

**Prayer Shawl Ministry  
At First Lutheran**

**Join with us in providing  
outreach of care and  
concern through gifts of  
prayer shawls or lap robes.**

**We work from home, no  
meetings to attend, but you  
are welcome to host a  
knitting party. Patterns and  
yarn are available.**

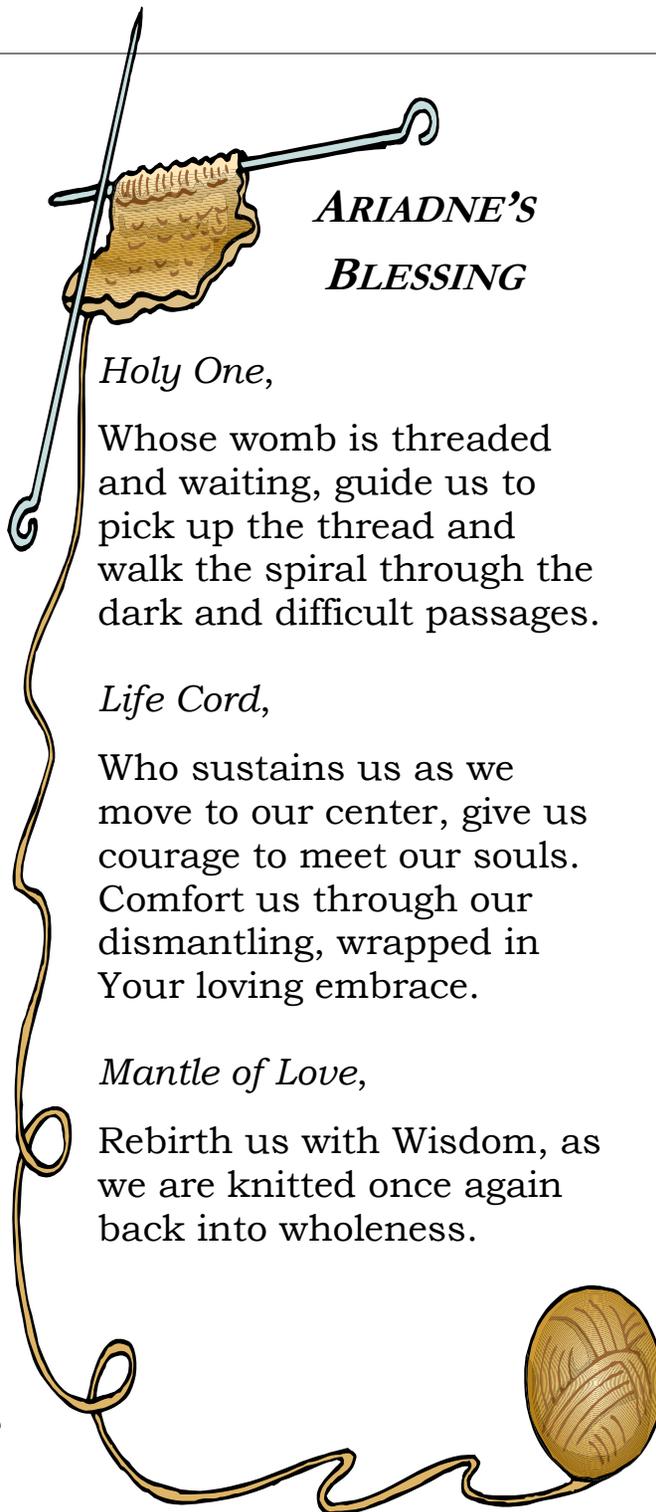
**The shawls will be gathered  
together and blessed at an  
upcoming service and then  
given to members or friends  
who are grieving, dealing  
with loss or serious illness.**

**In His Service,**



For further information  
and to obtain instructions  
Please visit:

[www.shawlministry.com](http://www.shawlministry.com)



*ARIADNE'S  
BLESSING*

*Holy One,*

Whose womb is threaded  
and waiting, guide us to  
pick up the thread and  
walk the spiral through the  
dark and difficult passages.

*Life Cord,*

Who sustains us as we  
move to our center, give us  
courage to meet our souls.  
Comfort us through our  
dismantling, wrapped in  
Your loving embrace.

*Mantle of Love,*

Rebirth us with Wisdom, as  
we are knitted once again  
back into wholeness.

# *Shawl Ministry*



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*“You created every part of me,  
knitting me in my  
Mother’s womb.  
For such handiwork,  
I praise you. Awesome this  
great wonder!”*

*Psalm 139:13-14*

## About The Shawls

In 1998, Janet Bristow and Victoria Galo, two graduates of the 1997 Women's Leadership Institute at The Hartford Seminary in Hartford, Connecticut gave birth to a ministry as a result of their experience in this program of applied Feminist Spirituality under the direction of Professor Miriam Therese Winter, MMS.

Care and the love of knitting (and crochet) have been combined into a prayerful ministry that reaches out to those in need of comfort and solace. Many blessings are knitted into every shawl. The knitter begins each shawl with prayers for the recipient. Intentions are continued throughout the creation of the shawl. When the shawl is completed it is offered a final ritual before being sent along its way.

As this gift has been sent along, some recipients have continued the kindness by making one themselves and passing it onto someone in need.

Thus, the blessing is rippled from person to person, with both the giver and receiver feeling the unconditional embrace of a sheltering, mothering God!

*Besides knit and crochet; the shawls can be woven, sewn, quilted, machine knitted, etc.*

*"Shawls ... made for centuries universal and embracing, symbolic of an inclusive, unconditionally loving, God.*

*They wrap, enfold, comfort, cover, give solace, mother, hug, shelter and beautify.*

*Those who have received these shawls have been uplifted and affirmed, as if given wings to fly above their troubles..."*

Janet Bristow -1998  
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**Using two skeins of Home Spun yarn, cast on 57 sts, using size 13 round needles, and k3, p3 across and continue in the same pattern until yarn is gone. You can add fringe or add a stripe of contrasting color.**

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## Some uses for the shawl

Do you know someone undergoing medical procedures, struggling with an illness and recovery, or needing comfort after a loss, during bereavement, or as a mantle for prayer and meditation. Perhaps you would like a shawl or blanket to give as a bridal shower. There are endless possibilities!

To make a shawl personal we attach a cross to each shawl and enclose a special note.



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