

Week two menu



Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Sweet & Sour Chicken (GF) Chicken fillet strips with pineapple in a fruity sauce	Pork Meatballs & tomato & herb sauce Pork cooked in a tomato, onion & herb sauce Contains allergens: Gluten, Milk	Sausages in gravy Pork and leek sausages in onion gravy Contains allergens: Gluten	Pasta Bolognese Penne pasta with minced beef in a rich tomato Sauce Contains allergens: Wheat	Chicken Korma (GF) Diced chicken in a creamy coconut sauce Contains allergens: Milk
Vegetarian option	Cauliflower & Broccoli pasta Pasta in a cheese sauce with cauliflower and broccoli Contains allergens: Milk, Wheat	Potato, Cheese & Leek bake (GF) Herby diced potato with leeks in a cheese sauce Contains allergens: Milk	Vegetarian Hotpot (GF) Quorn with haricot beans, mixed peppers in a vegetable sauce topped with potatoes Contains allergens: Egg	Macaroni Cheese Everyone's favourite pasta in a cheesy sauce Contains allergens: Wheat, Milk	Vegetarian Tikka Masala Pieces of Quorn in a creamy spiced tomato sauce with onions, peppers and yoghurt Contains allergens: Milk, Egg
Side dish	White rice Carrots	Roast potatoes Green beans	Mashed potato Carrots	Sweetcorn Green Beans	Yellow rice Peas
Dessert	Chocolate Sponge (GF) & custard A light & delicate sponge Contains allergens: Egg	Lemon slice with custard Lemon sponge cake and filling with an iced topping Contains allergens: Wheat, Egg, milk	Jam tart Crisp, sweet pastry filled with apricot, raspberry and blackcurrant jams. Contains allergens: Ground almonds	Apricot crumble (V) Apricot pieces in sauce with oat crumble topping	Creamy Rice Pudding (GF) Chef Liam's creamy rice pudding Contains allergens: Milk

Tea

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Macaroni Cheese Everyone's favourite pasta in a cheesy sauce Contains allergens: Wheat, Milk	Pasta Bolognese Penne pasta with minced beef in a rich tomato sauce Contains allergens: Wheat	Cottage pie (GF) Minced beef in herb gravy topped with mashed potato Contains allergens: Milk	Margherita Pizza Pizza dough base with tomato sauce grated cheddar cheese Contains allergens: Wheat, Milk	Beef Lasagne Layers of minced beef in tomato sauce, white sauce and pasta Contains allergens: Milk, Gluten
Vegetarian Option		Cauliflower & Broccoli pasta Pasta in a cheese sauce with cauliflower and broccoli Contains allergens: Milk, Wheat	Vegetarian cottage pie (GF) Meat free mince in gravy topped with mashed potato & cheddar cheese Contains allergens: Egg		Vegetarian Hotpot (GF) Quorn with haricot beans, mixed peppers in a vegetable sauce topped with potatoes Contains allergens: Egg
Side dish	Peas Sweetcorn	Carrots	Sweetcorn Broccoli	Shaped potato Baked beans	Carrots
Dessert	Creamy Rice Pudding (GF) Chef Liam's creamy rice pudding Contains allergens: Milk	Fruit & Ice cream	Chocolate Sponge (GF) & custard A light & delicate sponge Contains allergens: Egg	Banana & Custard	Yoghurt & Biscuit (GF)