



# FIGU LANDESGRUPPE CANADA NEWSLETTER

OFFICIAL NEWSLETTER OF THE FIGU CANADA NATIONAL GROUP / FLCA

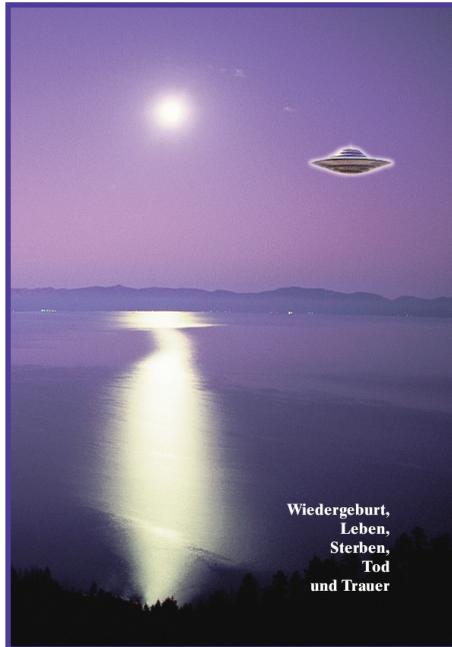
#35 / March 2023 [ca.figu.org](http://ca.figu.org) / [figu.org](http://figu.org)



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FIRST PRINTING OF THE ENGLISH-GERMAN EDITION OF:  
“REBIRTH, LIVING, DYING, DEATH AND SORROW /  
WIEDERGEURT, LEBEN, STERBEN, TOD UND TRAUER”

BY “BILLY” EDUARD ALBERT MEIER  
[Expected release date: August 2023]



'Billy' Eduard Albert Meier explains, in comprehensible, empathetic and upbuilding words, the truth about the entire cycle of rebirth, life, dying, death and the therewith connected sorrow.

Implicitly or explicitly you will receive answers to these questions:

- Precisely what [part] of me goes into the other world, when I have died – and what comes back?
- What remains of me eternally, what is transitory?
- Can it be, that I will be reborn as an animal, as specific religions say?
- Is there a Karma?
- Do I have all knowledge and ability in my head or do they also lie elsewhere?
- What is really to be thought of suicide, extreme kinds of sport, which endanger the life, euthanasia and death penalty?
- Does the human being have a right to determine over dying and death?
- What precisely occurs, when someone dies?
- How do I deal with someone else's sorrow, how can I really console someone in sorrow?
- How can I overcome my own sorrow, may I grieve at all?

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INNER-OUTER / INTERCONNECTION-SEPARATION  
by Michael Uyttebroek / February 19, 2023 / Tiny, ON

Although it appears as a dichotomy both the inner and outer are actually one. The ego, with all of its individualized preferences, quirks, nuances, habits, idiosyncrasies, shortcomings, talents, etc. is just a small part of who we are. Below the surface thoughts, pulsates a deeper stream of connections between not only our fellow human beings within our immediate surroundings but also throughout all human beings in general and this actually holds no boundaries. But not only that, we also share an intimate connection with all of nature. Imagine, we think that we are alone, but is this truly the case? Although it may appear as though we each live in isolation in our tiny little bubbles, going about our lives completely separated from one another, the Creation-life energy permeates everything and is within everything at all times and there is a constant exchange of information, albeit on a subconscious level as part of the collective humanity.

In very real and pragmatic terms, we do not solely exchange our perspectives and opinions on a coarse material level but there is also the deeper exchange of information that goes beyond words, a current of interaction that is non-verbal, an exchange of swinging waves that is perceptible if one pays attention to the subtle movements of thoughts and feelings. It may be manifested as a feeling of sympathy or antipathy towards another or it may even go so far as to know what the other person thinks and vice versa.

