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Essex Corinthian Yacht Club

August
2017



THE ESSEX CORINTHIAN YACHT CLUB

OFF-SHORE

IDEAL 18 FLEET NEWS

ECYC and EYC co-hosted a race day for **Pettipaug Sailing Academy** students in the Ideal 18s last week. Six boats raced on a beautiful, sunny day in just the right amount of wind. The first race was ugly as the crews were getting used to the boats - some pinched, some footed, and some forgot the rules. There were no collisions, just some rail rubbing. But each race they got better and the racing became crisper, with closer finishes. Six races were run, including twice around for the last two. Each boat's best five finishes were counted for the final results. **Ian Hurley and Aurora Courcy** won easily by keeping their boat on the wind and playing the left side of the beats where there was less adverse current. **Tucker Burr and Kiley McCarthy** sailed consistently well for second place. **Nina Hoehnebart and Isabella Amendola** had finishes of 5th, 6th, 3rd, 2nd, 2nd, and then won the last race. Their consistent improvement from race to race netted them third place. The day went so well that we have already agreed to do it again next year.

Thanks go to **Pete Simms** for letting me use his boat for mark duties, **Jon Gibbs and Frank Hall** for manning the mark boats, and Jon and **Ed Birch** for taking each crew out in our boats the day before to show them how everything worked, provide pointers, and insure they could handle the boats on their own. The EYC committee boat did a splendid job with course layout and selection, and EYC hosted a light lunch after the race.



Pettipaug youth racing the club's Ideal 18s

The club's Ideal 18s are available for any qualified skippers to take out other

IMPORTANT DATES:

- August 6th: 3rd Round The Buoy Regatta
- August 12th: Summer Fun(d)raiser
- August 24th: Ladies on Deck
- August 25-26th: Leukemia Cup
- September 4th: Labor Day Clam Blake
- September 23rd: ECYC Cross Sound Challenge



Refer to our event calendar on our website at www.essexcorinthian.org for event details!

VIEW FROM THE BRIDGE



Fellow Corinthians!

Here we are in early August and our club is humming with activity.

We have several Regattas coming up including EYC/ECYC's "Round the Buoys", Weatherill Overnight and Ram Island YC Island series. A very

club members or guests (please familiarize yourself with our Ideal 18 Usage Guidelines).

- Please sign out the boats and follow the rules posted on the Ideal 18 bulletin board.
- Bring a VHF radio. If you do not have your own, please ask Jean Little or me about using the club's radios. Please ensure you return the radios to their chargers after use.
- Life jackets must be worn at all times. There are a couple of spare life jackets in the lockers next to the side door.
- Check that each boat has two paddles as it can be difficult to clear the outer docks.

For graduates of Cindy Gibb's racing clinic and any other qualified skippers who feel they are ready to test themselves, one of our Frostbite skippers will be happy to crew for you in the Tuesday night EYC races which we are allowed to participate in. The racing is not highly competitive and is a good stepping stone to Frostbiting and the team race.

Contact Tom Atkinson (860- 662-4005) or Jon Gibbs (860-391-5700) if you are interested.

Note: All members and guests using the Ideal 18s must sign the waiver and contact information forms, and sign out on the bulletin board in the River Room as well!

Please contact me if you have any questions.

Tom Atkinson

Fleet Captain

Email: fleetcaptain@essexcorinthian.org

Race Committee Update

The final **Round the Buoys (RTB) friendly regatta with our friends at EYC will be held this Sunday, August 6th**. There will be a skippers meeting at 0900, and first warning will be 1200. This year's series has been great fun, and we'd like to thank Cliff Myers, Regatta Chair at EYC for his leadership of the event this year! On Sunday afternoon, ECYC will host the post-race picnic for participating crews on the lower level deck. There is no charge to participate, but an Entry Form is required and is down-loadable from our website. Hope to see you on the water for this finale.

