

**2024 CASCADE INVITATIONAL**

Cascade, IA

Fillmore Fairways Golf Course

Weather: Sunny, Wind SSE 10-20mph, 47% &amp; 87

Thursday, September 19, 2024

**MEET OFFICIALS****Meet Director:**

Carrie Viel

**Meet Referee:**

Terry Fisher

**Timing:**

Andrew Kauder - Kauder Racing, LLC

**KAUDER RACING****OFFICIAL MEET REPORT**

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**Race #3  
Girls 5K****Final Results****TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Tipton	72	1-9-15-23-24(38)(40)	1:50:56	22:12	4:40.5
2 Wahlert Dubuque	77	5-12-14-18-28(35)(37)	1:51:56	22:24	3:30.9
3 Monticello	85	6-10-17-21-31(41)(43)	1:53:13	22:39	3:33.2
4 Jesup	142	3-26-27-30-56(58)(60)	1:59:06	23:50	5:59.4
5 Cascade Western Dubuque	157	4-22-29-47-55(57)(76)	2:00:31	24:07	5:57.3
6 Central DeWitt	158	7-19-33-49-50(52)(61)	2:00:34	24:07	4:52.2
7 Beckman Catholic Dyersvil	208	11-42-45-48-62(66)(75)	2:04:57	25:00	5:09.4
8 Maquoketa Valley Delhi	222*	13-32-53-54-70(72)(81)	2:07:19	25:28	6:25.9
9 Regina Iowa City	222*	16-20-44-65-77(79)(82)	2:08:43	25:45	6:41.9
10 Anamosa	227	8-36-51-64-68(71)(73)	2:06:51	25:23	6:56.7
11 Maquoketa	239	2-25-63-69-80(84)	2:09:57	26:00	10:55.8
12 Benton Community	245	34-39-46-59-67(74)(83)	2:09:38	25:56	3:36.2
13 Durant	424	78-85-86-87-88	2:54:17	34:52	8:46.6
DNP Wilton					
DNP Calamus-Wheatland					
DNP Prince of Peace Catholic CI					

**\*Tiebreakers**

Maquoketa Valley Delhi	13	32	53	54	70	72
Regina Iowa City	16	20	44	65	77	79

**INDIVIDUAL RESULTS**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 STEINES, Noelle	SR	Tipton	1	19:11.1	6:10.1	3:50.2
2 HARDIN, Izzy	JR	Maquoketa	2	19:59.5	6:25.7	3:59.9
3 WILSON, Mackenzie	SR	Jesup	3	20:22.7	6:33.1	4:04.5
4 KELCHEN, Hallie	JR	Cascade Western D	4	20:24.4	6:33.7	4:04.9
5 MURPHY, Lucy	JR	Wahlert Dubuque	5	20:37.8	6:38.0	4:07.5
6 KOEHLER, Leah	SR	Monticello	6	20:42.3	6:39.4	4:08.5
7 APPLEBY, Ashlyn	FR	Central DeWitt	7	21:07.6	6:47.6	4:13.5
8 REMLEY, Ava	JR	Anamosa	8	21:09.6	6:48.2	4:13.9
9 OWEN, Laura	SR	Tipton	9	21:25.0	6:53.2	4:17.0
10 RIES, Peyton	SO	Monticello	10	21:27.9	6:54.1	4:17.6
11 REITER, Madelyn	SR	Beckman Catholic	11	21:38.0	6:57.4	4:19.6
12 BERNING, Willa	SO	Wahlert Dubuque	12	21:44.1	6:59.3	4:20.8
13 BURBRIDGE, Audra	FR	Maquoketa Valley D	13	21:58.1	7:03.8	4:23.6
14 BORMANN, Maya	SO	Wahlert Dubuque	14	22:19.1	7:10.5	4:27.8
15 COSS, Audra	JR	Wilton	-	22:36.4	7:16.1	4:31.3
16 HEIN, Ella	SO	Tipton	15	22:39.8	7:17.2	4:31.9
17 ERWIN, Harper	JR	Regina Iowa City	16	22:56.9	7:22.7	4:35.4
18 CAPRON, Ava	SR	Monticello	17	23:00.9	7:24.0	4:36.2
19 ROHNER, Ella	SO	Wahlert Dubuque	18	23:05.9	7:25.6	4:37.2

