HOPE LUTHERAN CHURCH

Lutheran Congregations in Mission for Christ

508 N. Foss Avenue Fosston, MN 56542

Phone: 218-435-6765 Email: hopezion268@gmail.com Website: hopelutheranfosston.com

RETURN SERVICE REQUESTED

VBS July 18-21, 5:30-8:30pm. All are welcome!!



BIBLE READINGS

Luke 10: 1-20	Genesis 18: 1-10	Psalm 85
Psalm 66: 1-9	Psalm 15	Ecclesiastes 1:2-23
Isaiah 66:10-14	Luke 10: 38-42	Psalm 49: 1-12
2 Kings 5:1-14	Amos 8: 1-12	Colossians 3: 1-11
Psalm 30: 2	Psalm 52	Luke 12: 13-21
Deuteronomy 30:9-14	Genesis 18: 20-32	Hosea 11: 1-11
Psalm 25: 1-10	Psalm 138	Psalm 107: 1-9 & 43
Luke 10: 25-37	Colossians 2: 6-19	
Colossians 1: 1-14	Luke 11: 1-13	
Psalm 82	Hosea 1: 2-10	



HOPE LUTHERAN CHURCH

Tidings of Hope

Our purpose is to glorify God by worshipping, witnessing, teaching, loving and serving our Lord, Jesus Christ.

Dear Friends in Christ,

"I know the plans I have for you, plans for good and not for evil." Jeremiah 29:11 The prophet was God's voice of comfort as the Hebrew children prepared for exile into Babylonian captivity. God is the Master Planner in our lives too, as we trust in Him. God told them through the voice of Jeremiah that captivity would last about 70 years, and it did. In the meantime, God taught them how to thrive in the midst of difficulty, just as He did when they were enslaved in Egypt and became so strong the Egyptians felt threatened and insecure. I have found that sometimes when I plan, God laughs and comes up with something much better, although I don't like it at first. This is part of our journey with Him.

It seems the times are hard, especially now as prices rise. The cost of living is becoming more difficult with rising food costs, gas prices, milk, home and building costs, even baby formula (if you can get it). The lack of workers, the struggle to pay well and offer good benefits is a struggle for business owners. The struggle to continue retirement on fixed incomes that fluctuate down with the stock market and inflation, is not fun, and often scary. We might ask, "Does God really have a good plan for me?" and "If so, what is it?" Trusting in Him is not always easy, yet the Psalmist speaking God's Word promises "Trust and take delight in the Lord, and He will give you the desires of your heart." (Psalm 37:4.)

As we think about these things we might think back on life's landmarks, births, baptisms, graduations, confirmations, birthdays, weddings and other opportunities for new beginnings. Many of us celebrate anniversaries, birthdays, children's accomplishments, maybe even some of our own. Many of us grieve the loss of loved ones, friends, jobs, health, independence, or abilities. When we experience rites of passage, it is a good time to celebrate and to reflect on what has gone well and learn from what has been most meaningful to us. Here are five good questions that could foster lively, meaningful, or helpful conversations between family when you get together this summer.

- album for photographs to remind you.
- find balance in our relationships.
- feeling of support and stronger commitment to each other.

What is one goal you want to reach before the next year rolls around? Goal setting is a practical way of making dreams come true. Remember, if we plan God may laugh and say "that's what you think." If He does, remember He has something better in mind.

Christians have just as much difficulty with which to contend, as unbelievers, or uncommitted believers. The difference is, we trust The Almighty as a resource to help us through the difficulty. Jeremiah 29:11 The prophet was God's voice of comfort. "I know the plans I have for you, plans for good and not for evil." Start by speaking to the Master Planner about the direction of your summer and see where it takes you. See what happens when you listen to His calming voice inside you, and be assured that "He has a plan, for you, plans for good and not for evil."

