



June 2023 Newsletter

President's Corner

Hi there - as we head into June hope all of you had a great Memorial Day. Thank you again to Jose Best for a great show last month. In June we will be welcoming a zoom class from "Quilting with Lori" - hope to see you there! - Dani



June Birthdays



Linda Feutz, June 10
Rebecca Knigge, June 14
Cheri Kluever, June 19
Carolyn Cady, June 23
Rose Luce, June 25
Kelly Van Camp, June 27

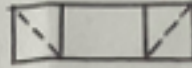
June 2023

Block of the Month

"Butterflies"

Assorted small prints

White on white



Four Assorted Prints:

A: $2\frac{1}{2} \times 6\frac{1}{2}$

From each cut 3 rectangles

White: Cut 16 squares

B: $2\frac{1}{2} \times 2\frac{1}{2}$

Sew B diagonally to ends of two A's from each print. Trim outer edge leaving 1/4 inch seam.

Press B towards outside.

Sew 3 units together: BAB to A to BAB, making a square block.

Sew blocks together as in diagram.

July fat quarters: Patriotic prints



Quilts 2 Share NEWS

or storage has been moved to its new home . We are very grateful to CrossWalk Church for the opportunity to get our own storage and have a place to

put it. We will keep you updated on our progress. Rose, Denice and Cheryl.

If you are interested in making kits and also a work day please see Rose . We are hoping to get back to a schedule of fun days soon.

NAPA TOWN AND COUNTY FAIR

has the web site up and is showing what categories can be entered . If you have quilts that you do not want judged we will be setting up a entry and drop off day for you.

I was hoping that the website would be updated with the judged not judged button but it hasn't been. This is not something

I have control over. I will bring printed entries to the next two meetings and will be asking for quilts that have not been shown

last year. These will be non judged quilts or textiles ,etc.

Rose

Chicken Fried Rice Recipe

This easy homemade chicken fried recipe is just like takeout, but healthier! Fry up rice with chicken, peas, carrots, and lots of flavorful ingredients, mixed with egg to give it that perfect texture.

Prep Time10minutesmins Cook Time30minutesmins Total Time40minutesmins

Course: Main Course, Side Dish Cuisine: Chinese

Servings: 4 servingsCalories: 376kcalAuthor:[Becky Hardin](#)

Ingredients

•2 cups cooked white rice (Jasmine or Basmati) 10 teaspoons canola oil or vegetable oil; divided (3 tablespoons + 1 teaspoon)•1 boneless, skinless chicken breast

•1 yellow onion diced 1 carrot peeled and diced •3 scallions thinly sliced diagonally

•2 cloves garlic minced 1 cup frozen baby peas 3 teaspoons low-sodium soy sauce 2 teaspoons toasted sesame oil

•Kosher salt and freshly ground black pepper to taste •2 large eggs lightly beaten