Upcoming Regattas of Note:

EYC Sam Wetherill Overnight Race: Friday, August 18

Leukemia Cup: Saturday, August 26

Fall Off Soundings: September 15, 16

ECYC Cross Sound Challenge: Saturday, September 23

ECYC Thomas Clark Memorial (Tri-Club River Series): Saturday, October 21



The focus of the Race Committee for the next 6 weeks will be finalizing plans for **ECYC's premier on-water event, the Cross Sound Challenge**. Mark your calendars for **Saturday, September 23rd**. The after-race party will be held at the pavilion at Brewer's Essex Island Marina and is open to all ECYC members and their guests. This will be a great day and a great party, and you DO NOT have to be on a race crew to enjoy

the post-race festivities!

For those of you who will be racing, registration is quick and easy via Yacht Scoring. Visit www.yachtscoring.com for the Notice of Race, SIs (coming soon) and Entry Form. Details and links are also on our webpage at www.essexcorinthian.org/racing.html.

special event each year is the **Leukemia Cup Regatta held on the 26th of this month**. The event begins on **Friday, Aug 25th at the North Cove YC** with a silent auction, open to all. Please help support this important cause.

Also happening around the club is **live music every Wednesday evening**. We have some fine local talent coming to play for your enjoyment. Now that it's summer the **Galley is open on Sunday nights** and it is a great way to get ready for the new week. Come on down and enjoy our view. As we look ahead to September we will hold our **Labor Day Weekend Cookout on Monday, September 4th**. Watch for details and the sign up.

A special note, on **Saturday August 12th we are holding a Summer Fundraiser**. Please watch for details about this event! All proceeds will go towards improving the River Room. We hope to have a great turnout.

Membership Update:

We continue to need your help finding new folks from our surrounding communities who would enjoy what we have to offer. Remember, boating is only part of our club and prospects do not have to have a boat to join. About half of our members currently own a boat. The application is on our website and I would be happy to go over it with you. Remember, it's the people who make our club fun! New members are always welcome at the Commodore's Table.

BOG 2018:

We are currently looking to fill some slots on next year's Board Of Governors. Now is the time to raise your hand. Several terms are ending and I want to be prepared for next year. This is a great service for our Club and you will enjoy the experience. Please contact me for details.

Please note that the list of BOG meeting dates is posted on the bulletin board outside the office. Members are welcome. Please let us know if you wish to attend.

Make it a good month!

Steve Rodstrom

Commodore



Vice Commodore's Update:

Summer has reached its peak and we have been enjoying the club. Our second **"Docktails"** get-together on a Sunday night was only lightly attended, but we will repeat the Friday version in the near future, which seemed to be a better day for this casual pre-dinner event.

Those of you who attended the "Docktails" or have spoken to any board member may know that we are trying to use our **River Room** and adjacent deck space more frequently, as this area has been rather underutilized until now. One of our current projects involves a remodel of the interior space, including updating the furnishings. In spring, we painted the interior, but that was just the beginning. Because this is a project that will require some funding, we are holding a special event to help. We are calling this event a **"Fun(d)raiser", and the date is Saturday, August 12th**.

To help raise funds for this project, we are asking anyone with a special talent, skill or profession to donate some time, product or service to our special auction. For example, if you like to bake, you could offer baking a birthday cake for someone; or if you are handy with tools, you could offer helping out in someone's yard; etc., etc., etc. The possibilities are endless! We will create auction sheets for people to bid on all this and hope this will help us not only to fund some of the River Room improvement, but also have some fun and foster our community-oriented Corinthian spirit!

Thanks in advance to all our Race Committee and protest Committee volunteers. Without the help of these club members, we would not be able to sustain our PHRF racing programs! If you'd like to be involved in planning the Cross Sound Challenge or the Thomas Clark Memorial, please contact me at racechair@essexcorinthian.org.