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Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

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20 APPLEBY, Adalyn	SR	Central DeWitt	19	23:13.0	7:27.9	4:38.6
21 EASTMAN, Ruby	JR	Regina Iowa City	20	23:31.5	7:33.8	4:42.3
22 VERHAGEN, Emmy	SO	Monticello	21	23:46.2	7:38.6	4:45.2
23 TOPPING, Adelyn	FR	Cascade Western D	22	23:47.6	7:39.0	4:45.5
24 HINES, Karli	SR	Tipton	23	23:48.7	7:39.4	4:45.7
25 FITZGERALD, Alexa	SO	Tipton	24	23:51.5	7:40.3	4:46.3
26 BUTTZ, Riley	FR	Maquoketa	25	24:00.2	7:43.1	4:48.0
27 DEVORE, Ella	SO	Jesup	26	24:02.0	7:43.7	4:48.4
28 FORSSBERG, Maia	SO	Jesup	27	24:04.0	7:44.3	4:48.8
29 TUTHILL, Lilyan	JR	Wahlert Dubuque	28	24:08.6	7:45.8	4:49.7
30 CONRAD, Carley	FR	Cascade Western D	29	24:15.0	7:47.8	4:51.0
31 COPP, Kennedy	FR	Jesup	30	24:15.3	7:47.9	4:51.0
32 KUNDE, Kaitlin	SR	Monticello	31	24:15.5	7:48.0	4:51.1
33 HALVERSON, Alexis	SR	Maquoketa Valley D	32	24:16.3	7:48.2	4:51.2
34 CLAUSEN, Jenny	SR	Central DeWitt	33	24:19.3	7:49.2	4:51.8
35 SLOUHA, Sloane	JR	Benton Community	34	24:28.2	7:52.1	4:53.6
36 GRAHAM, Lilly	SR	Wahlert Dubuque	(35)	24:28.3	7:52.1	4:53.7
37 OLTMANN, Lauren	SO	Anamosa	36	24:32.8	7:53.6	4:54.6
38 DEAN, Emma	SO	Wahlert Dubuque	(37)	24:33.5	7:53.8	4:54.7
39 BODECKER, Mya	SO	Tipton	(38)	24:44.4	7:57.3	4:56.9
40 SIEVERDING, Kylie	JR	Wahlert Dubuque	-	24:47.7	7:58.4	4:57.5
41 FISHER, June	FR	Benton Community	39	24:48.1	7:58.5	4:57.6
42 HAMILTON, Saidee	SR	Tipton	(40)	24:53.2	8:00.1	4:58.6
43 THIELEN, Claire	SO	Wahlert Dubuque	-	25:02.8	8:03.2	5:00.5
44 SCHEMMELE, Leah	JR	Monticello	(41)	25:06.6	8:04.4	5:01.3
45 SEYDEL, Chloe	FR	Tipton	-	25:13.1	8:06.5	5:02.6
46 DOMEYER, Autumn	SO	Beckman Catholic	42	25:14.1	8:06.8	5:02.8
47 BELKEN, Tessa	FR	Wahlert Dubuque	-	25:19.1	8:08.4	5:03.8
48 UNSEN, Mallory	SO	Wahlert Dubuque	-	25:19.7	8:08.6	5:03.9
49 STADTMUELLER, Katie	SO	Monticello	(43)	25:21.3	8:09.2	5:04.3
50 BRANDT, Ali	SR	Regina Iowa City	44	25:28.2	8:11.4	5:05.6
51 PITZ, Miya	FR	Beckman Catholic	45	25:28.8	8:11.6	5:05.8
52 HAGEN, Zoey	SR	Tipton	-	25:30.4	8:12.1	5:06.1
53 FOGG, Koda	SR	Tipton	-	25:34.1	8:13.3	5:06.8
54 DEMOSS, Layna	SO	Benton Community	46	25:36.9	8:14.2	5:07.4
55 SUPPLE, Lilly	JR	Cascade Western D	47	25:42.5	8:16.0	5:08.5
56 KEARNEY, Bri	JR	Monticello	-	25:46.3	8:17.2	5:09.3
57 RAHE, Vivienne	FR	Beckman Catholic	48	25:48.4	8:17.8	5:09.7
58 RUGGEBERG, Landre	JR	Central DeWitt	49	25:54.5	8:19.8	5:10.9
59 BIRT, Kinley	JR	Central DeWitt	50	25:59.7	8:21.5	5:11.9
60 UTHOFF, Rheagyn	JR	Anamosa	51	26:07.5	8:24.0	5:13.5
61 BURKE, Grace	FR	Wahlert Dubuque	-	26:10.6	8:25.0	5:14.1
62 FIELDING, Hailey	SO	Central DeWitt	(52)	26:12.6	8:25.6	5:14.5
63 BUSH, McKenna	SR	Maquoketa Valley D	53	26:20.3	8:28.1	5:16.1
64 RONNEBAUM, Bianka	SR	Maquoketa Valley D	54	26:20.6	8:28.2	5:16.1
65 MCDERMOTT, Shelby	JR	Cascade Western D	55	26:21.7	8:28.6	5:16.3

