

Courageous Leadership Training Workshop – Course Overview and Learning Objectives

Why is this topic important?

The workplace is fraught with daily challenges—challenges that may provoke fear, stress, or even excitement. These challenges can inspire our courage or undermine our performance. This training is about helping individuals access their own courage and enlarge their capacity to be courageous so that they can meet these challenges with more confidence and less trepidation.

What can you achieve with this training?

You can realize achievements on the individual and organizational levels. **Individually**, this workshop will help you dimensionalize your understanding of courage and provide you with specific tools on how to be more courageous more often. Results can also be achieved at the **organizational** level. This course can help transform the culture of your organization by driving out fear. The evidence is overwhelming that fear based organizations have low levels of employee engagement and productivity. By driving out fear and building courage, you elevate performance.

The Five Courageous Leadership Premises

- Courage is a teachable and learnable skill.
- Everyone has the capacity to be courageous.
- People perform better and with greater passion when working with courage.
- People can use a host of techniques and approaches to build their courage.
- The entire organization benefits when everyone is working more courageously.

Courageous Leadership Workshop Objectives

- Learn about the three different types of courage and when (and *how*) to use each.
- Understand the impact that *fear* has on personal and organizational performance.
- Learn about two distinct ways of leading, and approaches for inspiring more courageous behavior among the people you work with.
- Identify specific actions for extending the value of the workshop so that you can continue benefiting from it going forward.
- Become more courageous.

How will this workshop benefit your organization?

A more courageous organization will...

- Take on new challenges.
- Push themselves for greater results.
- Hold one another accountable.
- Be open to new opportunities.
- Perform with great passion and purpose.

Courageous Leadership Training Workshop Details

- **Instructor Led – Learner Interactive 3-hours workshop**
 - Small group interactions and exercises
 - Individual self reflection & action planning for application of learning
- **“Courageous Leadership Profile”**
 - A self- rated survey to assess individual strengths and opportunities within the three type of courage.
 - Practical “next steps” for leveraging courage strengths and improving courage opportunities.
- **“Courageous Leadership Participant Workbook”**
 - Content about the major workshop topics as well as fill-in-the-blank quizzes, exercises, tools, instructional aides, and a section for continued development following the workshop.