



United States Department of Veterans Affairs  
Winston-Salem Regional Office

## BOOTS 2 BENEFITS NEWSLETTER

June 2019



## She served too!

*Did you know that women are the fastest growing group within the Veteran population?*



### Friends,

Welcome to our third edition of our local newsletter, "Boots 2 Benefits".

This quarter, the Department of Veterans Affairs (VA) promotes resources supporting the health, independence and quality of life for women Veterans who have injuries, medical conditions or disabilities. Did you know that women are the fastest growing group within the Veteran population? As the number of women Veterans increases, the VA continues to develop benefits and services to meet their changing needs.

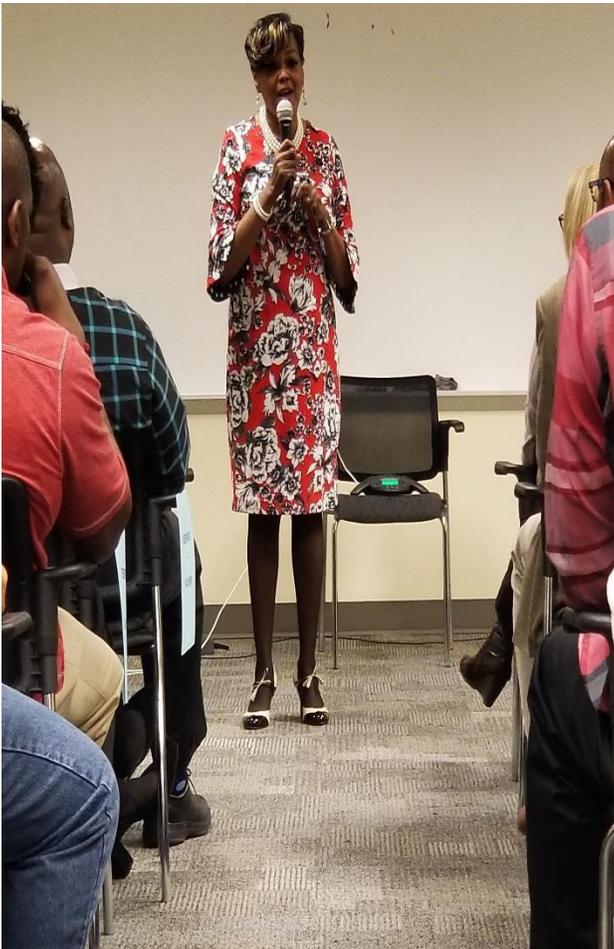
VA developed a resource catalog especially for women Veterans. The resource includes information related to preventive care, mental health and even specialty programs like reproductive health, long-term care and access to gender-specific prosthetics.

You can access this catalog at [https://www.womenshealth.va.gov/WOMENSHEALTH/womenshealthservices/healthcare\\_about.asp](https://www.womenshealth.va.gov/WOMENSHEALTH/womenshealthservices/healthcare_about.asp). Or you can call or text the Women Veterans Call Center at 1-855-829-6636.

We are committed to making it extremely simple for each Veteran to access the information and services they need.



## Winston-Salem Regional Office celebrates Women’s History Month



**By Martiez Taylor, Change Management Agent, Winston-Salem Regional Office**

The Winston-Salem Regional Office (WSRO) Diversity Committee hosted a Women’s History Month program on March 27, with guest speaker Twana Wellman-Roebuck. She is the Executive Director of Experiment in Self-Reliance (ESR), a Winston-Salem non-profit organization that empowers individuals to become independent.

Mrs. Wellman-Roebuck is an award-winning community activist and serves on many boards and committees related to community issues such as employment, housing, economic development and education.

Mrs. Wellman-Roebuck addressed a group of approximately 100 WSRO employees. She inspired the audience with stories of triumph and determination and most notably how “together we rise.”

She also discussed ways for the audience to become engaged in the community to affect change and be a positive force for women. The program concluded with a selection by the WSRO Choir and an original reading from Mrs. Wellman-Roebuck.

# Winston-Salem Regional Office serves those who served!



## Calling All Women Who Served in the United States Military!

Do you know your Veteran status? Do you have a Veteran ID card? Should you receive any benefits from VA, like the GI Bill? Do you know what health care benefits you have earned? If you do not know the answer to even one of these questions, the Department of Veterans Affairs (VA) has established the Women Veterans Call Center (WVCC) just for you.

**TRUST HER TO FIND ANSWERS.**  
The Women Veterans Call Center is your guide to VA.

**CALL OR TEXT**  
1-855-829-6636

**CHAT ONLINE**  
[www.womenshealth.va.gov](http://www.womenshealth.va.gov)

**HOURS OF OPERATION**  
Monday – Friday: 8:00 a.m. – 10:00 p.m. ET  
Saturday: 8:00 a.m. – 6:30 p.m. ET

1-855-VA-WOMEN  
WOMEN VETERANS  
CALL CENTER

VA U.S. Department of Veterans Affairs

## She's your guide to VA.

The WVCC staff is trained to provide women Veterans, their families, and caregivers about VA services and resources. All the representatives at the Women Veterans Call Center are women, and many are Veterans themselves. In addition to linking women Veterans to information, the Women Veterans Call Center makes direct referrals to Women Veteran Program Managers (WVPM) located at every VA medical center. The Women Veteran Program Manager helps the woman Veteran coordinate services.

