

## Harvest Years

1977



2017

## Senior Center

30 SOUTH STREET, CAMDEN, DE 19934

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### HOURS

Monday - 8 AM - 3 PM  
Tuesday - 8 AM - 3 PM  
Wednesday - 8 AM - 3 PM  
Thursday - 8 AM - 3 PM  
Friday - 8 AM - 3 PM

*Closed Saturday & Sunday*

### Harvest Years Senior Center, Inc. Board of Directors 2018

Richard Reynolds.....President  
Don Blakey.....Vice President  
Linda McDonald.....Treasurer  
Don Dean.....Secretary

Tom Bones.....Executive Director

Board Members: Vivian McDonald,  
Dick Bewick, Barbara Morton, Joan Schwartz,  
Judie Burke

Next Meeting: AUGUST 23, 2018  
12:30 PM

## Harvest Years Monthly

**AUGUST 2018**  
**VOLUME 16 - ISSUE 8**

302 698-4285 - Website: <http://harvestyears.org>

*1977 Celebrating 40 Years 2017*

### *New Van For Harvest Years Senior Center*



A big ***“Thank You”*** to the  
***Delaware Transit Corporation!***

*We have received our new white handicapped accessible van and we will now be able to rollout our medical appointment program in August.*

*You can look forward for more information shortly. Please give us a call in August at (302) 698-4285 and we can discuss the details of this new program with you.*

## Happy "August 2018" Birthdays

4 Margaret Waldner	15 Ellen Benson	22 Brenda Levine
5 Lawrence Finney, Jr.	15 Kathy Brennan	22 Phyllis Racz
5 Ruth Probst	16 Anthony Zentgraf	24 Cally Jimroglou
5 Martin Woomer	17 Joseph Mazzola	24 Donna Melli-DeMaria
6 Mary Freeman	18 Ada Greenly	24 Sarah Woikoski
6 Robert Seliga	18 Mollie Nickle	26 Ellen Lazzeri
8 Faith Johnson	19 Nancy Holland	26 Paula Webber
9 Deborah Bleau	20 Mary Bookhultz	27 Sheila Carey
9 Rebecca Vinson	21 Leona Landmesser	27 Ramona Gadbury
10 Alvin Puller	21 Gloria Melchionda	30 Eugene Errera
11 Arlene Drobish	21 Lena Tierson	30 Joan Marsh
11 Diane Leech	21 Carl Weaver	30 Romaine Seward
13 H. Lydia Williams	22 James Clark	And Many Happy Returns

### Laughter Is The Best Medicine

The graveside service just barely finished, when there was a massive clap of thunder, followed by a tremendous bolt of lightning, accompanied by even more thunder rumbling in the distance....The little old man looked at the Pastor and calmly said, "Well, she's there"

**\*\*\*PLEASE BE SURE TO CALL - (302) 698-4285\*\*\***

**\*\*\*PLEASE MAKE YOUR (RESERVATION ) FOR A FREE BIRTHDAY LUNCH\*\*\***

We invite you to a **BIRTHDAY LUNCH** here at Harvest Years as part of your membership. HOWEVER, you must attend the **BIRTHDAY CELEBRATION** on our "**BIRTHDAY DAY**" which is always the **third** Thursday of each month. You must "eat-in". You may not "take-out" the free meal. If you do not see your name on the list of names for **AUGUST** it may be because you are not current with your annual dues and are not eligible for a free birthday lunch. If you think we have made an error do not hesitate to see Tom or Diane..... **HAPPY BIRTHDAY and Thank You...**

**LUNCH IS SERVED DAILY MONDAY THRU FRIDAY 11:30 AM - 12:30 PM**

**YOU MUST CALL HARVEST YEARS SENIOR CENTER TO MAKE YOUR LUNCH RESERVATION by 10 AM. LET US KNOW IF YOU WILL BE CELEBRATING YOUR BIRTHDAY WITH US PRIOR TO AUGUST 16, 2018 .**

### ***Trips - 2019***

***Yes, we have started our travel plans for next year.***

***Watch for upcoming Newsletters for more Info.***

### **Golden Dinner Club**

Our Monthly fundraiser is open to **all** our members, their families and friends.

Each month we choose a local Restaurant and we get-together to eat, celebrate events and have fun.

*Best of All* we get a **donation** for our center.

