

MAY BULLETIN

AUXILIARY EMERGENCY FUND ('AEF')

2018-2019

To all my Busy Bees!!! THANK YOU, THANK YOU ! for all that you have done for the AEF program this year. Because of your hard work May flowers are blooming profusely all over Arizona.

Many units have created a Local Hive which helps members RIGHT NOW. If further assistance is needed they can fill out the forms that get sent to the National Hive.

Our year is almost over, but PLEASE don't stop your fund raisers. After all disasters, financial worries, health issues and other problems don't stop because the BEES year has ended.

Thank you also for the many reports I received. Keep up the good work. I hope to see many of you at convention this June 20-23. Good Luck to all units on winning many awards.

**For God and Country
Shirley Kavis Chairman
SKavis46@aol.com
602-679-0766**



Education May, 2019



The deadline for the Department of Arizona WILMA HOYAL-MAXINE CHILTON MEMORIAL SCHOLARSHIP is quickly approaching. One annual scholarship of \$1000.00 is available to a student at Arizona State University, Northern Arizona University and the University of Arizona enrolled as a second year or upper division student in Political Science, Public Programs or Special Education.

Any applicant must be a citizen of the United States and a resident of Arizona for at least one year. Honorably discharged veterans or immediate family members of a veteran will be given preference.

Applications must be sent to the American Legion Auxiliary Department of Arizona Headquarters office by May 15.

Recipients will receive awards through the appropriate school offices for each academic year in the following manner: One half of the award will be made available to the recipient at the beginning of fall and spring semesters, dependent on proper enrollment with the university. Applicant must complete at least 12 hours with a grade average of "B" or better, and be enrolled as a fulltime student.

Applications and complete instructions to apply for this scholarship were included in the Education packet distributed at Fall Conference.

Former recipients continuing degree programs as listed above may re-apply provided the applicant complies with rules and submits a new application.

Thank you to all the Unit Chairmen who turned in their year-end report by the May 1st deadline. I look forward to hearing how your Units promote the Auxiliary education programs throughout the school year, especially Teacher Appreciation Week, May 5-11.

In the Spirit of Service, not for self,
For Veterans, God and Country,

Julie Vietri

Education Chairman
Department of Arizona
jvietri@msn.com
480-947-1304

ARIZONA MISSION TRAINING

Believe Equality Exists Supporting Every Veteran



Well, we have made it into May. Hopefully everyone had something to report for this year. Thanks to those that attended training this year, to our great instructors who were called on to participate, and thanks to those Units who were willing to host training.

UPDATE ON THE QUESTION OF COMBINING NATIONAL ON-LINE COURSES WITH ARIZONA MISSION IN-PERSON TRAINING. No, National Training is just that. If we want to have Arizona Mission on-line training, it will have to be developed by us for us. There is no reason it can't be done, just will take a little time and effort.

There have been only two training sessions in 2019; Bullhead City and Benson. All others were canceled due to no participation in the sign-up process. It is hard to commit our precious time at any time of the year, but we should be looking to next year and setting aside some time for training. With the new concept of half days, it should be easier to fit training into our busy schedules.

With all the personal, work and other service organization commitments we have all faced this year, it has been a challenge to come to the end of the year. We will soon be facing another year of commitments and should be thinking of our to-do lists and placing training closer to the top of our priorities. All good organizations have annual training. Just because we know something does not mean we know everything. We can always learn something from our refresher training. Set an example for new members that training is important to our organization.

Units and District please think about setting aside time in your new schedule for next year to provide Mission Training to your new members and new officers.

No one sent in a request to be considered as an Instructor. It is not too late. If no one comes forward with a request, names will be discussed by the committee and then with the President. There are a lot of capable members out there that should have this chance to give back.

Instructors, please remember to remain current, you need to attend either Department or National Training every two years. This can be confirmed only if the attendance information is shared with this chair or Department.

Thank you for allowing this committee to work with all of you this year.