See you on the water,

Tim Brewer

2017 Race Committee Chair
Email: racechair@essexcorinthian.org



ON-SHORE

Entertainment Committee Update:



Planning for the Cross Sound Challenge Party has started!

Ahoy, All Members of Essex Corinthian Yacht Club!

Summer is in full swing and we have been enjoying wonderful weather. We have had many fun events at the club and are looking forward to a few more before the close of summer.

Upcoming events include a **Fun(d)raiser** to support the updating of the River Room. This will be held on **August 12th at 6:00 pm**. Please refer to Bell 8 and e-blasts for further information on this fun event.

In lieu of a picnic, the club is planning a **Clam Bake** this year on Labor Day. We will at the same time be celebrating our **33rd Anniversary as a club**. A delicious menu is in the works for this event.

We will be rounding out our summer season as always with the **Cross Sound Challenge, on Saturday September 23rd**. Food, libations and entertainment will be provided for your enjoyment. We hope to host another best post-race party this year.

Please consider helping out at one of these events! Contact us for details!

Pat Atkinson

& Nancy Simms

Co-Chairs Entertainment

Email: nancy-events@essexcorinthian.org
or pat-events@essexcorinthian.org

Special Event Organization Appeal:

As you know, our club's premier regatta, the Cross Sound Challenge, will be held on September 23rd, 2017.

To date we have secured the same party space over at Brewer Essex Island Marina, like in years past, and the US Coast Guard permit for the regatta is

The event is free of charge, but we are asking for voluntary cash, food or auction donations.

Please contact Nancy Simms, Pat Atkinson or me to let us know what you can do to help!

Refer to our Events page at www.essexcorinthian.org/events-more-events-at-ecyc.html for the details and how to sign up. An RSVP is requested to allow us to get a headcount prior to the event!

As always, I am indebted to our great group of volunteers who help us maintain a steady flow of events and entertainment for our members to enjoy. Our volunteers are what makes this club so special. Please support their efforts by attending as many of them as possible - or even better, come join a committee! Trust me, we do have a lot of fun, and it is a great way to meet fellow club members.

More on upcoming events in our Entertainment Update on the left!

Please contact me at vicecommodore@essexcorinthian.org if you would like to help out at any of our events, or even better, all our events! Our success hinges on the involvement of our volunteers. Please get involved!

Remember, our events are listed online at our website, just go to www.essexcorinthian.org ... and click on "Events"!

Ruth Emblin

Vice Commodore
Email: vicecommodore@essexcorinthian.org



Rear Commodore's Update:

We have been enjoying a number of club events so far this season, but preparing for our many events requires a lot of planning. Not only in people power, but also in ensuring that we are in compliance with the relevant laws and regulations. Our off shore committees have been doing this for years, making sure that every event, from regattas to our 4th of July parades, are properly registered and run pursuant to State, Local and Coast Guard requirements. We are in the process of seeking a Club Liquor Permit to satisfy regulations that govern our on-shore events. This does not mean the Club intends to open a bar, as it does not. Everything will stay the same, we will just be following the law and allowing all of us to rest assured, while we enjoy the many special functions ahead. Stay tuned for updates, and feel free to contact me if you have any questions or concerns.

Once again, **enjoy the 2017 Season**. Don't blink, as it always seems to go by too quickly.

Chris Morano

Rear Commodore
Email: rearcommodore@essexcorinthian.org



Strategic Planning Update:

The club's Strategic Planning exercise has now been completed. The Bridge and Board have begun the process of implementing a number of the action items identified and prioritized at the conclusion of the exercise. The first stage of the process entailed a SWOT analysis. SWOT being short for "Strength, Weaknesses, Opportunities and Threats". Over the course of a number of

in the works. We are reaching out to past and potential new sponsors to help us make this regatta a success.

In order to do so, we need your help. You do not need to be on the race committee or entertainment committee to become a part of our regatta, anyone is welcome! **We need people to help us with the planning for and organization of the actual day, as well as folks who are willing to ask their business contacts to become an event sponsor.** We will post all details and a sponsorship on a special webpage shortly.