## *From You Executive Director Tom Bones*

It's not over yet! I hope this month of August finds you keeping cool, beating the heat, and enjoying some summer fun! Although many of you are traveling to spend time with family and friends, we still have lots of sunny day activities going on here at The Harvest Years. Please check out our activities calendar and our August lunch menu. Stop in any weekday!

Some pre-planned fall fun awaits you as well. We will once again hold our **2nd Yard Sale** of the year on **October 27th**. Many helping hands are needed to make this a success. Another event to look forward to is our **Annual Arts and Crafts Fair** scheduled for **Saturday, November 3rd**. Please contact us if you are willing to volunteer for either of these special fundraising events.

A big **"Thank You"** to the **Delaware Transit Corporation**! We have received our new white handicapped accessible van and we will now be able to rollout our medical appointment program in August. You can look forward to more information shortly. Give us a call in August and we can discuss the details of this new program with you.

August is **Volunteer Appreciation Month** here at The Harvest Years. Throughout the month we will be giving away prizes for our volunteers! We will also celebrate these dedicated members and all of the time and energy that they give to us with a special luncheon in their honor. Please stop in, cool down, and enjoy a good lunch and some fun.

As always, we welcome any new project ideas, trip suggestions, member activities or comments. As we move into a new fiscal year, please feel free to utilize the suggestion box as well, that is placed by the front desk.

Enjoy the last month of the Summer - 2018!

Come in and join us for a Root Beer Float!!



## *Activity Notes by Diane Amoroso*



The **"Dog Days of Summer"** are upon us. It's seems almost impossible that we are into the month of August. Time is certainly flying by.

Part of the reason time is going by so quickly is that we are so busy here at The Harvest Years. As they say "Time flies when you're having fun!" We have gone on many very successful trips to date and have had so much fun and experienced so many exciting things. In August we have four trips scheduled and they are all 'sold out'.

There is still time for you to sign-up on some of the remaining trips for 2018. The musical **"Treasure Island"** is showing at the **FULTON THEATRE** with lunch at **Shady Maple** in Lancaster. If you enjoy the old-time type of musicals this is a show you do not want to miss. Sing along songs, dancing, beautiful costumes and a delicious Dutch Smorgasbord Luncheon. The date is: **Wednesday, October 10th**. Please call to sign up for this fabulous show!

Before long 2019 will be here and I've been working on several day trips and two overnight trips. We will be having our **Annual Trip Meeting** on **Friday, October 26th at 1 PM**. You are all invited to attend and discuss trips that you may like to see happen in 2019.

**Kent County Representatives  
District General Assembly  
Contact Information**

Name	Phone Number or E-Mail	District
Jeff N. Spiegelman - 302 744-4171 or Jeff.Spiegelman@state.de.us		RD 11
William J. Carson - 302 744-4113 or William.Carson@state.de.us		RD 28
Trey Charles Paradee - 302 744-4351 or Trey.Paradee@state.de.us		RD 29
William R. Outten - 302 744-4083 or Bobby.Outten@state.de.us		RD 30
Sean M. Lynn - 302 744-4351 or Sean.Lynn@state.de.us		RD 31
Andrea L. Bennett - 302 744-4351 or Andrea.Bennett@state.de.us		RD 32
Charles S. Postles Jr. - 302 744-4081 or Charles.Postles@state.de.us		RD 33
Lyndon D. Yearick - 302 744-4171 or Lyndon.Yearick@state.de.us		RD 34

**Senators Delaware General Assembly  
Contact Information**

Name	Phone Number or E-Mail	District
Bruce C. Ennis - 302 744-4310 or Bruce.Ennis@state.de.us		SD 14
Dave G. Lawson - Dave.Lawson@state.de.us		SD 15
Colin Bonini - 302 744-4169 or Colin.Bonini@state.de.us		SD 16
Brian J. Bushweller - Brian.Bushweller@state.de.us		SD 17
F. Gary Simpson - 302 744-4134-Gary.Simpson@state.de.us		SD 18



