Vol 4: Issue 11 November 2021



RecoveryWerks!

Changing the world through recovery one underserved community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

An end of year donation to RecoveryWerks! is tax deductible and has a huge impact in bringing recovery to teens andfamilies in our community.

Please click on or enter the link below to give today.

Thank you!

http://www.recoverywerks.org/give-now.html

Staff Member Highlight



Recovery Support Peer Specialists (RSPS) are at the heart of the RecoveryWerks! program. These amazing staff members help teens and young adults navigate their recovery journey from a position of lived experience. To be a fully certified RSPS, individuals must complete state certified training and 40 hours of supervisor. As our newest staff member, Brenton is currently finalizing his supervision hours and expects to be a fully certified RSPS by Dec 2021. Meet Brenton, our newest staff member!

My name is Brenton Sakiewicz. I was born and raised in San Antonio, Texas on December 31, 1995. I came into this world and was welcomed into it by a family that loved me dearly. I was given an ideal foundation in life and knew that I was blessed in ways more so than others. Although, along the way, I noticed the foundation begin to crack.

In my early years as a teenager, I always felt as if I didn't fit in to any specific peer group or clique. I was also bullied quite a bit. This led to feelings of loneliness and resentment which eventually led me to seek out others who shared similar feelings. Unfortunately, the people I found were not the greatest of influences a young man could ask for. My experimentation with drugs started like many others, but I would say my psychological reaction to them was inherently different. The first time I smoked weed with one of my friends, I did not get high. Although, I did get intoxicated by the aroma of the combusted plant matter and inebriated off of the act of rebellion as smoking weed behind a church might not be the most socially acceptable behavior for a couple of teenagers. From that point forward, I became not only obsessed with the substance, but obsessed with the idea of being a substance user. Obsessed to the point that it was constantly on my mind. I was obsessed with an insatiable inner desire to fit in and have a sense of belonging.

While on this quest to fill the void cultivated by my feelings of insecurity and loneliness, I continued to experiment with drugs and, honestly, I had a good time doing it. I continued to experiment because there were little to no consequences rendered from my curiosity. Or, at least, the consequences did not yet outweigh the benefits. But, eventually, the fun ends. Eventually, I had to use in order to get by. And, eventually, the foundation had shattered completely.

After years of denial, terror, trial, and error - I finally got to a point in my life where the negative consequences of using greatly outweighed the temporary benefits. I could no longer stand on my own two feet. I had broken the bonds of trust between myself and the people who cared for me the most and I was ashamed to show my face around them. I had to seek help. I had to restore those bonds. I had to accept that I am not a person who can casually or

RecoveryWerks! Page 2 of 2

Meeting Schedule

Teens (up to 18): Monday & Wednesday

7-8pm in person only @ 790 Landa Street, New Braunfels

Thursday

7-8pm in person only @ 1781E Ammann Rd, Bulverde

Young Adults (18+): Monday & Wednesday

7-8pm in person only @ 790 Landa Street, New Braunfels Thursday

7-8pm in person only @ 1781E Ammann Rd, Bulverde

<u>Family Members (18+):</u> Monday & Wednesday

7-8pm in person*
@ 790 Landa Street, New Braunfels
*Call for Zoom option

Thursday

7-8pm in person only @ 1747 E Ammann Rd, Bulverde

New Gens (Family members

between 9-17) *Must have a family member participating in the program

Monday

7-8pm in person only @ 790 Landa Street, New Braunfels

These services are available at no cost to clients because of generous donors and support from community partners.

















recreationally use any mind changing chemicals under any circumstance. So, with the help of others, I decided to dig deep within myself and figure out why I gravitated towards using drugs in the first place so I could fix the problem from the root.

After years of determination, perseverance, and patience - I was finally able to grasp a notion of what it took to live a sober life. And every day there is an earth-shattering battle inside that I have to fight but with enough training, I can rebuild the foundation and become stronger from every battle as long as I continue to work towards a better version of myself and help others do the same.

RecoveryWerks! services are provided at "no cost" to participants.

Shopping at our Craft Fair, helps to support this incredible resource for teens & families in our community.

Mark your calendar and join us on Dec. 4th!



Bringing the community together & shining the light on recovery since 2015. For more information, www.recoverywerks.org

Stay Connected!





Like RecoveryWerks! on Facebook and Instagram

For more resources visit www.recoverywerks.org
790 Landa Street, New Braunfels, TX 78130
(830) 310-2456 or (830) 310-2585

Scan Here for Easy Giving

