



AKB NEWS

Winter / 2019-2020



ATLANTIC
Kitchen & Bath

Atlantic Kitchen & Bath Winter Newsletter

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Welcome to 2020! We have a great newsletter for you. This issue is full of information about what will be trending for kitchens, and other areas in your home. This issue you will definitely want to save. If you have received this by email and would like a printed copy sent to you, give us a call at 302-645-8500 and we will send you a copy. 2019 was a great year for Atlantic Kitchen & Bath. We did a lot of remodels and will be posting photos in future issues as well as to our website and our Houzz page. If you've been thinking about a remodel maybe some of our ideas will help you make the leap.

Atlantic Kitchen & Bath specializes in custom kitchen and bath designs as well as renovations, sunrooms, closet systems, outdoor kitchens, additions and restorations. Give us a call today at 302.645.8500 to schedule an appointment or look us up on the web at www.AtlanticKB.com

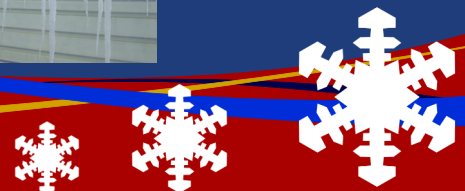
First things first, winterize your home!

Keep the cold out and the heat in and your energy bill down with these cost-effective tips.

- * Clean your gutters: Making sure that water can flow freely through your gutters will help prevent icicles and ice dams from forming later.
- * Flush the water heater: Particles and sediment can collect in the bottom and hinder the unit's efficiency. Flush the water through the drain valve to clear out the material.
- * Window insulation film: This may not be the most fashionable tip but it can keep up to 70% of the heat from leaking out of the windows.
- * Draft guards: Place these at your exterior doors to prevent heat loss.
- * Just caulk it!: If you have gaps in siding, windows or doors, just fill with caulk to decrease heat loss.
- * Exterior faucets: Turn faucets on and drain any remaining water. Add protection with pipe insulation.
- * Insulate pipes: If you have pipes on garage wall or basement where it may drop below freezing—cover with pipe insulation.



Good Advice





Top Trends for Kitchens 2020

Three-tone kitchens. Two-tone kitchen cabinets; meaning the upper cabinets are one color and the lower cabinets another color, or the perimeter cabinets are one color and the island is a different color, dominated kitchens in the past couple of years. So it's only natural that designers are building on the trend rather than doing away with it.

In a three-tone kitchen, one more color or material is introduced to create an asymmetry in the palette that helps define zones or functions and keeps the eye moving. Here is a gorgeous kitchen with white perimeter cabinets, a light wood island and a blue pantry/cabinet.



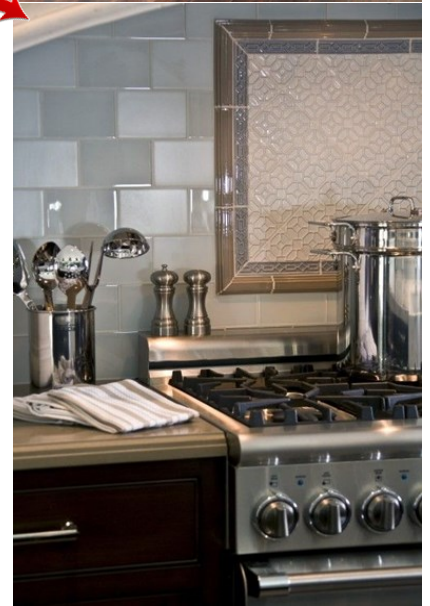
The three-tone strategy in this green kitchen is one of the most popular kitchen photos uploaded to Houzz in 2019. In the photo right, Sage-green cabinets surround a dark stained wood island base, while an inky painted window frame (Wrought Iron by Benjamin Moore) punches up the design considerably.



Wood cabinetry is making a come-back. An abundance of white oak cabinetry makes for a warm and inviting kitchen that complements the wooded outdoors, visible through the large windows of this home.



Mixing matte and glossy tile. If you're looking for a subtler backsplash option, consider mixing up the finishes of your tile selection. This range wall backsplash is made up of 2-by-8-inch tiles, two-thirds of which have a matte finish; the remaining third have a glossy finish, creating a subtle visual contrast.



Quartz. As granite continues to decline in popularity, according to recent Houzz research, quartz seems to be steadily rising. This engineered stone is harder than granite and displays infinite variation with the many different styles and color combinations that are now available. It's also super heat-resistant and more scratch-resistant almost any other product on the market.

This kitchen, which was the most popular one uploaded in 2019, features a dramatic quartz island countertop.