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66 NESBIT, Olivia	SR	Jesup	56	26:22.1	8:28.7	5:16.4
67 TRUMM, Annie	JR	Cascade Western D	(57)	26:24.1	8:29.3	5:16.8
68 O'CONNOR, Serenity	FR	Jesup	(58)	26:31.6	8:31.8	5:18.3
69 KING, Emma	FR	Benton Community	59	26:40.3	8:34.5	5:20.0
70 SCHILLING, Layni	JR	Jesup	(60)	26:43.6	8:35.6	5:20.7
71 LEISTIKOW, Adalyn	FR	Central DeWitt	(61)	26:45.8	8:36.3	5:21.2
72 WOMER, Lillie	FR	Beckman Catholic	62	26:47.4	8:36.8	5:21.5
73 HACKMAN, Kalyn	SR	Maquoketa	63	26:51.6	8:38.2	5:22.3
74 VAUGHN, Ingrid	SO	Anamosa	64	26:54.6	8:39.2	5:22.9
75 PRITCHARD, Chloe	SO	Regina Iowa City	65	27:07.0	8:43.1	5:25.4
76 SELL, Everlie	SO	Wahlert Dubuque	-	27:16.6	8:46.2	5:27.3
77 CORTES, Ana	SR	Beckman Catholic	(66)	27:38.8	8:53.4	5:31.7
78 WOLF, Lizzy	JR	Benton Community	67	28:04.4	9:01.6	5:36.9
79 FORT, Audrey	JR	Anamosa	68	28:06.3	9:02.2	5:37.2
80 IHNS, Charlotte	FR	Maquoketa	69	28:09.9	9:03.4	5:38.0
81 BUSH, Breanna	FR	Maquoketa Valley D	70	28:23.9	9:07.9	5:40.8
82 DEVORE, Lizzy	SO	Jesup	-	28:25.1	9:08.2	5:41.0
83 EMBREE, Hadley	FR	Anamosa	(71)	28:26.4	9:08.7	5:41.3
84 KNIPPER, Jada	SR	Maquoketa Valley D	(72)	28:28.3	9:09.3	5:41.7
85 WEHRSPANN, Marta	SO	Jesup	-	28:41.6	9:13.5	5:44.3
86 SUNDSTROM, Kathryne	SO	Anamosa	(73)	28:53.2	9:17.3	5:46.6
87 BARBER, Delaney	SR	Central DeWitt	-	28:53.5	9:17.4	5:46.7
88 DUNNE, Rylie	SR	Central DeWitt	-	29:16.4	9:24.7	5:51.3
89 FRESE, Libi	SO	Benton Community	(74)	29:21.3	9:26.3	5:52.2
90 SCHNEIDER, Andrea	SO	Beckman Catholic	(75)	29:21.6	9:26.4	5:52.3
91 BOYLE, Sarah	FR	Cascade Western D	(76)	29:21.8	9:26.5	5:52.3
92 SMITH, Adeline	FR	Regina Iowa City	77	29:38.8	9:31.9	5:55.7
93 KLOSTERMANN, Marie	SO	Central DeWitt	-	30:09.4	9:41.8	6:01.9
94 SHADY, Kayla	SO	Monticello	-	30:16.4	9:44.0	6:03.3
95 HEIN, Elise	SO	Durant	78	30:24.1	9:46.5	6:04.8
96 WILTGEN, Ava	SR	Regina Iowa City	(79)	30:29.0	9:48.1	6:05.8
97 WHITSON, Leah	JR	Anamosa	-	30:44.8	9:53.2	6:08.9
98 NELSON, Evelyn	SR	Maquoketa	80	30:55.3	9:56.5	6:11.0
99 KELLEY, Madison	FR	Wilton	-	31:16.8	10:03.4	6:15.3
100 FLANNAGAN, Haydin	SO	Maquoketa Valley D	(81)	31:29.2	10:07.4	6:17.8
101 HATFIELD, Jordan	SR	Maquoketa Valley D	-	31:29.6	10:07.6	6:17.9
102 FOGG, Larkyn	SO	Tipton	-	31:38.8	10:10.5	6:19.8
103 WETHAL, Grace	SR	Wahlert Dubuque	-	32:09.4	10:20.4	6:25.9
104 CEARLOCK, Annebelle	JR	Wahlert Dubuque	-	32:12.2	10:21.3	6:26.4
105 BARBER, Kalli	JR	Central DeWitt	-	32:21.1	10:24.1	6:28.2
106 TENNEY, Isabella	FR	Beckman Catholic	-	32:22.2	10:24.5	6:28.4
107 PURSLEY, Melia	SR	Regina Iowa City	(82)	32:22.9	10:24.7	6:28.6
108 VIRTUE, Lydia	SR	Wahlert Dubuque	-	32:26.9	10:26.0	6:29.4
109 MEYER, Adelynne	SO	Central DeWitt	-	32:29.4	10:26.8	6:29.9
110 MCGRANE, Catalina	SO	Beckman Catholic	-	32:34.5	10:28.4	6:30.9
111 WRIGHT, Sarah	SR	Benton Community	(83)	32:37.8	10:29.5	6:31.6