Please contact our **Race Committee Chair, Tim Brewer or Nancy Simms and Pat Atkinson, our Entertainment Committee Co-Chairs** to let them know that you are ready to help!

Tim Brewer Email: racechair@essexcorinthian.org

Nancy Simms Email: nancy-events@essexcorinthian.org

Pat Atkinson Email: pat-events@essexcorinthian.org

House Committee Update:

Myron Stacks finished up the deck stairways, they do look a whole lot better - THANK YOU, MYRON.

A collective thank you goes to **Chris Morano** for the two additional picnic tables added to the lower deck, which were immediately pressed into service during the July 4th event, a huge success. Again, great job, **Pat & Nancy**.

Other than Myron's effort, things have been pretty quiet in terms of house activities as the lazy days of summer roll past us. I know I've been absorbed with trying to get more than I can possibly accomplish on the home front as years of inattention and procrastination have caught up with me. Maybe autumn will be the time for the couple of actions I would like to address at club.

The number one key improvement effort at the club identified by the strategic planning group and confirmed by the BOG is the **renovation of the River Room**. The under-utilization of the river room is a key improvement initiative for the overall growth direction of ECYC. As you may have already seen, there are fund raisers planned to assist toward completion of this objective. There are a few different ideas being tossed around on what the overall plan scope should include and what the end product eventually should look like. It's exciting to think of the possibilities which may result.

I continue to work on the obtaining of estimates for other key renovation projects for 2018 budget consideration. I will be reaching out to house committee members for assistance.

Have a great summer, enjoy these special weeks.

Chuck Grusse

House Chair

Email: house@essexcorinthian.org

Membership Committee Update:

Although our program season is in full swing, it's never too late to recruit new members. Doing so now benefits both proposed and new member alike, as 2017 dues are prorated for admissions after August - and the proposer will receive a \$100 credit toward his/her 2018 dues, subject to the new member's admission and payment in full of applicable initiation and dues charges.

meetings of the Strategic Planning Committee, the assembled groups identified, collectively, 38 SWOT items. A number of the SWOT items fell broadly under the heading of "demographic" risk. Accordingly, the first actions identified through the Strategic Planning exercise are focused on these issues.

Please look for an upcoming special e-blast with details on our plans for the future which were derived from this process.

Richard Pierce

Strategic Planning Chair

Email: strategy@essexcorinthian.org

GALLEY NEWS

Summer is in full swing and the deck at ECYC is a great place to enjoy the view and a delicious meal from the galley. Ed and Monique have been serving some tasty specials along with the beloved favorites. Remember on busy nights, appetizers can be preordered so they are ready for you when you arrive.

Also a friendly reminder, the only BYO appetizers that are permitted are nuts, bar mix, and snacks such as "Goldfish", and chips and dips. Thank you in advance for your cooperation.

If you are entertaining at home, remember CCC can cater your party so you can spend time with your guests instead of being in the kitchen.

Now that your friends can pay for their own meal by credit card, it's very easy to introduce them to this special club.

If you have any questions or concerns please feel free to contact me. Bon appetite! I look forward to seeing you around the club!

Catherine Gazikas

Galley Liaison

Summer Galley Hours:

Lunch:

Wednesday, Thursday, Friday and Saturday

(self-service) :

11.30 am to 2.00 pm

Dinner:

Wednesday (self-service)

Friday (table service)

Sunday (self-service):

5.30 pm to 8.30 pm

Brunch:

Sunday (self-service):

11.00 am to 2.30 pm - special brunch hours on selected holidays!



DID YOU KNOW?

The Galley serves a great lunch with soups, salads and all kinds of tasty fare while you enjoy the views across the Connecticut River! Why not come and give it a try? Daily Wednesdays through Saturdays, and brunch on Sundays.