## LATEST INFORMATION FROM FIGU SWITZERLAND



FIGU CONTACT REPORT-INFORMATION UPDATES:  
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## IN MEMORIAM

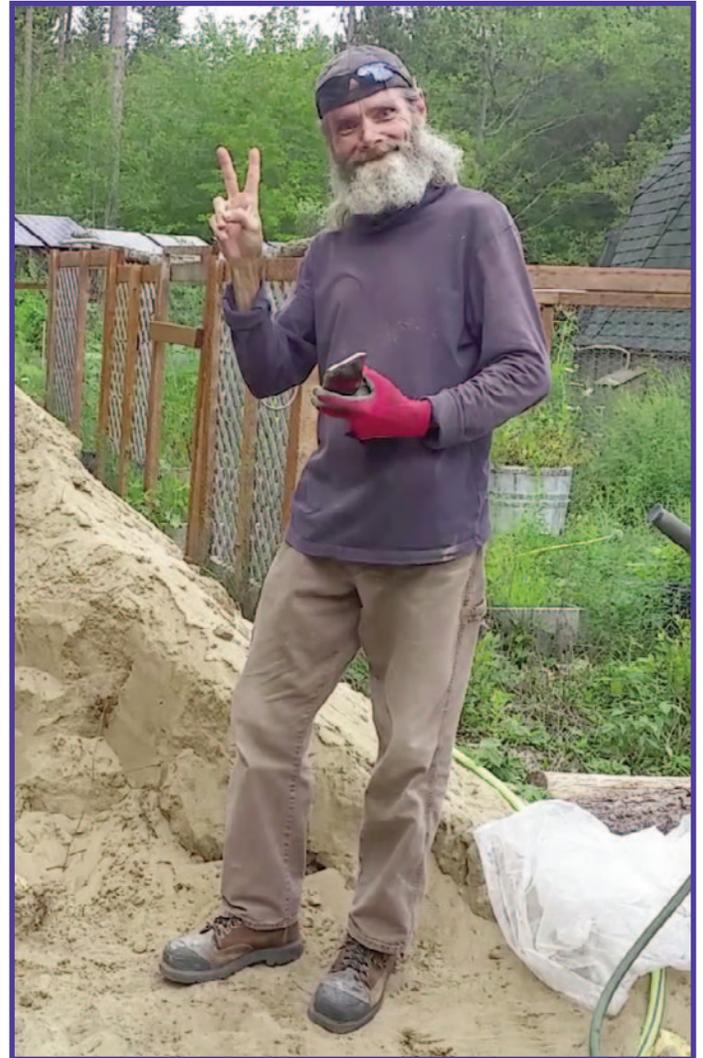
**Peter Chladek  
(1964-2022)**



Peter was really a talented human being who was very generous with his skills. If I needed help with something he was eager to assist. He was attentive to detail and made sure the job was done right the first time. He was strict with himself and that reflected in the quality of his work. He was well versed as a handyman and could accomplish a variety of tasks with great proficiency such as drywalling/plastering, electrical, plumbing, flooring, wood construction design, concrete work along with video production, photography, and artistic logo designs. As an active member of the FLCA since April 2018, he carved out a niche for himself with tasks that were previously missing, for example, the proper logging of book inventories in our shipping container or the video documentation of special events held by us such as the public meeting presentations and lecture events, as well as filming and organising the demolition of shacks and various other work tasks associated with the prospective center for FIGU in Canada.

On a personal note, the last days of his life were particularly intense, and Catherine and I had the precious opportunity to connect with Peter 2 days prior to his death. This occurred in a totally non-verbal swinging wave manner whereby we had direct eye contact with him through the glass window of the ICU room. Both Catherine and I had the feeling of connecting with Peter as a 'stream or radiance of love' reciprocating between us amidst the chaos of the thoughts, feelings and emotions occurring in his room as the doctor and nurse discussed end of life preparation with Mary next to his bed. Nevertheless, and in spite of this, it was as if everything was

simply blanked out and there was only the three of us sharing a common experience. I thought of love and Catherine was symbolising and expressing love, peace, harmony and freedom with her hand gestures and mouth.