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Wood cabinets amid painted cabinets. Another way designers are bringing a dose of warm wood to white cabinets is by using wood for just a few drawers or cabinet fronts. Again, it helps break up the large expanses of white or another color and introduces texture and warmth.

Here, walnut pullouts for pots and pans do the job of bringing a bit of cozy contrast to the frosty white cabinets and marble-look quartz countertops. Note also that the quartz-slab backsplash matches the countertop.



Multifunctional island centers. Kitchen islands are nothing new, but they certainly are evolving. We're seeing many homeowners take islands beyond just storage. And as we'll see, islands are getting bigger and are taking on more function. Nearly a third of renovating homeowners who are updating their island will add a microwave and a dishwasher, according to the latest Houzz research. A quarter of them will add a garbage disposal, and more than a fifth will add a cooktop.

That means islands are becoming multifunctional hubs in the kitchen, allowing various zones for cooking,



At Atlantic Kitchen & Bath we are your "one-stop-shop" for all of your remodeling needs. Because we are custom we can do almost anything. We can handle your designing needs, offer and do selections with you, provide professional customer service and field project management. We can complete your remodel to your satisfaction. Visit our website or our Houzz page and see many more of our completed projects. Stop by our selection center, 18355 Coastal Highway, Lewes, Delaware.



Did you know that Atlantic Kitchen & Bath uses BuilderTrend for staying in touch with our customers. This is a cloud based interactive construction software that also has an App for phones. Our customers can easily access their job documents, get updated schedule information, receive regular photo updates, be able to share photos to Facebook or other apps and easily stay in touch with our building project manager and office staff. It's a great tool and our customers love it.

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Always Great Ideas

A Recipe for You!



Short Rib Lager Stew

INGREDIENTS

- 2 pounds boneless beef short ribs, each cut in half
- 2 tablespoons all-purpose flour
- 1 tablespoon kosher salt
- 1 tablespoon freshly ground black pepper
- 2 tablespoons olive oil
- 2 cups diced Vidalia onion
- 1 cup diced celery
- 1/2 cup diced green bell pepper
- 6 cloves garlic minced
- 4 cups beef stock
- 1 12-ounce bottle lager
- 1/4 cup chopped herbs, such as sage, thyme and rosemary
- 1 bay leaf
- 4 cups chopped carrots
- 2 cups halved button mushrooms



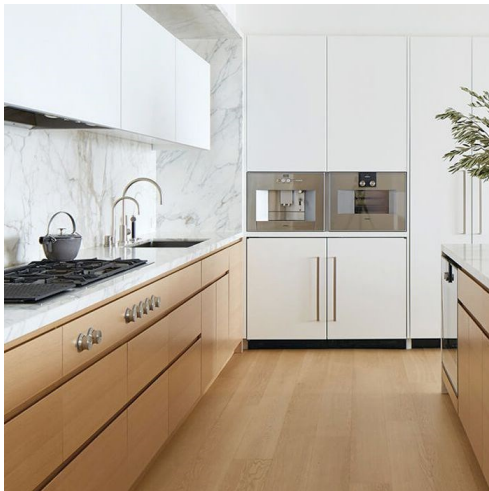
DIRECTIONS

- ◆ Toss beef, flour, salt and pepper in a bowl. Add oil to cast iron pot over medium-high heat. Sear beef until golden on each side.
- ◆ Remove beef and add onions, celery, pepper and garlic. Sauté for 5 minutes until translucent. Season with salt and pepper.
- ◆ Add beef back to pot. Add stock, lager, herbs and bay leaf and cook covered on medium low for 1 1/2 to 2 hours (until the sauce thickens and beef is tender. Add carrots and mushrooms and cook for another 10 minutes on medium heat. Enjoy!



Top Trending 2020

Keeping up with the latest trends is a great way to keep your home looking fresh and modern. Here are just a few of the great trends and designs being set for 2020.



Refreshing Simply: On the technology side, homes keep getting more and more complex but industry design experts see minimalism coming strong. Now its about keeping things simply and making families feel homey and warm. The world of technology is overwhelming and experts agree that we all want our lives decluttered and simple.



Black Plumbing and Lighting Fixtures are in: Surprising to no one this will grow and remain very popular for 2020



Stylish Curves are Coming in Strong:

From gently curving tubs to rounded sinks, smooth curves are here to stay. Smooth and subtle lines that make your bathroom or kitchen feel warm and comforting is what Signature Hardware says is on the way in and showing signs of staying strong.

Come in and see the difference!
18355 Coastal Hwy, Lewes

