

**THE TREATMENT**

Massage increases the flow of blood and lymphatic fluid throughout the body and affects the physical, mental and spiritual state of a living being. The rhythmic strokes and pressure applied release toxins and enhance the immune system and normalizes soft tissue which releases pressure on nerves and deeper connective tissues.

Our method affects the soft tissue and the lymphatic system as a whole working 3D entity. By using various pressures and techniques; your body will slowly begin to unwind. Once soft tissue is relaxed, the lymph nodes and stagnant fluids from the tissues and organs of the body are cleared. You will leave feeling decompressed.

**PROFESSIONAL EDUCATION:**

2000 Massage Therapy Institute of Colorado; Massage Therapy Certification  
2001 Wild Oats Herbs; Supplements and Body Care specialist  
2012 Colorado School of Healing Arts; Manual Lymphatic Drainage Certification  
CPR & First Aid Certified every 2 years and current

**ONCE A WEEK TREATMENT IS SUGGESTED IF YOU ARE TRYING TO CREATE PHYSICAL CHANGE. OTHERWISE, COME IN WHEN YOU SEE FITTING TO YOUR LIFESTYLE.**

**STANDARDS AND PRACTICES**

ALL LICENSED MASSAGE THERAPISTS IN COLORADO ARE DOCUMENTED WITH DORA (department of regulatory agencies) 303-894-2464

- You may seek an opinion from another therapist or terminate treatment at any time. Either way, your thoughts and feelings are encouraged and extremely valuable.
- In a professional relationship such as ours, sexual intimacy between a therapist and a client is never appropriate.
- Generally speaking, the information provided by and to the client during therapy sessions is legally confidential and cannot be released without the client's consent.

Respect is shown regardless of age, gender, race, national origin, sexual orientation, religion, socioeconomic status, body type, political affiliation, state of health or personal habits.

**WE ARE NOT ABLE TO DIAGNOSE OR CURE.  
HEALING IS INDICATIVE TO YOUR OWN PERSONAL EFFORTS**

**FOR SAFETY REASONS, PLEASE LET US KNOW IF YOU ARE UNDER A DOCTORS CARE OR IF YOU HAVE CURRENT HEALTH CONCERNS**

**TREATMENT WILL BE TERMINATED WITH NO REFUND IF INAPPROPRIATE BEHAVIOR IS EXPRESSED OR CLIENT IS CONTAGIOUS OR WITH AN UNTREATABLE MEDICAL CONCERN AT THE TIME OF THE VISIT**

**There is a \$50 Charge if Appointments are not cancelled within a 24 Hour Notice**

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Printed Name Relationship to Client

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Client's or Responsible Party's Signature Date