & Sapphira
Acts 9:17-18	Saul's eyesight restored
Acts 9:33-35	Healing of Aeneas
Acts 9:36-41	Raising of Dorcas
Acts 13:8-11	Elymas blinded
Acts 14:8-10	Lame man cured
Acts 16:16-18	Demon cast out of a girl
Acts 20:9-10	Raising of Eutychus
Acts 28:3-5	Unharmed by a viper
Acts 28:7-9	Healing of Publius's father

11-15 Any of the following answers would be correct:

2 Kings 4	Elisha + the widow's oil
2 Kings 4	Elisha raises the Shunammite's son
2 Kings 4	The pot of stew purified
2 Kings 4	Elisha feeds one hundred men
2 Kings 5	Naaman's leprosy healed
2 Kings 5	Gehazi's Greed
2 Kings 6	The floating ax head
2 Kings 6	The blinded Syrians
2 Kings 6	Syria besieges Samaria in famine

### Chapter 7

- 1 2 Chronicles 7:14
- 2 Ecclesiastes 3:1-8
- 3 Hosea 14:4
- 4 Matthew 10:8

- 5 Luke 10:9
- 6 Matthew 21:14
- 7 Mark 6:7-13
- 8 Luke 4:18-19
- 9 Luke 9:11
- 10 Acts 10:38
- 11 1 Corinthians 12:9
- 12 James 5:14

### Chapter 8

- 1 Soul, Psalm 23:3
- 2 Health, Jeremiah 30:17
- 3 Years, Joel 2:25
- 4 all things, Matthew 17:11
- 5 life, Ruth 4:15