For God and Country in Service to Veterans

Kat Sticklin, Department Chair
Arizona Mission Training
928-428-7431 / 928-322-1550
gsticklin@cablone.net
1519 S. 2nd Avenue
Safford, AZ 85546

Rebecca Faris, Northern Co-Chair
rebfar@npgcable.com /928-757-8590
Sherrie Tucker, Southern Co-Chair
sherrietul@cox.net / 918-808-7540
Barbara White, Central Co-Chair
Barbarawhite99@gmail.com /602-908-2980



American Legion Auxiliary
Department of Arizona

**“BELIEVE EQUALITY EXISTS
SUPPORTING EVERY VETERAN”
MUSIC REPORT
MAY 2019**

Hello to all you May flowers!

It's Poppy month and a great opportunity to pass out those beautiful flowers to our veterans. Memorial Day is at the end of the month and most, if not all, American Legions will be hosting events to honor the day. Moina Belle Michael, known as the Poppy Lady, started the tradition of wearing a poppy in 1918, as an emblem for “keeping the faith with all who died.” Inspiration for the tradition came from the 1915 poem by John McCrae, “In Flanders Field.”

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.

Music adds enjoyment and an opportunity for participation for all in our monthly meetings. Including a song gives everyone the chance to be heard and feel a part of the group that is our wonderful organization.

Please remember that the Legion Family Choir sings at the Memorial Service on Sunday morning during the Department Convention in June. I'd appreciate your support in encouraging members to be a participant in the Choir. It's very rewarding.

Information regarding the Music Awards can be found on the website: www.aladeptaz.org under Ruling Documents. Click on ALA Department Awards Book and go to page 48. This will list the rules and the scoring for the awards.

MUSIC PLAQUES

Frances Aros Memorial Music Plaque awarded to Unit with membership of 151 and over

Millicent Kasun Music Plaque awarded to Unit with membership of 150 and under

**Monica Rae Stein, Department Music Chairman
11533 E. Kilarea Ave., Mesa, AZ 85209
steinent@cox.net
480.272.1255 cell**

**American Legion Auxiliary
National Security**

May 2019

Year End Reports were due May 1 and did you send it? Consider starting work on next year's Program with these suggestions:

Train for a FEMA-Community Emergency Response Team (CERT). These teams prepare and respond to disasters in communities across our country. Fires, floods, earthquakes are but a few examples of natural disasters.

Blue Star/Gold Star Family Recognition. Honor the military service member in your community by purchasing the appropriate flag at Emblem Sales, emblemlegion.org.

National Guard Unit. Many communities have a Unit, simply call and ask to speak to the "Family Support Section". If you live near a military base take the same steps to ask how you can provide support.

Collect and Cut Coupons for Military Bases. Addresses to send coupons are available on the ALA website, ALAforveterans.org.

Donate blood to United Blood Services. Partner with your Legion family to host a blood drive. For information go to unitedbloodservices.org or call 877-827-4376.

Honor the Legion's Empty Chair Resolution 288. The POW/MIA Empty Chair Cover is available at Emblem Sales, emblemlegion.org.

Honor local High School JROTC Program. Local high schools JROTC cadets are trained to participate in the POW/MIA Empty Chair ceremony. Honor these students by presenting them with recognition awards.

USO offers free services to Military at Airports. Sky Harbor Airport is the home of the USO in the Phoenix Metro Area. For information go to usarizona@uso.org or call 877-827-4376

**Yolanda Bonilla
National Security Chairman
602-989-3321, yodobo@msn.com**

ARIZONA STATE VETERANS HOME – TUCSON (ASVH-TUCSON)

MAY, 2019

DID YOU SUBMIT YOUR ANNUAL ARIZONA STATE VETERANS HOME REPORTS TO PHOENIX OR TUCSON CHAIRMANS? QUESTIONS EMAIL LINDA HUBBS AT ibubbles@cox.net FOR PHOENIX LOCATION OR ANNA MARIE ARENAS AT aarenas@cox.net FOR TUCSON LOCATION – DUE DATE WAS MAY 1, 2019

Ladies,

Units hosting the monthly Birthday Cake and Ice Cream Socials are as follows:

April – Unit 7

May – Unit 59

Need units to host for June through November so far.

Please contact Terry Soto to schedule or confirm for the monthly event or for questions at 520-551-3628.