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112 NOLTE, Marissa	FR	Benton Community	-	32:45.9	10:32.1	6:33.2
113 MENSCHING, Cece	JR	Jesup	-	32:48.6	10:33.0	6:33.7
114 PINT, Brooklyn	SO	Jesup	-	32:52.3	10:34.2	6:34.5
115 MAHR, Alli	JR	Jesup	-	33:09.9	10:39.8	6:38.0
116 LESLIE, Aven	FR	Prince of Peace Cat	-	33:12.7	10:40.7	6:38.5
117 GREBNER, Marie	SR	Beckman Catholic	-	33:16.4	10:41.9	6:39.3
118 NELSON, Ella	SO	Maquoketa	(84)	33:22.8	10:44.0	6:40.5
119 CARLIE, McPherson	FR	Central DeWitt	-	33:39.8	10:49.4	6:44.0
120 BESLER, Meghan	SO	Monticello	-	33:50.7	10:52.9	6:46.1
121 GOEDKEN, Chloe	SR	Beckman Catholic	-	34:03.5	10:57.0	6:48.7
122 LERMA, Rebekah	SO	Durant	85	34:11.0	10:59.5	6:50.2
123 KNIPPER, Allison	SO	Beckman Catholic	-	34:13.1	11:00.1	6:50.6
124 RICHARDSON, Jocelynn	SO	Durant	86	34:14.2	11:00.5	6:50.8
125 REED, Rylee	FR	Maquoketa Valley D	-	34:15.7	11:01.0	6:51.1
126 VOELKEL, Jordan	SO	Benton Community	-	35:02.4	11:16.0	7:00.5
127 CHRISTENSEN, Skylar	SO	Monticello	-	35:08.1	11:17.8	7:01.6
128 WARE, McKenna	FR	Durant	87	36:16.9	11:39.9	7:15.4
129 HUGO, Graci	FR	Calamus-Wheatlan	-	36:27.9	11:43.5	7:17.6
130 CLAYTON, Trista	SO	Jesup	-	37:23.1	12:01.2	7:28.6
131 REICHER, Leah	SR	Maquoketa Valley D	-	37:27.0	12:02.5	7:29.4
132 INGLES-LOWDER, Jenna	SO	Durant	88	39:10.7	12:35.8	7:50.1