

NOTES FROM FRIENDS

The monthly newsletter of West Branch Friends Church



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Attitude is Everything...

At 211 degrees, water is hot.

At 212 degrees, it boils.

And with boiling water, comes steam.

And with steam, you can power a train.

Just one degree more can make all the difference.

Where can you “turn up the heat“?

- 2 extra acts of kindness weekly plant 104 more seeds of generosity each year.
- 15 extra minutes a day creates over 90 hours each year for what’s most important to you.
- 1 extra contact daily sparks 180 more personal connections every 6 months.
- 1 extra risk each week leads to 52 more opportunities every year for excitement and possibility.

In Riotous Joy and Firm Resolve,

Chris



Query for the Month

This month's *Friends Journal* magazine is focused on the theme of "Quaker Revivals". Each article highlights a different perspective on what Quakerism "needs" right now, and how it might be "revived". It has made for very interesting reading and I highly recommend it to you. It also has prompted this month's query.

Does Quakerism need a revival?

*What does "revival" mean or look like to
you?*

Meeting for Worship



Join us in meeting for worship Sundays at 10:30.

This month we will explore Quaker revivals and The *New* New Testament

Worship Servants

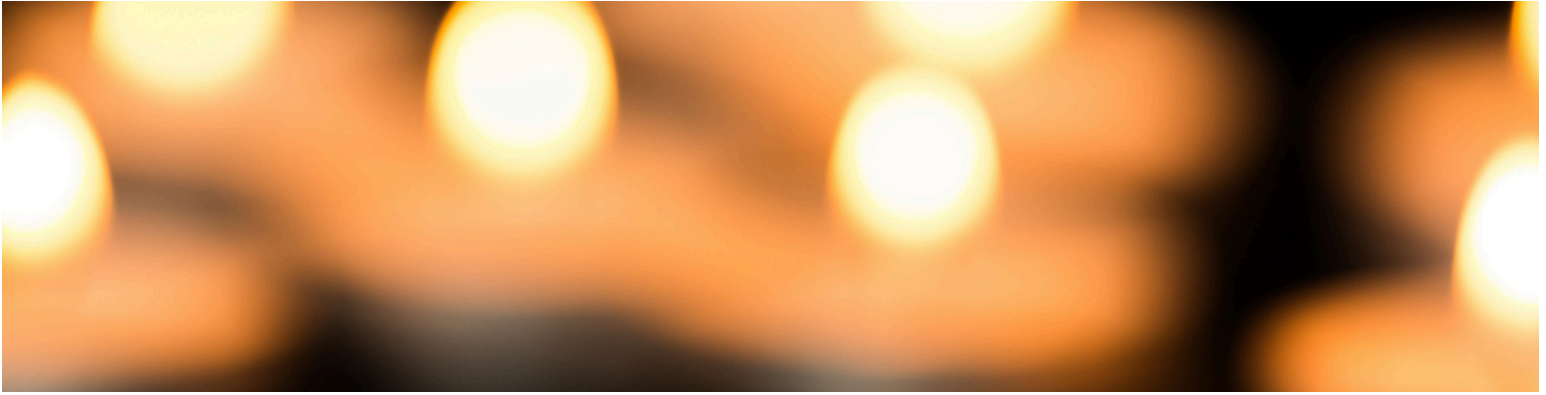
July 6
Greeter:
Zoom Host: Dick Hinkhouse
Children's Message:
Special Music:
Piano: Gwen Senio

July 27
Greeter: Gordon Edgar
Zoom:
Children's Message: Joan Blundall
Special Music:
Piano: Julie Tallman

July 13
Greeter: Carolyn Hansen
Zoom Host:
Children's Message:
Special Music:
Piano: Gwen Senio

July 20
Greeter:
Zoom Host:
Children's Message: Sue McCracken
Special Music:
Piano: Julie Tallman

Time for Prayer



Joys & Concerns

Pray for Our Elders

- Fran F. completing a stay at UI Rehab Hospital
- Gwen asks for prayers for her two living aunts – ages 100 and 96, as they deal with health issues.
- Deb Watson-Kauffman in hospice care and for her family upon her sudden illness
- Celebrating Blake and Bree's first anniversary
- Celebrating Suzanne and Tom's first anniversary

Darlene Baum

Pat Bradley

Maria Denmead

Fran Fritz

Mary Humrichouse

Pat Langrehr

Donna Mortenson

Larry Reiner

Lois Semotan

Nancy Stacks

Mildred Torkelson

Ecumenical Prayer Cycle for July

June 29-July 5: *Kenya, Tanzania*

July 6-July 12: *Sudan, South Sudan, Uganda*

July 13-July 19: *Eritrea, Ethiopia*

July 20-July 26: *Djibouti, Somalia*

July 27-August 2: *Burundi, Democratic Republic of Congo, Rwanda*

Prayer for Independence Day

Lord, we thank you for the gift of freedom we celebrate this day. May we never take it for granted, and may we remember the sacrifices that are made for liberty. Bless us and guide us in your ways, we pray. O God, on this day, we also lift up our leaders. Grant them wisdom, integrity and courage as they make decisions that affect all of us. May they seek your guidance in all they do. Above all, dear Lord, we pray this day for unity and peace in our country. Help us to come together despite our differences and work toward a common good. Let your Love be the bond that unites us all. Amen.

It's Almost Time....

HSPICS IS COMING SOON!!

Planning for our annual HSPICS is gearing up – and we hope YOU will be involved! What in the world is HSPICS? This stands for Hymn Sing, Pie and Ice Cream Social! This event is held each year during Hoover Hometown Days in August. We will need pie-bakers, ice cream providers, beverage providers, servers, and those willing to lend their voices in song. This event is a big hit each year with festival goers who enjoy the opportunity to take a break from the heat, belt out their favorite hymn and enjoy fine baked goods! It's a great time and we hope to see YOU there! Sign-up sheets will be shared in worship and/or you can email me at christine@homeforthewildsoul if you would like to contribute.

HSPICS
August 9 4:00 pm

REMINDER

Ecumenical Women's Study and Friends of the Wild are on hiatus for July. Friends of the Wild will resume August 10 and Women's Study in September.