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**Teresa Davis - Realtor**

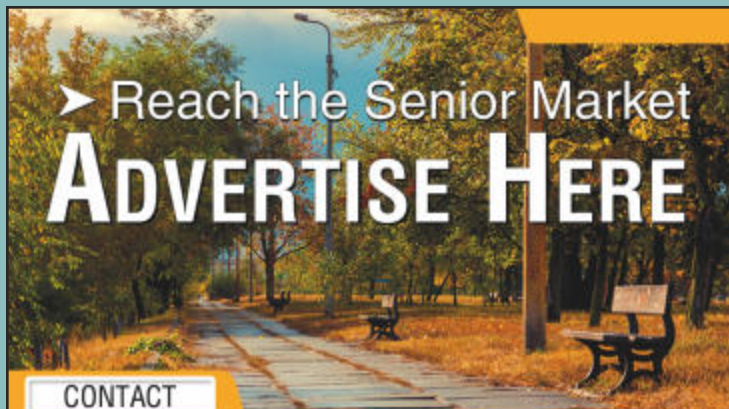
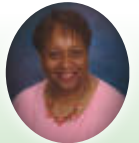
3841 N. Dupont Hwy.,  
Dover, DE

**302-674-4500 Office**

**302-423-6406 Cell**

[teresa@KRprops.com](mailto:teresa@KRprops.com)

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**or (800) 477-4574 x6398**

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**CLASSROOM COURSE**

\$15 for AARP members  
\$20 for non-members

**TO FIND A COURSE NEAR YOU:**

Call Roger at **302-697-1933**  
or visit [www.aarp.org/findacourse](http://www.aarp.org/findacourse)



## Legislative Roundup

After a marathon session that started at 6 PM on June 30, the Senate and the House of Representatives completed their work on legislative and budget matters for 2018 at 8:30 AM on July 1. This year was marked by a significant rebound in state revenue from last year when we were faced with a large deficit. Here's a roundup of some of the most significant issues.

Of major concern to senior citizens was the Grant-In-Aid bill. This is the bill through which the State supports senior centers, fire companies, veteran organizations and non-profits. Last year, because of the deficit, the General Assembly cut all those organizations by 20% across the board, creating serious budgetary problems for them. As we finished out fiscal year 2018, though, we were able to fully restore the 20% cut. Senior Centers, in particular, breathed a sigh of relief. Now, they can continue working to meet the needs of their members without this cut hanging over their heads.

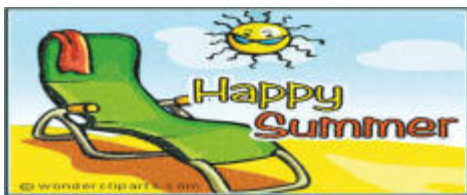
In other budget matters, the State set aside nearly \$50 million in cash to help ease what many think will be another bad year for state revenue next year. By not spending this money this year, we can help offset some of any shortfall that may occur. I believe this demonstrates a healthy level of fiscal restraint and responsibility that speaks well for our State.

Also of interest to seniors, the General Assembly limited the applicability of the \$400 credit against school taxes to only those seniors whose income is below \$50 thousand. This preserves this assistance for those most in need.

Two bills of particular importance to Kent County were the "casino bill" (Senate Substitute 1 for Senate Bill 144) and Senate Bill 90. These were both my bills. The casino bill was finally passed into law toward the end of June. It reduces the State's "take" from the casinos, thus partially correcting the serious mistakes we have made in the past in our financial relationship with that industry. SB 144 goes a long way toward protecting the jobs of more than 2,300 people in Kent and northern Sussex Counties. I have been working on this bill or its predecessors for several years. The bill is very important to the economic health of our area.

SB 90 was also a long time coming. It finally adds a fourth year to the Inspire Scholarship at Delaware State University. The General Assembly first created the Inspire Scholarship in 2010 but limited it to only the first three years of a four year degree. Many of the Inspire Scholars were left high and dry after three successful years in the University. Now, as long as they keep their grades up, they can go to Del State tuition free for the full four years.

Another bill of interest to many was the minimum wage bill. The last time the General Assembly passed an increase in the minimum wage was 2014. This year's bill will increase the minimum wage from \$8.25 per hour to \$8.75 as of October 1 of this year and then to \$9.25 as of October 1 of next year. We also added two categories of sub-minimum wages: workers under the age of 18 and new workers 18 or over during their first 90 days on the job. Each will have a minimum wage \$.50 below the regular.



