



TRI-WING TRIATHLON

Go extreme or just have fun!

Participate in one or all sporting events as an individual or team.



June 3 – Run at U.S. Air Force Academy

FULL: 10 Km **SPRINT:** 5 Km **MINI:** 1 Mile

Register at USAFA Fitness Center, Bldg. 5234

Info: www.usafasupport.com 719-333-4522



June 24 – Swim at Peterson AFB

FULL: 25 min **SPRINT:** 15 min **MINI:** 10 min

Register at Peterson Aquatics Center, Bldg. 406

Info: www.21fss.com 719-556-4608



July 21 – Mountain Bike at Schriever AFB

FULL: 23.2 mi **SPRINT:** 12.2 mi **MINI:** 2.1 Km

Register at Schriever Fitness Center, Bldg. 120

Info: www.50fss.com 719-567-6628

