

# Boulder Ridge Day Camp

## CIT Program Outline 2021

### **CIT Phase 1 Eligibility**

1. 14 years old by the CIT's first day of camp\*.
2. Prior Boulder Ridge camp experience.

### **CIT Phase 2 Eligibility**

1. 15 years old by the CITs first day of camp\*. (CITs cannot switch from a CIT 1 to a CIT 2 mid-summer)
2. Completed BRDC CIT-1 program. (If you have not completed the CIT-1 program you must enclose Two References with your application.)

**All CITs (both first year and returning) will be required to attend Mandatory CIT training. The date for this training will be announced by April 1<sup>st</sup>.**

### **Program Fees (including lunch and bussing if available)**

CIT 1 - \$492.50 per two week session, \$250 for the Mini Session

CIT 2 - \$125 per two week session, \$65 for the Mini Session

### **Application Procedures**

1. Complete and submit CIT Application form. **Applications will be accepted on a rolling basis.**
2. Apply for a minimum of 2 weeks. (Please note this is an exception for 2021, a 4 week commitment will be reinstated for 2022) CITs must apply for entire sessions. The Mini Session can be added to another session but cannot be the only session a CIT attends.
3. First time CITs – Submit 2 References (BRDC Character Reference Form)

### **General Program Details**

1. Placement in camper groups and/or activity specialty areas on a rotating basis: two weeks assisting general counselors in camper groups, and two weeks learning skills in one or more activity specialty areas of their choice. COVID19 UPDATE: Due to restrictions, it is possible that CITs will be required to stay with the same camper group for each two week session, and may not be able to be stationed at activity areas.
2. Leadership training – including personal reflection through group discussions and individual writing assignments, observing program area staff members and general counselors, and leading and presenting to groups.
3. Organizing special camp-wide events with our CIT Coordinator, meeting with CITs and CIT Coordinator during elective for additional training or team building activities, and being involved in morning/afternoon assemblies. COVID19 UPDATE: We are unsure if larger group activities involving multiple camper groups will be allowed in 2021.
4. Service project – to benefit the Boulder Ridge community or the larger community

\* The age deadline will vary each year as the first day of camp changes. If you have a birthday after June 21st you may not be eligible to apply as a CIT-2 or Junior Counselor in future years, depending on the first day of camp.

# Boulder Ridge Day Camp

## CIT Program Outline

### **CIT-1 Goals:**

- Develop leadership skills.
- Develop counseling and teaching skills within the BRDC environment.
- Increase sense of responsibility and service to others.
- Assist Senior Counselors with camper supervision.
- Assist Program Area Counselors in carrying out lesson plans in an activity.
- Improve interpersonal skills with peers, campers, and staff.

### **CIT-1 Responsibilities:**

While at BRDC, a CIT-1 will:

- Participate and assist campers in all activity areas.
- Report any behavior problems to the Senior Counselor in the group.
- Act as a role model to all campers.
- Make their best effort to learn new skills or improve upon old skills.
- Cooperate with all camp personnel to ensure safety for all campers.
- Complete tasks and/or assignments given to them by the CIT Coordinator, whether individually or in a team setting (e.g. keeping a daily camp journal, participating in team building activities, etc).
- Help campers share in the responsibility of care of the grounds by setting a good example.
- Be prompt, neat, and willing to do more than the minimum requirements.
- See that campers keep their belongings in order and out of the Lost and Found.
- Be sure that campers are properly hydrated and protected from the sun.
- Be alert of and report to the office any elements of danger (e.g. broken equipment, loose nails, poison ivy, etc.).
- Carry out any additional tasks set forth by the group Senior Counselor, Program Activity Counselor, or CIT Coordinator.
- Maintain social distancing from campers and staff whenever possible.
- Practice good hygiene including properly covering coughs & sneezes and hand washing and sanitizing.
- Assist the counselors in correcting campers who are not following the proper hygiene procedures in place.