## - AUGUST 2018 MENU -


Monday	Tuesday	Wednesday	Thursday	Friday
<b>Golden Dinner Club</b> <b>Monday, August 13th</b> <b>4 PM</b> <b>TEXAS ROADHOUSE</b> <b>Camden, DE</b> <b>Please Call HYSC for</b> <b>your Reservation</b>		<b>1.</b> Roast Beef Mashed Potatoes Carrots Bread or Rolls Pudding/w Whipped Cream	<b>2.</b> Corn Beef & Cabbage Boiled Potatoes Bread or Rolls Cake	<b>3.</b> Cobb Salad Turkey, Ham, Bacon, Egg, Lettuce, Blue Cheese Assorted Desserts
<b>6.</b> Swedish Meatballs over Buttered Noodles Peas Bread or Rolls Fruit	<b>7.</b> Salisbury Steak Onion/Gravy Mashed Potatoes Broccoli Ice Cream	<b>8. <u>PEACH FESTIVAL</u></b> Baked Salmon Roasted Potatoes Green Beans Bread or Rolls <b>Peach Cobbler</b>	<b>9.</b> Chicken & Stuffing Mixed Vegetables Bread or Rolls Cantaloupe	<b>10.</b> Grilled Sausage w/Onion & Peppers Tomato & Cucumber Salad / Chips Assorted Desserts
<b>13.</b> Homemade 3-Bean Chili House Salad Corn Bread Fresh Fruit	<b>14.</b> Beef Stew Biscuit Applesauce Peaches	<b>15.</b> Rotisserie Chicken Scalloped Potatoes Mixed Vegetables Bread or Rolls Fruit Cocktail	<b>16. <u>Happy Birthday Lunch</u></b> <b>Roasted Pork Loin</b> <b>Mashed Potatoes</b> <b>Broccoli</b> <b>Bread or Rolls</b> <b>Ice Cream &amp; Cake</b>	<b>17.</b> Chicken & Potato Salad Platter Lettuce & Tomato Crackers Assorted Desserts
<b>20. <u>All You Can Eat Buffet</u></b> <b>Sloppy Joe's on a Bun</b> <b>Tossed Salad</b> <b>Cookies</b>  <b>\$5.00</b>	<b>21.</b> Baked Chicken Sweet Potatoes Broccoli Bread or Rolls Brownie	<b>22.</b> Baked Lasagna Tossed Salad Italian Bread Fruit	<b>23.</b> Baked Flounder Macaroni & Cheese Stewed Tomatoes Bread or Rolls Peaches	<b>24.</b> Two Dogs Lunch Baked Beans Cole Slaw Assorted Desserts
<b>27.</b> Fish & Chips Tomato Salad Rolls Fresh Fruit	<b>28.</b> Baked Meatloaf Mashed Potatoes Corn Bread or Rolls Tropical Fruit	<b>29. <u>"Grand Kids Day"</u></b> <b>Spaghetti &amp; Meatballs</b> <b>Tossed Salad</b> <b>Italian Bread</b> <b>Cookies</b>	<b>30.</b> Roasted Chicken Brown Rice Buttered Beets Bread or Rolls Cake	<b>31.</b> Cheeseburgers On a Bun Baked Fries Lettuce & Tomato Assorted Desserts



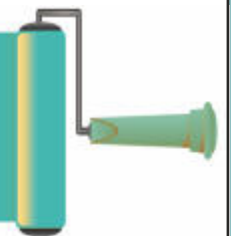
### IMPORTANT INFORMATION FOR YOU!

Beginning this year, 2018, anyone taking a trip with Harvest Years Senior Center must carry with them a photo ID. Many of our trips will require security screenings. If you do not bring your ID you will not be permitted on the trip. **THANK YOU**