This lasted several minutes but was a timeless 'now' experience. We realised that this moment was our expression of connection and that he was not alone. In his eyes he reflected warmth, kindness and love. He died on Sunday the 18th of December 2022 at 12:27 am.

Michael Uyttebroek / December 22, 2022 / Tiny, Ontario

**FROM THE DEPTHS OF THE CONTACT REPORTS: MOZART NOT BURIED IN VIENNA**

by Catherine Mossman / March 2023 / Tiny, ON

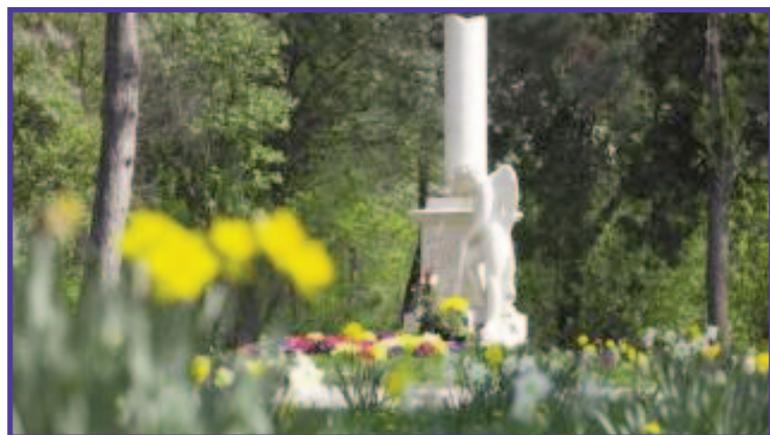


According to the recorded history when looking up Mozart's death online one finds something like this reported:

Wolfgang Amadeus Mozart died in 1791 and was buried in a pauper's grave in the St. Marx Communal Cemetery [Vienna]. For many years the location of Mozart's remains was unknown until 1855 when it is believed the grave was discovered. In 1859 Hanns Gasser built a monument there. This was later transferred to the group of honorary graves for musicians at Vienna's Central Cemetery. The empty space was adorned with a stone slab with Mozart's name and the years of his birth and death.

Later a "Mourning Genius", a new stone tablet and a column were added. The sculptor Florian Josephu-Drouot is responsible for the present appearance of Mozart's grave as he restored it in 1950. [<https://www.wien.gv.at/english/environment/parks/sankt-marx.html>]

It has now become known to the general public who reads Billy's that the personality lineage of the spirit form inhabiting Billy currently was also that of Mozart, and thus Billy has a personal interest in Mozart's final resting place.

**On June 25th, 2001, in Contact Report #304, Billy and Ptaah discuss Mozart's death:**

Billy: Then a question about Mozart. Here, these articles have recently appeared in the newspapers. Read them and tell me what you know about Mozart and his death.

*Dann noch eine Frage in bezug auf Mozart. Hier, diese Artikel sind letztthin in den Zeitungen erschienen. Lies sie mal und sag mir, was du über Mozart resp. über seinen Tod weisst.*

Ptaah: 38. First of all, it must be said that Wolfgang Amadeus Mozart died in Vienna on the 5th of December 1791, but he was not buried in Vienna.

*38. Erstens muss einmal gesagt werden, dass Wolfgang Amadeus Mozart zwar am 5. Dezember 1791 in Wien verstorben ist, doch wurde er nicht in Wien beerdigt.*

39. Mozart himself did not want to be buried in Vienna, but far outside the city on the edge of a forest, where he often spent many hours pondering, of which only his pupil Franz Xaver Süssmayr secretly knew.