HAPPY BIRTHDAY TO ASVH-TUCSON RESIDENTS – BEST WISHES ALWAYS TO YOU

<u>MAY</u>	Frederick 1	David 3	Alfred 7	Guy 13	Craig 17	Maurice 20
	James 24	Asberry 24				

REMINDER: Second Monday monthly Arizona State Veterans Home-Tucson, Steering Committee Meeting at 11:00 a.m. in the Chapel Room, Bldg. #1

Third Tuesday monthly Auxiliary hosted a Birthday Cake and Ice Cream Social at 1:30 p.m. Set up is at 1:00 p.m. in the Chapel Room in Bldg. #1

Third Tuesday monthly Pizza Party – Cost is \$140 which includes pizza and chicken wings – need sponsors

Third Wednesday monthly Bingo in Bldg. 2 hosted by Fred H Humphreys Auxiliary Unit 8

Please advise if your unit is donating items to ASVH-Tucson so that the steering committee can recognize you in these monthly articles. The steering committee is great to attend as we plan out monthly and future events. And, yes by all means we greatly support, “Adopt a Building.”

DONATION

Reviewed at a recent steering committee meeting the need for a handicap golf cart. Staff assistant in walking the residents in wheelchairs to the VA. It is a long walk and it would be easier to transport them using a golf cart to carry the driver, resident, and wheel chair. If interested, contact Anna Marie Arenas.

Thank you Units 132 for donating cushions for patio in the Memory Care Unit. Fran Johnston, you are awesome. Fran recently had another bread sale fundraiser and donated for upcoming events. Thank you so much Unit 95 for your donation.

RECENT EVENT - FANTASTIC!

Steering Committee (Auxiliary) is alternating with others to host the monthly Tuesday Pizza and Chicken Wing parties with donations from the various units from the Department of Arizona. Thank you all for your donations.

UPCOMING EVENTS

May

May 4 ELKS BBQ at 11:00 a.m.

May 5 Cinco de Mayo – ASVH-Tucson will host a Mexican cuisine, and mariachis ALA to provide Mexican pastries at 2:00 p.m.

May 10 Breakfast – Recognition of residents and ASVH-Tucson hosted by ALA ELKS to donate two (2) baskets. Volunteers to set up and cook by 7:30 a.m. and serve at 9:00 a.m. Menu is egg and potato burro, chorizo and egg burro, or egg and cheese burro. Residents love this morning gathering. Need volunteers to cooking and serve. Contact Anna Marie Arenas, aarenas@cox.net or 520-404-7646.

May (Continued)

- May 12 ALA to provide corsages for each resident (female). Breakfast will be hosted by ASVH-Tucson. Will drop off corsages the night before for the residents. Mary, ELKS has bracelets to give as gifts to the ladies.
- May 18 Armed Force Day and Open House to be combined at ASVH-Tucson. Event is 10:00 a.m. to 3:00 p.m. Oro Valley American Legion Post 132 to post colors at 10:00 a.m., John, Post 132, to DJ 50's to 60's, and early 70's. ALA will make Sonoran hot dogs (due to popular demand). ELKS will donate chips, and ASVH-Tucson will provide beverages. Set up time for vendors is 9:00 a.m. Donations used for art supplies for recreation program. Still planning stage to schedule event time. Anna Marie reported that Dora Torralba, Nancy Morrow, and Maggie Trujillo have reserved a vendor space. **All vendors and food will be indoors in Bldg. #1 - \$15/space.**
- May 24 Oro Valley American Legion Post 132 Color Guard to participate in memorial event at 10:00 a.m. at ASVH-Tucson in the Chapel Rm., Bldg. #1. Lipphardt to perform taps. Volunteers needed to move residents from their rooms to the ceremony. All volunteers report at 9:30 a.m. at Bldg. #1. Luncheon provided by ASVH-Tucson.

WISH LIST – UPDATE

Recreation therapists are still in need of 300 piece puzzles (residents specifically want 300 pieces only) and CD players (portable or boom box style). Also, need batteries AA, D, and C. Chocolate candy bars plain or with almonds a Number 1 request, also Milky Way, Kit Kat, and Reese's Cups.

HAPPINESS AND ENTERTAINMENT IS ALWAYS NUMBER 1 THERAPY!