## - AUGUST 2018 ACTIVITIES -

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>DRIVE CAREFULLY</b> <b>SCHOOL BEGINS</b> <b>WATCH FOR THOSE STOPPED</b> <b>SCHOOL BUSES</b> <b>&amp; School Crossings</b>	1. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$ \$ 5 PM - 5:45 PM \$ \$ <b>FEARLESS YOGA</b>	2. \$ \$ 8:30 AM - Yoga \$ \$ 9:45 AM - L.I.F.E. Aerobics Class \$ \$ 5 PM - 6 PM \$ \$ <b>Total Body Workout</b>	3. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades
6. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy \$ \$ 5 PM - 5:45 PM \$ \$ <b>FEARLESS YOGA</b>	7. \$ \$ 8:30 AM - Yoga \$ \$ 9:30 AM - Crafts 12 NOON - Domino's \$ \$ 5 PM - 6 PM \$ \$ <b>Total Body Workout 20</b>	8. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$ \$ 5 PM - 5:45 PM \$ \$ <b>FEARLESS YOGA</b>	9. <u>Harrington Slots</u> \$ \$ 8:30 AM - Yoga \$ \$ 9:45 AM - L.I.F.E. Aerobics Class \$ \$ 5 PM - 6 PM \$ \$ <b>Total Body Workout</b>	10. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades
13. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy \$ \$ 5 PM - 5:45 PM \$ \$ <b>FEARLESS YOGA</b>	14. \$ \$ 8:30 AM - Yoga \$ \$ 9:30 AM - Crafts 12 NOON - Domino's \$ \$ 5 PM - 6 PM \$ \$ <b>Total Body Workout</b>	15. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$ \$ 5 PM - 5:45 PM \$ \$ <b>FEARLESS YOGA</b>	16. \$ \$ 8:30 AM - Yoga \$ \$ 9:45 AM - L.I.F.E. Aerobics Class \$ \$ 5 PM - 6 PM \$ \$ <b>Total Body Workout</b>	17. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades
20. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy \$ \$ 5 PM - 5:45 PM \$ \$ <b>FEARLESS YOGA</b>	21. \$ \$ 8:30 AM - Yoga \$ \$ 9:30 AM - Crafts 12 NOON - Domino's \$ \$ 5 PM - 6 PM \$ \$ <b>Total Body Workout</b>	22. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$ \$ 5 PM - 5:45 PM \$ \$ <b>FEARLESS YOGA</b>	23. \$ \$ 8:30 AM - Yoga \$ \$ 9:45 AM - L.I.F.E. Aerobics Class \$ \$ 5 PM - 6 PM \$ \$ <b>Total Body Workout</b>	24. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades
27. 9:45 AM - L.I.F.E. Aerobics Class 9:30 AM - 500 Rummy \$ \$ 5 PM - 5:45 PM \$ \$ <b>FEARLESS YOGA</b>	28. \$ \$ 8:30 AM - Yoga \$ \$ 9:30 AM - Crafts 12 NOON - Domino's \$ \$ 5 PM - 6 PM \$ \$ <b>Total Body Workout</b>	29. 9:30 AM - 10:30 AM Land Aerobics 9 AM - 11:30 AM Ceramics 12:30 - Hand & Foot \$ \$ 5 PM - 5:45 PM \$ \$ <b>FEARLESS YOGA</b>	30. \$ \$ 8:30 AM - Yoga \$ \$ 9:45 AM - L.I.F.E. Aerobics Class \$ \$ 5 PM - 6 PM \$ \$ <b>Total Body Workout</b>	31. 10 AM - 11 AM Line Dancing w/Ben & Charlotte 12 NOON - Mah Jong 12:30 - Spades

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# HARVEST YEARS SENIOR CENTER



## "HAIRCUTS by PAT"

30 SOUTH STREET, CAMDEN, DE 19934

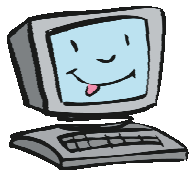
**Pat Reynolds, R.C.**

PROFESSIONAL HAIR STYLIST

Hours: Tuesday, Wednesday, & Thursday  
9 A.M. TO 3 P.M.

PLEASE CALL FOR AN APPOINTMENT

(302) 698-4285



Don't know what to do now that  
you've turned on your  
computer or smart phone?

Let Terry help you! Terry Anderson, a retired Air Force Pilot and retired from the Department of Education, has volunteered his time and expertise to teach a one on one computer class.

He has now offered to teach a one on one class on how to use your **Smart Phone**. If you know the basics but would like to know more please give your name and telephone number to Diane and she will set up an appointment with the

**"Computer Guy!"**

Call Diane: 302 698-4285

## **AARP DRIVER SAFETY COURSE**



Harvest Years Senior Center  
30 South Street, Camden, DE  
302 698-4285

**NEXT CLASS - MON. AUGUST 27TH**  
**9 AM - 1 PM**

Member: \$15.00 per person  
Non-Member: \$20.00 per person  
Make Checks Payable To: AARP



## Join Us For Our Annual End of Summer Ice Cream Party

*I Scream, You Scream, We All Scream for  
ICE CREAM!!!*

Wednesday, AUGUST 29th at 12 Noon

Ice Cream Sundaes, Banana Splits or Root Beer Floats  
\$3.50 EACH

Please Sign Up & Pre-Pay At The Front Desk



## **GOLDEN DINNER CLUB**

**Texas Roadhouse**  
**Camden, DE**

**August 13, 2018 - 4 - 6 P.M.**

JOIN US FOR OUR MONTHLY  
FUNDRAISER - We Always Have A Great Time!!  
**PLEASE** Call Diane before AUGUST 10th  
If you are planning on joining us.



