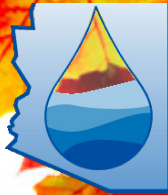


The

Johnson



Utilities

Newsletter

October
2016

Disc Golf Coming to the Club at Oasis

The following information provided by the *Professional Disc Golf Association* –
See website at <http://www.pdga.com/introduction>

DISC GOLF
October Daily Rate
9 Holes
\$5

What is Disc Golf?

Disc golf is played much like traditional golf. Instead of a ball and clubs, however, players use a flying disc, or Frisbee®. The sport was formalized in the 1970's, and shares with "ball golf" the object of completing each hole in the fewest strokes (or, in the case of disc golf, fewest throws). A golf disc is thrown from a tee area to a target which is the "hole". The hole can be one of a number of disc golf targets; the most common is called a Pole Hole® an elevated metal basket. As a player progresses down the fairway, he or she must make each consecutive throw from the spot where the previous throw has landed. The trees, shrubs, and terrain changes located in and around the fairways provide challenging obstacles for the golfer. Finally, the "putt" lands in the basket and the hole is completed. Disc golf shares the same joys and frustrations of traditional golf, whether it's sinking a long putt or hitting a tree halfway down the fairway. It is designed to be enjoyed by people of all ages, male and female, regardless of economic status.

Who Plays Disc Golf?

Disc golf can be played from school age to old age, making it one of the greatest lifetime fitness sports available. Specially-abled and disabled participate, giving them the opportunity to take part in a mainstream activity. Because disc golf is so easy to learn, no one is excluded. Players merely match their pace to their capabilities and proceed from there. Thousands of permanent disc golf courses can be found all across the globe.

Why should I play?

The ongoing fitness boom finds more and more people taking up recreational activities in an effort to improve health and quality of life. Disc golf provides upper and lower body conditioning, aerobic exercise, and promotes a combination of physical and mental abilities that allow very little risk of physical injury. Concentration skills increase by mastering shots and negotiating obstacles. Players of limited fitness levels can start slowly and gradually increase their level of play as fitness improves. Scheduling is also flexible; a round takes one to two hours, and may be played alone, eliminating the difficulty of scheduling tee times. And as in traditional golf, disc golfers find themselves "hooked" increasing the likelihood of frequent participation. Disc golf offers year-round fitness, even in rain or snow. And, of course, there's the sheer fun of the game - no matter what your age or skill level!

OCTOBER SPECIAL

Parent and Child play for the
price of one (\$5) and get a
free soda



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OPENING DAY OCTOBER 15, 2016

October & November

Daily Rate

18 holes -

\$27

9 holes -

\$17

(plus cart & tax)

Open enrollment for Men's & Women's Leagues. Can join anytime. Play thru March Ask pro shop for details

Need a Venue?

- Birthday Parties
- Anniversaries
- Quinceanera
- Baby Showers
- Corporate Meetings
- HOA Meetings
- Holiday Parties
- Family Reunions
- BBQ's
- Chamber Mixers
- Neighborhood Watch Meetings
- Social Gatherings
- Weddings



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Anytime - Just show ID.**



Monday
Open Play

Tuesday
Open Play

Wednesday
Open Play

Thursday
Open Play

Friday
Open Play

Saturday
Open Play

Sunday
Men's/Women's Leagues

5764 E. Hunt Hwy, Florence, AZ 85132

480-888-8890

www.clubatoasis.com

Seasonal Tips:

Fall

- Fall in the low elevation climate zone is warm to mild. Summer monsoon thunderstorms generally die down by the end of September, and temperatures cool in November.
- Adjust irrigation and watering schedule when the temperature cools usually in November.
- Collect late monsoon rainwater from your roof by installing gutters and downspouts, and direct rainwater to your plants.
- Water plants early in the morning to reduce evaporation.
- Reduce the flow of bleed-off water discharged from evaporative coolers, and use it to irrigate plants that are not sensitive to the salts.
- Turn off automatic watering systems when it rains, or install a rain sensor to do this automatically.

Winter

- Winter in the low elevation climate zone is mild, with only occasional hard frosts that do not usually occur past mid-February. Winter rains storms are less intense than those in summer; they last longer and engulf large portions of the region.
- Adjust irrigation and watering schedule for cooler winter temperatures and shorter days-generally to about 1/3 of the summer frequency.
- Reduce irrigation to trees and shrubs to one deep watering of the root zone per month.
- Collect winter rainfall from your roof by installing gutters and downspouts, and direct rainwater to your plants.