Yours in Christ, Pastor Jane

pastor's letter

What was your favorite memory from the past year? Can't remember? Take a look through your phone, or

How were you challenged in your most important relationships? Remember struggling doesn't mean failure, most likely struggling together fosters growth of trust, understanding of needs, and understanding between us. As we learn each other's strengths and weaknesses, we can more easily understand each other and forgive when it is needed. Identifying the areas of positive growth builds connection and a feeling of unity. Where did you thrive? This is also a place to identify new strengths and knowing your strengths, builds our confidence. Knowing each other's weaknesses helps us know where and when to be supportive. In this way we

To what event are you looking forward in the next year? One exciting part of looking forward is anticipating shared hopes, dreams and/or experiences. Talking about them and planning together gives us optimism, a

July 2022

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3 9:30 am Worship Pr. Dan Ostercamp preaching	4 Office Closed Happy 4th of July!	5	6	7 No Bible Study	8	9
Pastor at Family	Camp—					
10 9:30 am Worship— Holy Communion	11	12	13 7:30 Church Council	14 1:30 pm Bible Study	15	16
1 7 9:30 am Worship Tim Johnson preaching	18 5:30-8:30pm VBS	19 5:30- 8:30pm VBS	20 5:30-8:30pm VBS	21 1:30 pm Bible Study 5:30-8:30pm VBS	22	23
24 9:30 am Worship	25	26	27	28	29	30
31 9:30 am Worship						

Happy birthday to these Hope Family Members!

1 st Norma Quam	Seth Kennedy
Scott Christen	20 th Gary Munter
McKayla Hove	Heather Webb
3 rd Madison Bailie	Annabel Sistad
Taylor Carlson	21 st Beth Munter
4 th Steven Fjerstad	22 nd Alex Hagen
Sandra Sultvedt	Kristin Norland
5 th John Carlin	25 th Johanna Larson
6 th Jane Ekholm	27 th Alisa Halvorson
12 th Amanda Murphy	Nathan Pederson
EmRay Quam	28 th Steve Sovick
13 th Ellsworth Danielson	Theodore Busse
Gus Farnworth	30 th Verna Ekeberg
15 th Mark Malmanger	31 st Luke Radtke
17 th Brian Larson	Benjamin Steinb
19 th Melissa Kennedy	-
	Happy Birthday to Pastor
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appy Birthday to Pastor Jane on July 6th and steve Sovick on July 28th!

Please remember the following in your prayers:

Ashley Shervl Christina Anderson Orlando Arroyo Elizabeth Barrineau Karen & Marge Bolme Stella Burris Berniece Carlin Verna Ekeberg Lori Fletcher- Schroeder Donald Gwynn & niece, Shirley Mary & Kenny Gregson Greg Gubrud Oskie & Mary Hanson Malia Halvorson Naomi & Gunnard Halvorson John & Dorene Hanson D'etta Heid Carol Heide Marian Jenkins Christine Johnson Gwen & Michelle Johnson Mike Knutson Bill Kuzmaul Craig Larsen Marion Larson

Phyllis Larson Dean & Joe Lindberg Susan Lockwood Bill & Phyllis Malwitz Father John Mielkes Denise Monson Kate Moore **Richard Miller** Paul Nelson Angie Olson Janet Olson Bennet & Gloria Osmonson Frances Preszler Jeanne Rains Malachi Raines Father John Rock Trina Rogers Charles Rose Margaret Rustad Ilene & Dennis Sistad Hilma Stadstad Paisley Straub Brad & Mary Sistad Tubby Solsten Phyllis Sterry Donna Thomas Hazel Trogstad

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IMPORTANT NOTICE

Praver Updates

Please notify the office of the status the person you put on the prayer list. If you wish for continued prayers, please let us know. After 1 month, if we have received no further communication, the name will be removed from the list. Otherwise our list gets too long!

Thank you for your assistance with this important part of our ministry.

