## What's Cooking in the Kitchen: For the Week of: February 18—22, 2019

MONDAY

BREAKFAST: Cheerios, Bananas, Milk

- AM SNACK: Juice Break
- LUNCH: Homemade Macaroni & Cheese, ORGANIC Green Beans (from Frozen) w/Touch of Margarine, Orange Sections, Milk
- PM SNACK: Black Olive Slices, Cheddar Cheese Sticks, Kiwi, Water

## **TUESDAY—INFANT & YOUNG TODDLER BREAKFAST**

- BREAKFAST: French Toast (Made w/French Bread & ORGANIC Eggs), Pure Maple Syrup, Sausage Patties, Assorted Melons, Milk, Orange Juice, Coffee, Cream & Sugar
- AM SNACK: Juice Break
- LUNCH: Chicken & American Cheese Sandwiches on WW (Spread w/Avocado Mayo), ORGANIC Carrots (Infants thru Young Toddlers: Cooked Carrots), Fresh Pineapple, Milk
- PM SNACK: Cottage Cheese, ORGANIC Mixed Berries (from Frozen), Graham Crackers, Water WEDNESDAY—OLDER TODDLER BREAKFAST
- BREAKFAST: Make Your Own Breakfast Burritos (ORGANIC Scrambled Eggs, WARM WW Flour Tortillas, Mild Salsa, and Cheese), Hashbrowns, Assorted Melons, Milk, Orange Juice, Coffee, Cream & Sugar
- AM SNACK: Juice Break
- LUNCH: Spaghetti w/Meatballs, **FRESH** ORGANIC Broccoli, Fresh Pear Slices, Milk
- PM SNACK: ORGANIC Tortilla Chips, PLAIN Guacamole, Multi-Colored Bell Pepper Strips, Water

## THURSDAY—ALYSSA & DANIELLE'S PRESCHOOL BREAKFAST

BREAKFAST: Cheese & Sausage Quiche (made w/ORGANIC Eggs), Assorted Melons, Milk, Orange Juice, Coffee, Cream & Sugar

AM SNACK: Juice Break

- LUNCH: Cheese French Bread Pizza (Light on the Sauce), Cauliflower w/Margarine, Cuties, Milk
- PM SNACK: Cucumber Spears, Pretzel Sticks, String Cheese, Water

## FRIDAY—SHANNON PRESCHOOL/PRE-K & LARUEN PRE-K BREAKFAST

- BREAKFAST: ORGANIC Whole Grain Waffles, Cinnamon Apples, Low Sodium Bacon, Syrup on Request, Milk, Orange Juice, Coffee, Cream & Sugar
- AM SNACK: Juice Break
- LUNCH: Chicken Nuggets, ORGANIC Ketchup, Simply Fries w/Olive Oil & Sea Salt, Fruit Salad, Milk
- PM SNACK: Frozen Go-Gurts, Applesauce, Ham Slices, Water