*39. Mozart selbst wollte nicht, dass er in Wien zu Grabe getragen werde, sondern weit ausserhalb der Stadt am Rande eines Waldes, wo er oft viele Stunden sinnierend verbrachte, wovon nur sein Schüler Franz Xaver Süssmayr geheimerweise wusste.*

40. He then instructed him that he wanted to be buried in that beautiful place after his death.

*40. Diesen instruierte er dann auch, dass er nach seinem Ableben an jenem schönen Ort begraben sein wollte.*

41. It was his wish that this would remain secret for all time.

*41. Sein Wunsch war es, dass dies für alle Zeiten geheim bliebe.*

42. And when Mozart died, his pupil fulfilled his wish and only 12 years later, on 17.9.1803, took his secret with him to his grave.

*42. Und als Mozart dann starb, erfüllte ihm sein Schüler dessen Wunsch und nahm nur 12 Jahre später, so am 17.9.1803, sein Geheimnis mit ins Grab.*

## FROM THE DEPTHS...MOZART...continues

43. After Mozart's death, Süßmayr was able, with a little money, to buy a corpse from a gravedigger, which he placed in a coffin, which he immediately closed and which was then buried nameless as a poor coffin, without the followers of Mozart suspecting anything of it.

*43. Mit etwas Geld vermochte Süßmayr nach Mozarts Ableben von einem Totengräber einen Leichnam zu kaufen, den er in einen Sarg legte, den er sofort verschloss und der dann als Armensarg namenlos beigesetzt wurde, ohne dass die Anhänger Mozarts etwas davon ahnten.*

44. The real cause of Mozart's death was pulmonary tuberculosis, which combined with many years of medication poisoning, to which was added Lyme disease caused by ticks with which he came into contact at the edge of the forest already described.

*44. Die wirkliche Todesursache Mozarts war eine Lungentuberkulose, die sich mit einer langjährigen Medikamentenvergiftung paarte, wozu noch eine Lyme-Borreliose kam, die durch Zecken hervorgerufen wurde, mit denen er am bereits beschriebenen Waldrand in Kontakt kam.*

45. This tick disease was still unknown at the time and could therefore not be treated with suitable medication.

*45. Diese Zeckenkrankheit war damals noch unbekannt und konnte also auch nicht mit geeigneten Medikamenten behandelt werden.*

46. The pathogen that the infected ticks excrete and bring into the human bloodstream – animals are also infected – was only discovered in 1982, and according to its discoverer, a Swiss expat who worked at Rocky Mountain Laboratories in Hamilton, Montana/America, Doctor Willi Burgdorfer, bacterium called Borrelia Burgdorferi.

*46. Der Krankheitserreger, den die infizierten Zekken ausscheiden und in die Blutbahn des Menschen bringen – auch Tiere werden davon befallen –, wurde erst 1982 entdeckt, und gemäss seinem Entdecker, einem Auslandschweizer, der in den Rocky Mountain Laboratories in Hamilton, Montana/Amerika arbeitete, Doktor Willi Burgdorfer, Bakterium Borrelia Burgdorferi genannt.*

47. The name Lyme refers to a small town in Connecticut, America, where a Lyme borreliosis epidemic was discovered in the 1970s.

*47. Die Bezeichnung Lyme bezieht sich auf eine kleine Ortschaft in Connecticut/Amerika, wo in den siebziger Jahren des letzten Jahrhunderts eine Lyme-Borreliose-Epidemie entdeckt wurde.*

48. Mozart was very seriously affected by this disease and also had to suffer very heavily from it.

*48. Mozart war sehr schwer von dieser Krankheit befallen und hatte auch sehr schwer darunter zu leiden.*

-----  
Billy: You did say that Mozart wanted to keep the secret of his grave, which is still true today, because you said that it should be kept for all times. But is there not the possibility that one day the grave will be discovered?

*Du sagtest es zwar, dass Mozart das Geheimnis seines Grabes wahren wollte, was ja auch noch heute gelten dürfte, denn du sagtest ja, dass es für alle Zeiten gewahrt bleiben soll. Ist aber nicht doch die Möglichkeit gegeben, dass das Grab eines Tages entdeckt wird?*

Ptaah: 50. That should certainly not be the case, at least not with regard to the fact that it could be recognised that these are Mozart's bones.