> Christopher Vezner Dean Vikan Drew Wahlstrom Carol Wold

The Families of:

Glendine Benson Grace Johnson

Missionaries:

Ignite in Fosston The Schroeder's in the Philippines Simon Hamer in Estonia The Nellermoe's and others in China Service Ventures Tom & Eunice Olson in the Congo The churches in Ukraine Calvary Lutheran in TRF

Families preparing for baptism, confirmation and attending Bible camp.

LCMC Augustana District |Convocation Report

Report from Augustana District Convocation May 5-7, 2022 at Mount Carmel Bible camp by Alexandria.

Bible verse for the gathering was from **2 Corinthians 4:7-12. Saint** Paul writes: "But we have this treasure in jars of clay, to show that the surpassing power belongs to God and not to us etc.....

The meeting we attended is usually broken into two separate meetings. Clergy were addressed the first day and half, laity the last day. However, since we just came out of Covid the meeting was combined for everyone. Thursday night Reverend Dr. Chris Croghan talked about current landscape and context of ministry a subject that was completely poised for ministers. Pastor Croghan stressed that Lay people who would like to become ministers could audit classes from Luther House on their schedule. Once completed then they would pay for tuition to receive a certificate of completion.

Friday and Saturday we opened with church service with Communion on Friday, a typical service (well maybe not) 40-some ministers singing four-part harmony. Pat said was like standing at the pearly gates of heaven. I agreed. Reverend Croghan gave a two-part presentation for the remainder of day entitled Out Law God a three-part series written by Dr. Stephen Paulson. In his presentation he addressed how we as Christians try to follow his law, but then God doesn't play by our rules. He rules by granting us mercy on our wrong doings. He has a podcast at outlawgod.org.

We finished the day with Pastor Julie Smith talked on Youth Ministry and youth outreach programs in communities. A Minister from Sioux Falls came and talked about her outreach called Table Ministry in a bar. quite successful.

Saturday morning leading up to business meeting Pastor Julie gave a presentation on hidden treasures. Her reference was her grandma's pristine cookie iars with no cookies are like the Clav iars in the Bible. Each one of us have hidden talents we can share with our church community.

Going into the business meeting since 2021 the LCMC nine new congregation's, nine clergy and four associate members have joined.

The business meeting was run like any typical meeting the majority of you have probably attended. Finances are great; churches have really met the challenge of giving for missions. Voted to approve nominations for future committees, and the one controversial vote we were looking forward to voting on was pulled from the meeting and tabled for further research.

Submitted by Ron and Pat Eggers

Four women share a birthday and always celebrate it together.

For their 40th birthday they go to the Lakeview restaurant because the waiters are cute and wear tight pants.

For their 50th birthday they go to the Lakeview restaurant because the prices are reasonable and it has a good wine list.

For their 60th birthday they go to the Lakeview restaurant because it's quiet and has a nice view.

For their 70th birthday they go to the Lakeview restaurant because it's wheelchair accessible.

For their 80th birthday they go to the Lakeview restaurant because they've never been there before.

Electronic giving offers convenience for individuals and provides much needed donation consistency for our congregation. As you contemplate future contributions, think about giving electronically. Contact the church office with any questions or to sign up.



Praver Chain Our Prayer chain needs new people! If you would like to be a part of this ministry and are willing to take the time to pray for those in need, it is a great gift!

Please let Pastor Jane know of your willingness to serve in this way. Call Pastor Jane at the office at 435-6765, or cell 218-820-2017 for more information. You can also email her at jekholm@luthersem.edu Thank you!

GIFTS & MEMORIALS

Gifts were given to the Cemetery Fund in memory of Arlys Hasselton Erickson and Jeff Hassey.

Gifts were given to the Audio/Visual Fund in memory of Bob Theis and Charles Balstad, Jr.

A gift was given to the Retaining Wall Fund in memory of Helen Mae Frethem.

A new dishwasher/sanitizer was installed in the kitchen this past month. A fund has been established to help pay for the machine.

If you would like to donate, send your gift to the church office, or place it in the offering plate and label it: "Dishwasher Fund".