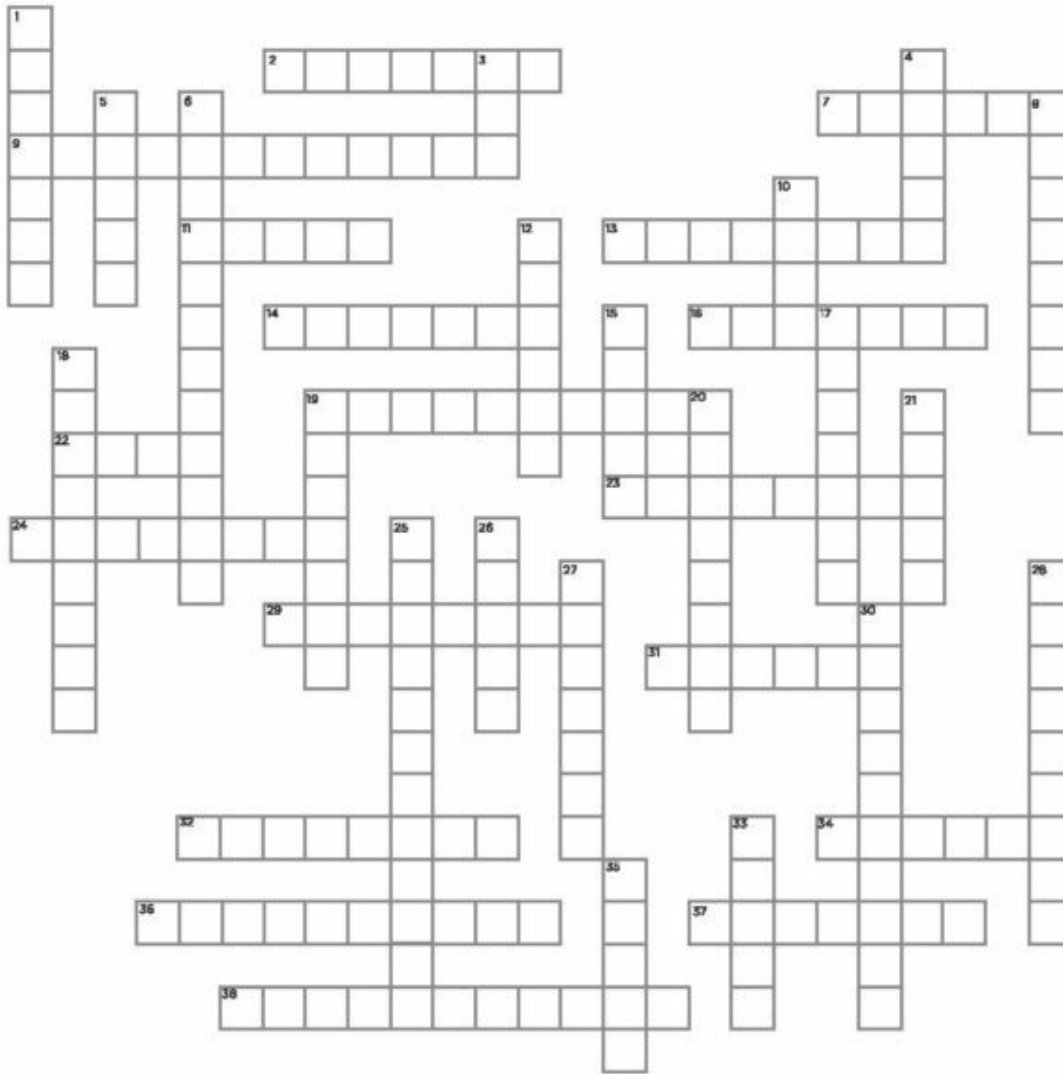


Instructions

- 1.Cook the rice according to package directions – after cooking, pour it on a plate and set aside to cool completely. Once the rice has cooled completely, break it up with your hands into individual grains. 2 cups cooked white rice
- 2.Heat 1 tablespoon of oil in a 12-inch nonstick skillet (or wok), over high heat, until smoking. Add the rice; cook and stir for 3-4 minutes, or until the rice just begins to turn a little darker. Transfer the rice to a small bowl and set aside. 10 teaspoons canola oil
- 3.Turn the heat to medium, heat 1 tablespoon of oil, and place the chicken breast in the skillet. Cook for 3 minutes on each side. Transfer the chicken to a cutting board, cut it into very thin slices, and then cut the slices into thirds. 1 boneless, skinless chicken breast
- 4.Heat 1 tablespoon of oil in the skillet and add the diced onion, carrot, scallions, and garlic. Cook, stirring continuously, for 2-3 minutes, or until the carrots are just lightly tender and the onions are translucent. 1 yellow onion,1 carrot,3 scallions,2 cloves garlic
- 5.Add the rice and peas and stir to combine. 1 cup frozen baby peas
- 6.Add the cooked chicken, soy sauce, sesame oil, and mirin, stir and cook another 2 minutes. 3 teaspoons low-sodium soy sauce,2 teaspoons toasted sesame oil,1 tablespoon mirin
- 7.Season to taste with kosher salt and freshly ground black pepper. Kosher salt and freshly ground black pepper
- 8.Push the chicken rice mixture to the sides of the skillet and add 1 teaspoon oil to the middle of the skillet.
- 9.Add the lightly beaten eggs and season with salt and pepper. Scramble the eggs and stir to combine with the chicken/rice mixture. 2 large eggs
- 10.Cook, stirring continuously, 3-4 minutes, to give time for the flavors to meld.



CROSSWORD



Across

- 2** Whimsical fabric featuring unique prints or themes. [7]
7 A product used to make fabric stiff. [4]
9 A mirrored quilt block created by cutting up a print. [12]
11 Thread is wound around this. [3]
13 Stitching fabric shapes onto a foundation block. [4]
14 A quilt design featuring a variety of blocks. [7]
16 A white quilt with red embroidery. [7]
19 One fourth of a yard. [10]
22 A diagonal cut across the grain line. [4]
23 A symmetrical applique quilting design from the islands. [8]
24 A traditional quilt block assembled around a center square with strips. [8]
29 A ruler used to cut quilt designs. [8]
31 Fabric that frames a quilting design. [6]
32 Cutting fabric to feature a specific motif in a quilt block. [8]
34 The bottom thread holder in a sewing machine. [6]
36 Stitching over another stitch. [10]
37 The bottom of a quilt sandwich. [7]
38 A rectangular quilt block with a centered triangle. [11]

Down

- 1** Scissors that cut a zigzag edge. [7]
3 To finish a quilt with knotted yarn. [3]
4 Joining together a quilt sandwich with large stitches. [5]
5 The basic unit of a quilt. [3]
6 Our family quilt company, founded in 2008. [10]
8 Home of Missouri Star Quilt Co. [8]
10 To finish a quilt edge. [4]
12 The space to the right of the needle on your sewing machine. [6]
15 Equal-sized squares sewn into a quilt. [6]
17 An even-feed foot that reduces bunching when sewing. [7]
18 To decorate with stitching. [9]
19 Cotton fabric with a soft, brushed texture. [7]
20 A quilt pattern created by going on a shop hop. [8]
21 Your favorite quilting teacher! [5]
25 Fabric recreated from historical time periods. [10]
26 Assymetrical quilting with decorative embroidery. [5]
27 The finished edge of a yard of fabric. [7]
28 The distance between the fabric edge and the seam. [9]
30 Quilting with the feed dogs down. [10]
33 A 5" x 5" square. [5]
35 Flatten with an iron. [5]

NVQG May 13, 2023 Meeting

The meeting was called to order by President Dani Neuman at 10:01AM.

