



# In Limbo

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Choreographed by:  
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**Description:** 32-count, 4-Wall Intermediate Line Dance  
**Music:** How Long By Dave Barnes (CD: Stories To Tell)  
(Available On iTunes)  
**Start:** 16-Count Intro  
**Phrasing:** 2 Restarts 32-32-16-32-32-32-16-32-28-Finish

**Note:** Think of count 1 in the first three sets of 8 as "Soft". The accent is actually on the "& 2". He is usually singing the words "How Long"

- 1-8 STEP-PRESS-SWEEP, BEHIND-TURN-SWEEP, CROSS, BACK, TRIPLE 1/2 LEFT**  
1&2 Step L foot forward (1), Press R foot slightly in front of L foot (&), Step down on L foot while sweeping R foot behind L foot (2)  
3&4 Step ball of R foot behind L foot (3), Make 1/4 turn left stepping L foot forward (&), Step R foot forward while sweeping L foot over R foot (4) (9:00)  
5-6 Step L foot over R foot (5), Step back on R foot (6)  
7&8 Triple step in place making 1/2 turn left (L-R-L) (7&8) (3:00)
- 9-16 PRESS-RECOVER-SLIDE, BALL-STEP, 1/4 TURN POINT, STEP, CHASE TURN LEFT**  
1&2 Press R foot forward (1), Recover weight to L foot (&), Step R foot back long while slowly sliding L foot next to R foot (2)  
3&4 Continue sliding L foot slightly past R foot (3), Step down on ball of L foot (&), Step R foot forward (4)  
5-6 Make 1/4 turn right on ball of R foot pointing L toes left (5), Step L foot forward (6) (6:00)  
7&8 Step R foot forward (7), Pivot 1/2 turn left on balls of feet (&), Step R foot forward (8) (12:00)

**(Both restarts happen here. The first restart is after the second full rotation facing 6:00. The second time after the 5th full rotation facing 9:00)**

- 17-24 STEP-OUT-OUT, BEHIND-TURN-STEP, PIVOT 1/2 TURN, FORWARD COASTER**  
1&2 Step L foot small step forward (1), Step R foot out right (&), Step L foot out left (2)  
3&4 Step R foot right behind L foot (3), Make 1/4 turn right on ball of R foot stepping L foot next to R foot (&), Step R foot forward (4) (3:00)  
5-6 Step L foot forward (5), Pivot 1/2 turn right on balls of feet (6) (Weight the R) (9:00)  
7&8 Step L foot forward (7), Step R foot next to L foot (&), Step L foot back (8)
- 25-32 ROCK, RECOVER, STEP-PIVOT-CROSS, TURN 1/4, TURN 1/2, STEP, TURN 1/2**  
1-2 Rock R back (1), Recover weight to L foot (2)  
3&4 Step R foot forward (3), Pivot 1/4 turn left on balls of feet (&), Cross R foot over L foot (4) (6:00)  
5-6 Make 1/4 turn right stepping back on L foot (5), Make 1/2 turn right on ball of L foot stepping forward on R foot (6) (3:00)  
7-8 Step L foot forward (7), Make 1/2 turn right on ball of L foot stepping R foot forward (8) (9:00)

**Start the dance again**

**Finish:** On your last wall, do the first 28 counts of the dance as written. You will be facing 12:00 with right foot over left foot. On count 29, point left toes left with a pose.