## **ATTENTION TO ALL HYSC VOLUNTEERS**

To all our volunteers: If you  
volunteer at Harvest Years you  
must remember to keep track of  
your hours in our  
RSVP Book located at the  
Front Desk.

Any new volunteer, please ask for  
the book & track your hours.

## **HARVEST YEARS' CLOTHING DOLLAR STORE FEATURES**

**GENTLY USED WOMEN'S & MEN'S**  
**- CLOTHING - SHOES - HATS -**

**ALL PRICED AT \$1.00 EACH**

**STORE IS OPEN MONDAY - FRIDAY**  
**8:30 AM - 3 PM**

**New Items Added Daily**

*You are invited to stop by and  
browse at our really nice selections.*

# PERIPHERAL NEUROPATHY WARNING!



Dover, DE - The most common method your doctor will recommend to treat your neuropathy is with prescription drugs that may temporarily reduce your symptoms. These drugs have names such as Gabapentin, Lyrica, Cymbalta and Neurontin, and are primarily antidepressant or anti-seizure drugs. These drugs may cause you to feel uncomfortable and have a variety of harmful side effects.



Figure 1: Notice the very small blood vessels surrounding each nerve.

Peripheral neuropathy is a result of damage to the nerves often causing weakness, pain, numbness, tingling and most debilitating balance problems. This damage is commonly caused by a lack of blood flow to the nerves in the hands and feet which causes the nerves to begin to degenerate due to lack of nutrient flow.



Figure 2: When these very small blood vessels become diseased they begin to shrivel up and the nerves begin to degenerate.

***In order to effectively treat your neuropathy three factors must be determined***

- **What is the underlying cause?**
- **How Much Nerve Damage Has Been Sustained.**  
NOTE: Once you have sustained 85% nerve loss, there is likely nothing that we can do for you.
- **How much treatment will your condition require?**

***The treatment that Dr. Steve Goldschlager, D.C. provides has three main goals***

- 1) **Increase blood flow**
- 2) **Stimulate small fiber nerves**
- 3) **Decrease brain-based pain**

Figure 3: The blood vessels will grow back around the nerves much like a plant's roots grow when watered.



**Dr. Steve Goldschlager, D.C. will do a neuropathy severity examination to determine the extent of the nerve damage for only \$60.00 for the first 25 callers. This neuropathy severity examination will consist of a detailed sensory evaluation, and a detailed analysis of the findings of your neuropathy.**

**Call 302-735-5501 to make an appointment to see if Dr. Goldschlager can help you.**

Note: We are located at 77 Greentree Drive in the Greentree Shopping Center.

## Supplemental Nutrition Assistance Program

Putting Healthy Food Within Reach  
[assist.dhss.delaware.gov](http://assist.dhss.delaware.gov)

Meet Oscar Sebastian at 11 AM on the second Tuesday of each month during 2018. If you are 50 years old or older, Oscar can answer any questions you may have about the SNAP program or he can assist you in filling out the required application.



If you are unable to stop in to see Oscar please feel free to call him at 302 734-1200 Extension 174



## New Trip — New Casino

**MGM NATIONAL HARBOR CASINO**

Wednesday, October 17, 2018

**\$45.00 Per Person**

Tour Bus Transportation, Bus Driver Gratuity, and **\$15.00 Free Slot Play** Upon Arrival

Leaving Camden Town Hall at 8 AM Sharp!!  
Rated ( E )



**You Are All Invited To Join Us  
For Lunch At  
Harvest Years Senior Center**

Monday thru Friday - 11:30 AM - 12:30 PM

**COST:**

**Member - \$4.50 - Non-Member - \$7.00**

Delicious Food, Nice People & Good Times.  
Bring A Friend Too!!

As a courtesy to our Kitchen Staff, please call by 10 AM if you are planning to join us for lunch or to order a take-out meal. Our lunch is cooked fresh daily in our kitchen and we want to be sure we can serve everyone.  
\*\*698-4285\*\*

**JOIN HARVEST YEARS AND SAVE \$1.00 !!**  
**FOR NEW MEMBERS ONLY IN 2018**

YOU ARE ENTITLED TO A ONE-TIME **\$1.00 OFF** SAVINGS COUPON TOWARDS YOUR 1st LUNCH AT HARVEST YEARS SENIOR CENTER. SEE FRONT DESK RECEPTIONIST FOR YOUR \$1.00 OFF COUPON.