FEEDBACK

Menus are available at www.essexcorinthian.org/dining.html

We want your feedback about our galley activities.

Please let us know what you think!

Email galleyliaison@essexcorinthian.org

We want to know what you think about our galley!

As your Board of Governors charts the Club's future course, Membership takes on a front-and-center role - financially and otherwise. Our Membership Committee invites your constructive suggestions on new ways to broaden our membership base. Just drop me a note at membership@essexcorinthian.org.

Scott Konrad

Membership Chair

Email: membership@essexcorinthian.org



GREEN TIP OF THE MONTH

We all live downstream.....

Many of us have gardens and lawns to maintain, and we want our properties to look good even when the weather is not cooperating. While many commercially available fertilizers and pesticides do the trick, we need to consider their impact on the rest of our ecosystem before liberally treating our gardens with them. Fertilizers and pesticides trickle down through the soil into our groundwater and run-

off from treated areas ends up in our rivers and water supplies. The more we try to keep our gardens green and pest-free with these toxic chemicals, the more we poison our vital water supplies. In addition to run off from fertilizers and pesticides, chemicals from pharmaceuticals and personal care products are entering the waterways upstream from fish, crabs, and drinking water intakes. There are far-reaching effects on animal species we depend on for food, such as some animals becoming intersex due to estrogenic compounds being disposed of improperly, as well as stunted growth or tumor development due to toxic components ingested by fish and other wildlife. Algae growth increases on lakes and ponds, depleting the water of sunlight and oxygen, which then stifles the development of aquatic species.... you get the drift. It all ends up downstream, and in our favorite playground!

What can we do? Read ingredients on any product you are considering. If it says "toxic to fish", do not use it. If it is not organic, try to find an alternative. And think about alternatives to a "pure lawn". There are many species of groundcovers, like White Clover, that can beautify your garden. And the type of weed you have may give you an idea of what your soil needs - instead of killing the weeds with toxic chemicals, treat your soil to create a better base for the groundcover you want.

For tips on how to create and maintain an organic lawn, go to <http://www.popularmechanics.com/home/lawn-garden/how-to/q541/organic-lawn-care-tips-47071704/>

Thank you for being an environmentally responsible ECYC member!

Ruth Emblin

ECYC Vice Commodore

SUMMER HOURS IN EFFECT AT THE CLUBHOUSE:

Tuesday, Wednesday and Thursday 9 am to 9 pm

Friday 9 am to 10 pm

Saturday and Sunday 11 am to 9 pm

Note: Private meetings may be scheduled after-hours, except Mondays. Please contact Jean Little for details.

NO SMOKING AT ECYC:



The clubhouse, the decks and the surrounding dock areas are non-smoking areas. Please remind your guests of this restriction, it is part of a facility-wide prohibition of open flames.

REVISED RULE 12:

Please be aware that the rule regarding snacks allowed during dining hours at ECYC has been changed. Only snacks like chips & dip, nuts and "Goldfish" are permitted.

WEBSITE:

All of our events, weekly menus and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, www.essexcorinthian.org!

SHIP'S STORE SALE ON FRIDAY, AUGUST 4TH!



Come to ECYC to see what is new at the Ship's Store! New merchandise has arrived, and we are opening the Ship's Store for your shopping convenience on Friday, August 4th from 5 to 8 pm.

Free ECYC wine glass with every purchase of \$20 or more!

The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued by the Essex Corinthian Yacht Club of Essex, CT.

For general questions on ECYC please refer to our website at www.essexcorinthian.org, email us at ecyc@essexcorinthian.org, or snail-mail to

**Essex Corinthian Yacht Club
PO Box 759 - Essex, CT 06426
Telephone: (860) 767-3239**

Contact Information for individual BoG Members is posted at www.essexcorinthian.org/club-officers.html

Find us on Facebook at: www.facebook.com/EssexCorinthianYachtClub

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