

What's Cooking in the Kitchen:

For the Week of: January 27—31, 2020

MONDAY

BREAKFAST: Special K w/Red Berries Cereal, Bananas, Milk

AM SNACK: Juice Break

LUNCH: Ham, Hummus & Romaine Wraps, Sun Chips, **ORGANIC** Carrots (**Infants thru Young Toddlers: Cooked Carrots**), Honeydew Melon, Milk

PM SNACK: Vanilla Greek Yogurt, **ORGANIC** Strawberries, Grahams, Water

TUESDAY

BREAKFAST: Oatmeal w/Hint of Cinnamon, **ORGANIC** Blueberries, Milk

AM SNACK: Juice Break

LUNCH: Homemade Beef A Roni (w/Ground Turkey), **ORGANIC** Green Beans (from Frozen) w/Hint of Margarine, Honeycrisp Apple Slices, Milk

PM SNACK: Baby Bell Cheese, Pepperoni, Fresh Pear Slices, Water

WEDNESDAY

BREAKFAST: Pumpkin Pancakes Made From **ORGANIC** Whole Grain Flour, Sausage Patties, **ORGANIC** Maple Syrup, Cuties, Milk

AM SNACK: Juice Break

LUNCH: Baked Chicken Thighs, Orzo Salad (w/Fresh Spinach Leaves, Halved Cherry Tomatoes, Lemon Juice, Olive Oil and Feta Cheese), Bell Pepper Strips, Cantaloupe, Milk

PM SNACK: String Cheese, Celery Sticks, Ritz Crackers, Water

THURSDAY

BREAKFAST: **ORGANIC** Scrambled Eggs w/Cheese, Griddled English Muffin Halves w/Margarine, Applesauce, Milk

AM SNACK: Juice Break

LUNCH: Grilled Cheese Fingers on **WW**, Tomato Soup, Fresh Pineapple, Milk

PM SNACK: Soft Pretzel Bites, Cheese Sauce to Dip, Dried Mango Slices, Water

FRIDAY

BREAKFAST: Croissants, Berry Preserves, Crispy Bacon, Orange Sections, Milk

AM SNACK: Juice Break

LUNCH: Meatball French Bread Pizza (**VERY** Light on Sauce), Cucumber Spears, Fruit Salad, Milk

PM SNACK: **PLAIN** Guacamole, **ORGANIC** Tortilla Chips, Black Olive Slices, Milk