*50. Das dürfte mit Sicherheit nicht der Fall sein, wenigstens nicht in bezug darauf, dass daraus erkannt werden könnte, dass es sich dabei um Mozarts Gebeine handelt.*

Billy: Has civilisation, with its building of houses, not yet advanced to this forest where it lies buried?

*Ist denn die Zivilisation mit ihrem Häuserbau noch nicht bis zu diesem Wald vorgedrungen, wo er begraben liegt?*

Ptaah: 51. No, and it will certainly never be the case.

*51. Nein, und mit Sicherheit wird es auch nie der Fall sein.*

Billy: You know, for my part, I would be interested to know where his grave is. I have my reasons for it.

*Weisst du, meinerseits würde es mich selbst doch interessieren, wo sein Grab ist. Ich habe so meine Gründe dafür.*

Ptaah: 52. Of course they are no secret to me, and only for your person it should be possible that you can visit the place of the grave without the secret being violated and Mozart's last wish being disregarded.

*52. Die sind mir natürlich kein Geheimnis, und nur für deine Person dürfte es wohl möglich sein, dass du den Ort des Grabes besuchen kannst, ohne dass das Geheimnis verletzt und Mozarts letzter Wunsch missachtet wird.*

**FROM THE DEPTHS...MOZART...continues**

53. So if you want, I will take you there on occasion and show you the exact place of the grave.

53. *Wenn du also willst, dann werde ich dich bei Gelegenheit hinbringen und dir auch den genauen Platz des Grabes zeigen.*

Billy: Gladly, my friend. It would be an honour for me, and of course I would remain silent.

*Gerne, mein Freund. Es würde mir eine Ehre sein, und schweigen würde ich natürlich auch.*

**In 2001 on August 12, Ptaah takes Billy to Mozart's actual grave (Contact Report #307):**

Billy: ....If you will allow me, I would like to express my deepest thanks to you for allowing me to see Mozart's grave. It is really not as far away from Vienna as I have assumed in your words. I would also like to thank you for the beautiful walk. The fact that I am only doing this now is because I have been so busy with my thoughts and feelings so far and therefore have not spoken anything, because everything was so strange and left a profound impression.

*... Wenn du erlaubst, dann möchte ich dir noch meinen tiefsten Dank aussprechen dafür, dass ich Mozarts Grabstätte sehen durfte. Es ist wirklich nicht so weit von Wien entfernt, wie ich deinen Worten gemäss angenommen habe. Auch möchte ich mich für den schönen Spaziergang bedanken. Dass ich das erst jetzt tue liegt daran, dass ich bis hierher mit meinen Gedanken und Gefühlen derart beschäftigt war und deshalb auch nichts gesprochen habe, weil alles so eigenartig war und einen tiefgreifenden Eindruck hinterlassen hat.*

**SUBMISSION GUIDELINES FOR THE FIGU LANDESGRUPPE CANADA SOCIAL MEDIA SITES**

For anyone who is thinking of submitting a video project for possible inclusion to our YouTube channel as well as to our BitChute, Odysee and Rumble channels, we will need to review the project beforehand to decide if it meets our criteria.

**The following conditions will need to be observed:**

- As a FIGU Landesgruppe we have to verify the source of the FIGU content, therefore reference links will be required.
- If quoting translations of Billy's written material a disclaimer needs to be included stating that the content contains translation errors due to the insurmountable language differences between German and English.
- If the content is a personal interpretation of the spiritual teaching/ FIGU material, then this will also need to be stipulated.
- 'Billy' Eduard Albert Meier needs to be credited for any of his material that is used.
- Finally, due to the fact that the project is not an official FIGU Landesgruppe Canada project we may decide to include a disclaimer stating that we cannot guarantee the correctness of the content.

