enCompass:
A Comprehensive Course on Navigating Addiction

Thank you for participating in enCompass, Addiction Policy Forum's interactive, 8-hour training program that teaches participants about the science of addiction and equips them with the knowledge and tools to understand and address addiction. Like CPR, the course is designed to build the skills to support and respond to someone who needs help.

PROGRAM IMPACT

The evaluation of the enCompass curriculum was conducted by the University of Delaware and measured addiction knowledge, confidence in how to respond to a substance use disorder (SUD), and levels of stigma, including stereotypes, prejudice and discrimination. Results show that for enCompass participants:

Knowledge about addiction increased across the board for all participants, with the greatest improvement among people that entered the training knowing the least about addiction.

Stigma decreased for all participants, with the greatest decrease among people that entered the training knowing the least about addiction.

Confidence in how to respond to a substance use disorder (SUD) increased for all participants, including how to help a loved one engage in treatment and recovery support.

RESOURCES

APF Resources

APF resources are available at addictionpolicy.org and include:

» Video Explainers
» Checklists for families/ caregivers
» Toolkits
» Treatment Resources
» Free eNewsletter

Crisis Support

If you are in crisis, or you know someone who is, contact the 988 Suicide & Crisis Lifeline or dial 911 in case of emergency.

» Call or text 988.
» Chat 988lifeline.org.
» TTY users, use your preferred relay service or dial 711 then 988.

Participant Manual

The enCompass Participant Manual is available to each individual who completes the training. Scan QR code for participant manual or enter https://bit.ly/4aEOv8I

Thank you for your participation in enCompass.

ADDICTION POLICY FORUM

If you have questions or need support, email training@addictionpolicy.org.