For God and Country,

Anna Marie Arenas
ASVH-Tucson Chairman
aarenas@cox.net
520-404-7646

Nancy Morrow
ASVH-Tucson Co-Chairman
nancymorrow52381@gmail.com
520-867-1725

VA&R REPORT
TUCSON VA MEDICAL CENTER
3-31-19

Upcoming Events (Volunteers & Monetary Donations Needed):

Bingo parties which are held on the **third Saturday of each month at 1:30PM in Building 60** at the VA hospital. Volunteers are needed to assist with this activity, which is much appreciated by our hospitalized Veterans. Please consider sponsoring the Bingo program. Thank you to the past & current District presidents who volunteered at the June Bingo. We are now welcoming Veteran patients from the Building 95 Substance Use Treatment Disorder Program to our Bingos. Thank you Unit 68 for volunteering to fund and work the February Bingo. Many thanks to the new Bingo volunteers, Rose & Marilyn.

Bridging Ceremony refreshments for the Substance Use Disorders Treatment Program (SUDTP) on the **third Tuesday of each month and any month that there is a fifth Tuesday**. We sponsored refreshments on March 19, 2019. We will be sponsoring refreshments on April 16, 2019. Unit 131 will be sponsoring refreshments on April 30, 2019. The time is 2PM and the venue is Building 90 at the VA hospital. Thank you to members of Unit 131 & Unit 68 who have volunteered to help with this program. Special thanks to Fire Woman (Ku Istan) and Jude for all their assistance with this activity.

Veterans Creative Arts competition and display was held on February 19, 2019. Thank you to volunteers who assisted with the Popular Choice balloting. Thank you Unit 73 for providing refreshments.

Employee Appreciation Luncheon was once again a huge success. Units donated salads and desserts for this activity. Twenty five volunteers helped prep and served. We fed over 650 employees in the two hour event.

Tucson Stand Down was held March 13th through March 15th.

Thank you Unit 131 for your very generous donation to the Veterans Creative Arts Program at SAVAHCS.

New items for Wish Lists

Golf clubs, Gloves, Gift Cards and Meals for PGA Hope Golf Program POC Scott Strzyzewski (520) 792-1450 X6367

Yuma CBOC (Community Based Outreach Clinic) is seeking donations of gift cards to local food stores (Fry's, Walmart, Albertsons, Sam's Club, Food City). These donations will support a collaboration between American Legion Post 19 and the Yuma CBOC. The Registered Dietician, Kelly Hamlin, MA, RDN is coordinating the effort to provide a cooking class for Veterans who would benefit from these skills. Many Veterans at the Yuma CBOC suffer from diabetes, obesity, high blood pressure and kidney issues due to a diet of processed foods. They want to teach these Veterans to prepare some healthy, simple meals to help improve their health. POC: Kelly E. Hamlin, MA, RDN; phone (520) 403-0217; mailing address 3111 S. 4th Ave., Yuma, AZ 85364. Should you decide to support this effort, please make sure that you submit a donation form to Southern Arizona VA Healthcare System.

The new Residential Mental Health Rehabilitation facility is now open. This added 25 new beds to house Veterans in various treatment programs with on-site housing on the hospital campus. The staff requesting donations has put forward that donations in kind, rather than monetary donations, would best fill this need. We ordered 150 backpacks and water bottles and provided colored pencils in June, 2018. The Building 95 donation was made possible largely by a very generous donation from Unit 66.

The grand total of monetary donations by American Legion Auxiliary Units for May 1, 2018 to March 31, 2019 is \$4,255.00.

The grand total of material and activity donations for the American Legion Auxiliary for May 1, 2018 to March 31, 2019 is \$51,059.05. We would like to express special thanks to Elaine Yates and Yuma Unit 19, Unit 7's Ann Reatherford, Unit 24, Unit 131, Unit 132, Unit 73 and Unit 109 members and unaffiliated volunteers for their constant support of VA programs through their donations. The Legion family is the largest supporter of the Arizona Fisher House. Currently, Arizona Fisher House is funded for the foreseeable future. Other programs are in dire need of donations (ie. Homeless, Building 95, Social Services, Bingo, etc.).

Sixteen registered hospital volunteers and nine summer youth volunteers, donated time which was credited to the American Legion Auxiliary. The grand total of registered volunteer hours May 1, 2018 to March 31, 2019 is 6,109. Occasional hours are 381 donated by one hundred volunteers. Please consider volunteering at SAVAHCS if you can possibly devote the time.

