



# GJWHF Meet Guidelines 2020

## October 16-18<sup>th</sup>

### Mountain Brook Gymnastics

- GJWHF is open to all Compulsory and all Xcel levels. We will have one judge panels for Level 1-5, and Xcel levels.
- \$85 per gymnast
- \$50 Team Fee
- \$10 spectator fee
- Due to social distancing and limited space, there will be a limit of 2 adults (from the same household) per gymnast. We will do our best to be as flexible and accommodating as possible!
- ProScore will have live streaming from each event. For those that cannot attend, they will be able to watch from a phone, ipad, laptop, etc. for a small fee.
- MBG will be cleaned between each session.
- Sessions will be spaced apart to give adequate time for people to come and go, along with allowing coaches to get food. (Pre-packages snacks & water bottles will be provided for coaches.)
- Judges will receive boxed meals.
- Temperatures will be taken at the door and the following questions will be asked:
  1. Have you had a fever in the last 48 hours?
  2. Have you been in close contact with a confirmed case of COVID-19?
  3. Are you experiencing a cough, shortness of breath, or a sore throat in the last 48 hours?
- Each spectator will be asked to wear a mask required by Governor Ivey.
- Deadline to enter is October 1<sup>st</sup>. Scratch date is October 8<sup>th</sup>. If you have athletes that are unable to compete due to them having to quarantine because of COVID-19, we **WILL** refund their entry fee.
- Please make sure all gymnasts come dressed for the competition and hair ready to comply with social distancing in the bathroom.
- No athletes will be allowed in the gym until 15 minutes prior to the start of their session.
- We are working on how to best distribute awards. We will recognize the top 3 athletes on each event and AA, and we will distribute awards 50% + 1 in each age group.
- Please plan to meet your parents outside the facility to pick up their athletes after the session is over.
- We are looking forward to providing a safe place for these athletes to compete. 😊

If you have any questions, please contact [Helen@mountainbrookgymnastics.com](mailto:Helen@mountainbrookgymnastics.com)