The pledge of allegiance was recited, and the month's members' birthdays were announced.

Dani N referred to the publication in the newsletter of the recently amended standing rules and by-laws. It is the board of directors' responsibility to amend the standing rules; the publication of the amended standing rules is for information purposes only. The board of directors also amends the by-laws, but these amendments must be voted on by the general membership after publication in the newsletter. Dani N. called for a motion to approve the amended by-laws. A motion to approve the amended by-laws was made by Rose Luce and seconded by Joann Dalton; the vote was taken and passed.

Mary Jo Kent, secretary, announced the publication in the newsletter of last month's meeting minutes; since there were no corrections or additions, they were considered approved as published.

Ellen Wulf, treasurer, stated the guild's bank balance as \$.

Kelly V.C., VP workshops, talked about the next few months of workshops/lectures: May presenter is NVQG member Jose Best.

June presenter is Laurie Dickman via ZOOM July potluck and fair workshops August Napa Town and Country Fair

Margret G., VP Workshops, stated that she will be developing a questionnaire for members to fill out to assist the VPS for workshops in developing programs of interest to the guild. Margret anticipates the questionnaire will be ready for the June meeting.

Maggie W., membership, noted that the new membership rosters are available for distribution at today's meeting. Sixty-seven members had signed the attendance sheet, there is one new member (bringing membership total to 119 today), and six guests.

Kay O'N., welcome, had no update.

Nikki F., newsletter, reminded members of the deadline of the 23rd of the month for submission of items for the newsletter. Members are encouraged to submit recipes, quilting tips-and-tricks, and other quilting-related news (quilt shop hops, quilt shows, etc.)

Cheryl B, BOM, displayed next month's block. The printed instructions will be available in the newsletter. There were enough blocks for this month's BOM to have two winners selected.

Prize drawings – four winning tickets were pulled and announced.

The Pioneer Quilt Guild of Loomis is visiting the meeting today to sell tickets for their Opportunity Quilt, as well as to promote their quilt show that is happening later this year in November.

Patti G., communications, and Carol H, historian, had no updates.

Peggy H., opportunity quilt, announced that she had visited the quilt guild in Alameda this

past week; the quilt will be traveling to Santa Rosa and Fremont in the near future,

and will be displayed at the Napa Town and Country Fair.

Rose L, quilts to share, noted that the guild has purchased a cargo/shipping container intended to be used for the storage of quilts to share supplies and quilts, as well as other guild assets. The container is located at the CrossWalk Community Church, and will be a means of reducing a significant expense to the guild. Rose and Denise C. have been inventorying the current storage space, and are focused on the re-location of the guild's assets.

A portion of the guild's assets that have taken up space over the years is the collection of books from the defunct guild library. Because the books take up so much space, and it has not been possible to re-establish the library, the Board voted to offer the book collection to the members at today's meeting.

Members are encouraged to take home any books that interest them – donations for the books are voluntary. Any books that are left over will be donated either to the public library or community projects. There are "quilt kits" located near the entrance door for members to finish for donation to quilts to share.

Rose L, fair liaison, indicated that progress continues to be made in developing the guild's efforts for the Fair, including revamping the quilt and craft entry process. One aspect of the quilt boutique that Rose wanted to discuss with the membership was the potential sale of quilts intended for community

outreach. Last year, finished quilts that were part of the quilts to share inventor were displayed as a back-drop to the quilt boutique. There had been inquiries into the availability of these quilts for purchase. Rose wanted to confirm that members of the guild would agree to the sale of these quilts (rather than donation to the community) with the understanding that 1. a member donating a quilt to quilts to share could specify a "donation-only status", and 2. any proceeds from the sales of such quilts would be ear-marked for quilts to share purposes (i.e., buying supplies, funding quilts to share workshops, etc.). A show of hands was solicited for approval of this practice. As a final comment, Rose indicated that this year the fair will be offering a judging

component to fair entries – this is one of the processes that is currently being developed.

Joan B, sunshine, and Lindsay H., website, had no updates.

Joan W., hospitality, thanked members for their support; there will need to be some discussion

in the future about the desirability/need for the guild to offer coffee and tea service

at the meeting.

Dani N. commented on the availability of the white board for any guild member "personal"

business (fabric search, quilt-related items for sale, technique assistance); membership

was asked for any quilt-related general comment.

The meeting was adjourned at 10:25, with show and tell, and the presentation by Jose Best

to follow.