

OFBCA JUNIOR HIGH STATE MEET

MIAMI, OK

SCHOOL: _____ COACH: _____

NAME OF LIFTER: _____ WEIGHT DIVISION: _____

GRADE: (7th, 8th, 9th)

We, the undersigned, agree to not hold the Oklahoma Football Coaches Association and/or host school(s) and officials liable in the event of an accident. We further agree to abide by all rules and regulations established by the OFBCA and OFBCA POWERLIFTING ASSOCIATION.

(Signature of Lifter)

(Signature of Parent / Guardian)

(Signature of Coach)

1. Each Lifter must complete and sign this form before they are eligible to participate.
2. Coaches may copy this form as needed.
3. Bring ALL forms to the meet paper clipped together or in an envelope.