

Sick Child Guidelines

At Hugs-n-Hearts, we work hard to prevent your child from contracting illnesses while here at the center. Our staff is trained in recognition, prevention and management of communicable diseases. Our classrooms and equipment are thoroughly cleaned and sanitized on a regular schedule. Each child is observed as they enter the center for signs of communicable disease.

Please help us to help your child remain healthy while attending Hugs-n-Hearts by reviewing these guidelines.

DO NOT send your child to school:

- *...with a temperature of 100 degrees or more.
- *...if there has been any temperature elevation within the last 24 hours.
- *...with excessive coughing, sneezing, extremely sore throat or runny nose with or without a fever.
- *...if your child has vomited during the night or earlier in the morning prior to school.
- *...if your child has had diarrhea in the past 24 hours
- *...with a rash accompanied by illness.
- *...if your child is demonstrating signs of pink eye.
- *...until your child has been taking the prescribed antibiotic for 24 hours.
- *...if your child is just not feeling well enough to participate in the normal activities of the class.

If your child becomes ill while at the center, the policies printed in the parent handbook will be adhered to. If your child has been assessed for illness and we feel it necessary for your child to be dismissed early, PLEASE make every attempt to have your child picked-up as soon as possible. It is advisable to have a designated person in mind for child care in the event of an extended viral illness. This affords the child a fever free day prior to his/her return to school. Many times children will be without a fever during the early morning hours and will develop a temperature later in the day if they are not permitted a fever free day at home. We understand that taking time off work to remain home with an ill child is difficult for many parents. However, bringing a sick child to school creates an environment in which more germs are present to infect not only your child, but **all of the children and our teachers!** We strive to keep the number of ill children which our teachers are exposed to a minimum. Keeping each teacher healthy will provide your classroom the consistency on which your child thrives.

Please be sure that all of your emergency contact information in our files are current in the event that we need to contact you during the day.

Thank You,
Miss Pam
Owner/Director
Hugs-n-Hearts ELC