JULY SERVERS

ALTAR GUILD: Anita Lucken & Margot Simonson

COMMUNION SERVERS: Ken Hove, Sara Johnson, Carrie Danielson, and Nancy Andree

HEAD USHERS / ACOLYTES:

July 3	Tom Kleinwachter	Heidi & Ben
July 10	Terry Halvorson	Miley Hove &
July 17	Sid Fjerstad	Ethan Larso
July 24	Darin Larson	Lexi Mahlen
July 31	Rod Olson	Peyton Radt



H.E.L.P. is Here! Our Health Equipment Lending Project room has a selection of home health equipment. If you are in need of a loan of this kind of equipment, please call the church office. The intent is that this ministry would be the hands and feet of Jesus to anyone in need of this kind of assistance. Donations of all types of home health equipment are welcome.

Broadcast Ministry Our worship service is broadcast on KKCQ 96.7FM & telecast on City Cable channel 67 & Garden Valley TV channel 31 every Sunday at 9:30 am. A live broadcast of the worship service is also available on the internet. Just search: "Hope Lutheran Fosston" to reach our website. You can view or print the bulletin, and then click on the YouTube link to join the service live.

You can also find us on Facebook at:

hopelutheranchurchfosston!

Current Staff at Hope Church:

Pastor: Jane Ekholm Office: 435-6765; home: 435-1484; Cell: 218-820-2017; Email: jekholm@luthersem.edu Custodian: Steve Sovick home: 435-1754 Cell: 218-431-0692 Office: phone: 435-6765 Email:hopezion268@gmail.com A/V: Ryan Hanlon cell: (612) 910-9436 Musician: Diane Boucher (kingtown@gvtel.com) Choir: Charity Salmonson •

Steinbrenner

& Alex Johnson

on & Jakob Rudie

& Jake Wickham

tke & Micah Malmanger

Hope VBS July 18th-21st

Come join us for another fantastic week of Vacation Bible School at Hope! This year's program will be Monumental, Celebrating God's Greatness.

At VBS, the kids will discover the vastness of God's love. Studies show that many kids today struggle with feelings of inadequacy, walking through deep valleys and canyons of loneliness. Our VBS is intended to point kids' eyes up, to a loving, powerful God who is bigger than...well, anything!

VBS will run from July 18th-21st, beginning with supper at 5:30pm and ending at 8:30pm.

Contact the church office or Emily Quam (218)280-0964 if you would like to volunteer to help with the fun!



YOU SAY ... GOD SAYS ...

I will direct your steps.

All things are possible.

I will give you rest.

I love you.

I am able.

I forgive you.

It will be worth it.

I will give you wisdom.

My grace is sufficient.

You can do all things.

I will never leave you.

YOU SAY

I can't figure it out. I'm too tired. It's impossible. Nobody loves me. I can't forgive myself. It's not worth it. I'm not smart enough. I'm not able. I can't go on. I can't do it. I can't manage I'm afraid. I feel all alone

BIBLE VERSES GOD SAYS

Proverbs 3:5-6 Matthew 11:28-30 Luke 18:27 John 3:16 Romans 8:1 Romans 8:28 I Corinthians 1:30 II Corinthians 9:8 II Corinthians 12:9 Philippians 4:13 Philippians 4:19 I will supply all you needs. II Timothy 1:7 I have not given you fear. Hebrews 13:5

BibleStudyTools.co

Visit to our friend, Donna Thomas, with a quilt to comfort her in her new home.





Tree Down at the Parsonage following storm! Thank you to Matt Wickham of Wickham's Tree and Stump Service for coming to the rescue.

Congratulations to Dr. Steve Ekholm on 40 years (June 21, 1982) serving the Walker community as veterinarian, and to native Fosstonite, Michelle Vedbraaten-Larson, and her husband, Toby, the new owners of the Walker Animal Hospital. May God bless their work.