### **CIT-2 Goals:**

- Successfully program and implement a lesson plan for an activity area.
- Lead a group of campers in their daily activities.
- Continue to increase leadership, counseling, and teaching skills.
- Improve camper management skills.
- Increase preparedness for summer camp counselor position.
- Continue to improve interpersonal skills with peers, campers, and staff.

### **CIT-2 Responsibilities:**

While at BRDC, a CIT-2 will continue to follow all CIT-1 responsibilities, as well as:

- Under Senior Counselor supervision, curb negative behaviors of campers.
- Assist Program Area Counselors in programming and implementing activity lesson plans.
- Lead a group of campers for at least twice, acting as the counselor for the group.
- Lead campers at a program area for at least twice, acting as the PAC for the area.
- Carry out any additional tasks set forth by the group Senior Counselor, Program Activity Counselor, or CIT Coordinator.



# Boulder Ridge Day Camp 2021 CIT Application

## To be completed by the CIT

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Grade Completing in June 2021: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

(Please write legibly, as you will be notified of initial receipt of the application via email.)

Position Applying for:     CIT-1     CIT-2

How many weeks would you prefer to be a CIT? \_\_\_\_\_

Please indicate your first choice of session(s):

- Mini Session:** June 21<sup>st</sup> – June 25<sup>th</sup>
- Session 1:** June 28<sup>th</sup> – July 9<sup>th</sup>
- Session 2:** July 12<sup>th</sup> – July 23<sup>rd</sup>
- Session 3:** July 26<sup>th</sup> – August 6<sup>th</sup>
- Session 4:** August 9<sup>th</sup> – August 20<sup>th</sup>

If your first choice of sessions is not available, are your dates of attendance flexible?    YES    NO

Additional info regarding your availability (optional): \_\_\_\_\_

Do you require bussing in order to participate? If so, which bus: \_\_\_\_\_

Preferred Activity Areas\*: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

(Please refer to list on last page, list in order of preference.)

### Camp Experience:

Boulder Ridge Day Camp – years attended: \_\_\_\_\_

Other Camp Experience:

\_\_\_\_\_  
Dates                      Camp    Director    City/State

\_\_\_\_\_  
Dates                      Camp    Director    City/State

**References: *First time CIT applicants only.*** Please have at least two people complete the attached form that can attest to your work habits and character. Examples include teachers, coaches, employers, or mentors. **Please do not include friends, parents or family members.** Please answer the following questions on separate sheet of paper, hand-written:

1. What part of the CIT program are you most looking forward to?
2. Please briefly describe an idea of a project you think could benefit the Boulder Ridge community or the larger community.
3. What are your summer goals at BRDC?
4. How do you think camp benefits children?
5. What are personal examples of good leadership?
6. What do you hope to gain by being a CIT this summer?

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Are there any reasons you may have difficulty in performing any of the essential elements of the position for which you have applied?  YES  NO If yes, please explain: \_\_\_\_\_

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I authorize investigation of all statements herein and release the camp and all others from liability in connection with same. I understand the position of CIT is that of a Counselor-In-Training and that, while I will still be a camper in a special program, my behavior and attitude will be held to the same standards as that of the regular staff. **I understand that CIT training is mandatory for all CIT-1 and CIT-2 participants, and that failure to attend this training will result in not being eligible for the CIT program.**

Applicant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

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Activity Areas:

Archery	Outdoor Adventure
Arts & Crafts	Pedal Karts
Basketball	Performing Arts
Boating	Robotics
Climbing Tower/Zip-Line	Science
Cooking	Soccer
Gymnastics	Tennis
High & Low Ropes	Upper Field (Baseball/Kickball/Group Games)
Jewelry Making	Volleyball
Lacrosse	Workshop
Mountain Bikes	
Music/Dance	

**Return to:** Boulder Ridge Day Camp 104 Goose Green Rd. Barkhamsted, CT 06063  
P: (860) 379-6500 E: info@boulderday.com F: (860) 201-1097