***Our Soup Kitchen will be  
open in September.***

**EXTRA IN-HOUSE ITEMS**

Desserts \$2.00 each  
Just Entrees \$3.00 each  
Starch/Vegetable \$2.00 each

Homemade Desserts  
\$3.00 Cup / \$4.00 Pint / \$7.00 Quart

Sandwich entree price to be determined that day.  
Any Other Items - See Tom or Marguerite

\*As of October 1, 2016 we added an additional charge of \$1.00 for TO-GO MEALS.

***Bon Appetite!!***

**smile.amazon.com**



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SENIOR CENTER, INC.**

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*When you shop at AmazonSmile, Amazon will  
donate to Harvest Years Senior Center, Inc.  
Support us every time you shop.*



**We Serve**

**"Unselfish Service to the Community"**

**Camden - Wyoming  
Lions Club**

**The Camden - Wyoming Lions Club meets  
monthly at Harvest Years Senior Center  
30 South Street, Camden, DE.**

**NO MEETINGS UNTIL SEPTEMBER**  
**HAVE A WONDERFUL &  
SAFE SUMMER**

***Dinner: 6:30 PM - Meeting Follows***

***Lions Club  
Ready to Help, Worldwide***

*Whenever a Lions Club gets together problems get smaller, and communities get better. That's because we help where help is needed - in our own communities or around the world - with unmatched integrity and energy.*

**TRANSPORTATION SERVICES**

The Harvest Years Senior Center offers transportation to and from the center. Our pick-up times are between **9 AM to 10 AM** and the return time will start between **1 PM to 2 PM**. Members can apply for transportation at our front desk. Bus plan tickets may be purchased at our front desk. You may purchase tickets ahead of time. **You must reserve your slot 24 to 48 hours ahead of time.** Cost per trip is:

\$ .50 per Trip  
\$ 5.00 for 10 Trips  
\$ 10.00 for 20 Trips  
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***Art Classes  
Harvest Years Senior Center***

**If you are interested in learning how to put your  
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**The cost for four classes is \$30.00.**

**Classes: Wednesdays - 1 PM - 3 PM  
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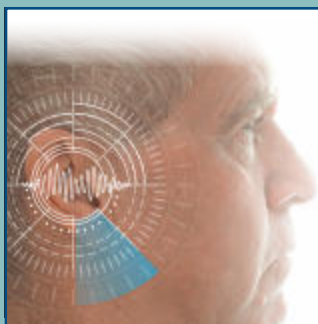
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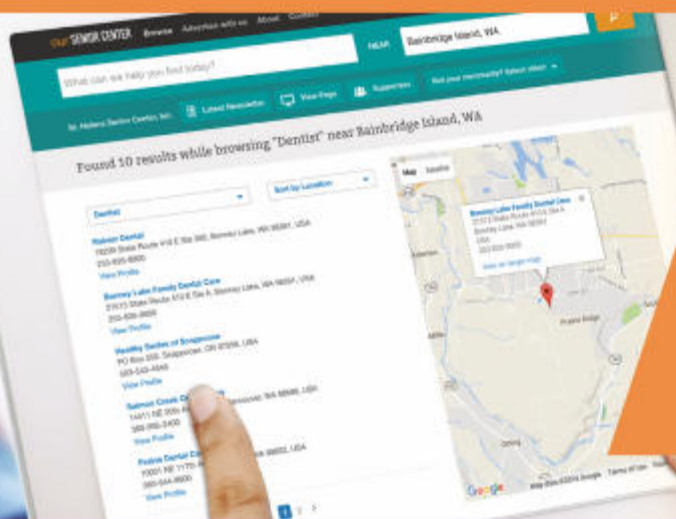
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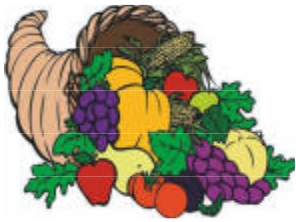
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**God Bless Our Troops**  
**Always remember to keep**  
**them all in Our Daily Thoughts**  
**and Prayers.....**



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