The Call Center is ready to respond to your concerns. The call (1-855-829-6636) is free, and you can call as often as you like until you have the answers to your questions. The Call Center is available Monday through Friday 8 a.m. - 10 p.m. ET, and on Saturdays from 8 a.m. - 6:30 p.m. ET.

*Did you know that over 672,000  
**women** Veterans served in the  
United States Military?  
Winston-Salem Regional Office  
appreciate your service!*

# Vocational Rehabilitation and Employment (VRE)

## What's New?

### Vocational Rehabilitation and Employment (VR&E) Service Offers Veterans Opportunity to Share Their Story on GI Bill 75<sup>th</sup> Anniversary Webpage

#### We have some good news!

Veterans, Servicemembers, and their dependents in our local area are invited to share their education-related stories resulting from their use of the GI Bill benefit. The webpage includes an invitation for Veterans to send in their videos with their GI Bill stories from now through June 22, 2019. Veterans are asked to do the following:

- Record a video of their GI Bill stories
- Upload their stories to the GI Bill 75<sup>th</sup> Anniversary webpage
- Use the hashtag, #myGIBillstory, in their social media posts on Facebook, Twitter, and Instagram

The link to the GI Bill 75<sup>th</sup> Anniversary webpage is <https://benefits.va.gov/gibill/75th-anniversary.asp> .

*“A grateful nation thanks our Veterans for their service.”*

**-VR&E Staff**



## Who is entitled to receive VRE Service?

### Active Duty Service-members are entitled if they:

- Expect to receive an honorable or other than dishonorable discharge upon separation from active duty.
- Obtain a VA memorandum rating of 20% or more.
- Are determined by VR&E to need rehabilitation services because of an employment handicap. **OR**
- Participate in the Integrated Disability Evaluation System (IDES) or are certified by the military as having a severe injury or illness that may prevent them from performing their military duties. Service-members who are participating in IDES are presumed entitled.

# All New!

## Self-Service Disability Claim Tool

[Check it out!](#)

VA launched a new self-service disability compensation claims tool on va.gov March 20<sup>th</sup>.

The tool, designed with the help of Veteran test developers, links to VA's eBenefits program and walks Veterans through the application process for disability compensation.

Clicking the button to start your application will automatically declare your intent to file a claim and provide you with a year to complete the application process.

Check out the tool at the attached link.

<https://www.va.gov/disability/file-disability-claim-form-21-526ez/introduction>

*Did you know that only 25% of our North Carolina Veterans are receiving Disability Compensation Benefits? \**

*\*2016 US Census Data*



## Contact Information

Our office is centrally located in Winston Salem, NC and we have a Public Contact Team that is dedicated to assist walk-in Veterans and/or their families during the week. We are available to answer claim-related and general benefit questions Monday through Thursday, 8am to 4pm and Friday, 9am to 4pm.

We have also expanded our availability by taking walk-in interviews at the Kernersville Health Care Center, located at 1695 Kernersville Medical Pkwy, Kernersville, NC on Monday & Wednesday, 8:30am to 4pm & Friday, 12 noon to 4pm.

For a list of outreach events and other benefit related information available to Veterans and their families, please visit our Winston-Salem VA website:

<https://www.benefits.va.gov/winstonsalem/>

For all VA related concerns, including VA health care, home loan, education, or other VA related information, please visit:

<https://www.va.gov/>



## Winston Salem Region Office

*Federal Building,  
251 N. Main Street  
Winston-Salem, NC 27155*

*Phone: 800-827-1000*

<https://www.benefits.va.gov/winstonsalem/>

[Unsubscribe](#)



# Cary Veterans Experience Action Center

The most comprehensive Veteran resource event in the region

Hosted by the Winston Salem VA Regional Office  
September 12-14th, 2019



## Veterans Experience Action Center Services Include:

**Herbert Young Community Center**  
**101 Wilkinson Ave**  
**Cary, NC 27513**

### Hours:

**September 12-13, 2019**

9 a.m. – 3 p.m.

AND

**September 14, 2019**

9 a.m. – 2 p.m.

### For more information:

visit [Winston-Salem VBA Regional Office](#)

- VA benefits compensation and pension claims
- VA Vocational Rehabilitation and Employment information
- VA health care benefits enrollment and information
- Mental health counseling, Homeless, low-income housing and vocational support services
  - Vocational rehabilitation, loan guarantee and education services
  - VA Mobile Vet Center
  - Services from community partners
  - Information and referrals
  - And much more!

**VA**



U.S. Department of Veterans Affairs



**Choose VA**