This chairman has volunteered 334.5 hours and logged 4,440 miles this year in service to the Tucson VA Medical Center as of March 31, 2019.

Respectfully Submitted, Kathy Szakonyi, VAVS Representative

UAV Unofficial Minutes
6 April 2019

The meeting was called to order at 10:07 a.m. by Chairman Dylan Dalzotto and the opening ceremony was conducted.

Bob Dalpe gave a report on "Fort Veteran" for Steve Cooper, Army veteran and Founder of Fort Veteran. This organization is dedicated to helping male veterans educate themselves on men's health issues, entrepreneurs developing their businesses had helping veterans get connected with organization helping veterans. For more information contact bob at bobdalpe.az@gmail.com, phone 623-910-8195.

A briefing was given by Carol Golden on how ITS/Intensive Treatment Systems helps Veterans who suffer with alcohol and/or drug addiction. ITS/Intensive Systems is a Medication Assisted Treatment (MAT) Provider who has been in the Valley for almost 30 years. Treatment is offered to anyone who suffers with Alcohol and/or Drug Addiction. Along with MAT, there is outpatient counseling; intensive outpatient treatment; individual, family and group counseling; peer support which includes assistance with housing, employment, resources and 1 on 1 support, and most importantly, transportation. ITS is registered with all 7 AHCCCS health plans and the preferred provider for TriWest; it also has funding available for people who have no insurance or who are underinsured. For more information contact Carol at carolgolden@itsofaz.com, phone (office) 602-783-8528, (cell) 623-297-2598, (Fax) 602-248-0557. They are located at 651 W Coolidge Street, Phoenix, AZ 85013.

Dr. Barry Goodfield, The Goodfield Institute gave a briefing on "When Life's Just too Much & Operation New Outlook. He has been a psychotherapist for 46 years. The program focuses on suicide prevention. Regardless of who we are most everybody at a certain moment has a time when you say to yourself: *Life is just too much!* Most of us find friends to review the situation and look for alternatives when something needs to be changed. It can be something with our mind, body, or relationships. Operation New Outlook is a 501 (c) (3) nonprofit organization devoted to veterans with Post Traumatic Stress. For more information you can contact them at email: goodfieldinstitute@mac.com.

Roll call was taken and a quorum was established. Carol Culbertson motioned to accept the minutes as written, second and approved.

The Treasurer's report was given by Ray Boucher.

Sickness and Distress – Bernie Kaplan, Army veteran; Past Commander, Jewish War Veterans; AVHOF 2008; fell and was hospitalized last month. Bernie is having multiple health issues. Your prayers for a speedy recovery are always appreciated. Cards can be sent to: 6121 Beverly Lane, Scottsdale, AZ 85254.

Director Nelson from the VA Medical Facilities gave a report on the VA Hospital. The VA Growth has increased 10% from last year. Women's growth since last year is 16%. Outpatient treatment since last year has increased 11%. The Phoenix VA is now the largest VA in the country. Ms Nelson thanked everyone who was in attendance at the groundbreaking for the new medical clinic being built at 32nd Street and Van Buren. Three requests have been submitted to increase the size of the Southeast and

Northwest facilities. The new Resource Center has serviced over 3,000 veterans since its' opening in September.

Jennifer Harris from ADVS reported on the Vietnam Veterans Ceremony held last week at Wesley Bolin Plaza. She also reported that the Marana Cemetery recently had an inspection. They received 90 out of 100 on the inspection.

A legislative update was given. The bill requesting the identifying branch of service on veterans plates passed. The bill on adding an addition 12 Service Officers has been put on hold. There is a need to have funds allocated before the bill can go any further.

Terry Araman, Legislative liaison has requested that the UAV send a letter in support of SB2093 (VSO's), explaining the importance of this bill to the Governor.

SB1157, to completely eliminate the tax deduction on military retirement is dead.

HB2488 dealing with an annual report from all agencies on Suicides was amended and will go to the house for a final vote.

Carol Culbertson announced that they have received 49 nomination packets for the Hall of Fame Induction.

For Good of the Order see the attachments.

There being no further business to come before the membership, the closing ceremony was held and the meeting was adjourned at 11:50 a.m.

Respectfully submitted,

A handwritten signature in cursive script that reads "Judith Hatch". The ink is dark and the signature is fluid.

Judith Hatch