

LEVEL 6

Working with Children and Adolescents in Sandtray and Play Therapy

In this workshop, participants identify and discuss the developmental stages of children and adolescents to understand their work in sandtray and play therapy. There are opportunities to create sandtrays in the presence of an observer (workshop partner) and to practice skills using the symbolic language of play. This is a TSTA qualified Level 6 course. (12 contact hours/2 days)

Prerequisites: Completion of Levels 1-4.

Learning Objectives

1. List and discuss Parten's Stages of Play and how that affects the outcomes therapists might see in play and sandtray therapy.
2. Compare the difference between children and adolescents with regard to sandtray in a play therapy context.
3. Identify the physical, cognitive, social, and emotional developmental milestones of Adolescence.
4. Identify how the therapist can encourage a "strengthening of self" using sandtray in the play therapy environment.
5. Describe the importance of knowledge of child and adolescent play stages in the work with adults.
6. Identify attachment challenges as children bridge into puberty and learn therapeutic approaches to increase positive outcomes.

Schedule

This course is a 2-day session that will run 9:00-4:00 each day.