**SUBMISSION GUIDELINES FOR THE FIGU LANDESGRUPPE CANADA NEWSLETTERS**

- We publish our newsletters 3 times a year, in March, July and November
- We welcome the submission of any FIGU-related articles, short stories, translations of Billy's writings or other kinds of written and creative work for possible inclusion in one of our upcoming newsletters.
- The above guidelines for social media also apply for newsletter submissions.
- We will review all of the submissions and notify you as to our decision.

Thank you,  
FIGU LANDESGRUPPE CANADA

**2022-2023**

by Jimmy Chen / February 6, 2023 3:57 pm, March 10, 2023 1:47 pm

The majority are insane, still supporting Ukraine,  
people senselessly fighting, valueless lives dying,  
taking the 'vaccine', furthering the suffering,  
suddenly dying, without classifying,  
feeling of despair, thick in the air,  
misled by the governing classes, paid by our own taxes,  
don't know better, just like the latter,  
spellbound by the belief, without any relief,  
clinging to materialistic values, only sailing on a dead cruise,  
lacking clean air, trapped in an overpopulated nightmare,  
dwindling resources, nature unleashes its forces,  
only when we come to our senses, do we leap over the mental fences,  
learn the true foundational, and value the creatural

**OUR TRUE SELVES**

by Jimmy Chen / May 3, 2022

Often it is the case in our world in our current times when crass inequality prevails, that the human beings cannot think and act in the manner that corresponds with their healthy intellect and rationality, and their inner and innermost nature. Through the various negative influences of our world such as the irrational teachings of religions, materialism and other evils, the human beings have been conditioned to do things that are contrary to their inner and innermost nature.

Through fear, anxiety, manipulation, threats, coercion and punishment, the human beings are moulded to take up the will of those who maliciously wield the sceptre over them. In this process, due to the lack of self-thinking and choice, and as a compensation for the lack of free will, the human beings then either choose to conceal their fears and anxieties to cope with the situation by adopting the foreign will as their own (e.g. the Stockholm syndrome hostage effect), rebel and do something else which also does not correspond with their inner and innermost nature, or to act just as badly as those who wield might over them and attempt to gain might over others through some means themselves. Inevitably then, the human being goes through the life without actually being able to do the things that correspond with a healthy intellect and rationality and their inner and innermost nature, their true selves, and are continuously misled into unfavourable circumstances such as exploitation, servitude, wars, destruction and overpopulation.

But how does one counteract this? In more extreme circumstances where one truly has no choice but to comply, e.g. in hostage situations where there is a risk of bodily harm and death, then there is not much that can be done other than to escape, call for help or disable the hostage takers. However, for the prevalent situation on the Earth in our current times where the majority of the human beings are being misled and have adopted an unwell-meaning foreign will under negative influences, fear, anxiety, deception, manipulation, propaganda or carelessness, then there is something that could be done. All it takes is to identify the things which caused the fear, anxiety, deception, manipulation, or carelessness in the first place and adjust the thinking and life choices accordingly. In many cases, the fear and anxiety is induced externally by negative influences, propaganda or irrational teachings such as the religions which hammer the fear of punishment or fear of death into the human beings. This type of fear and anxiety is, however, unfounded because the threat is – contrary to real life-threatening situations – imaginary and not real. The human being's death – although it brings sorrow and sadness – is inevitable and is not something to be feared since it is natural (except for murder or suicide) and is, according to the Creation-energy teaching, a transit station into a new life with a new personality. In addition, there is also no such thing as godly punishment or karma from previous lives as it is taught by the irrational teachings, because in this respect there is only the universal natural law of cause and effect, which is that the human being is constantly harvesting the effects which they have caused through their thinking (or lack of thinking) and action in the current life, for the good or for the bad (for more detailed

information on this topic, please refer to the book 'Rebirth, Life, Dying, Death and Sorrow' by Billy – which will be available in English sometime relatively soon). In our current times when the religious teachings have become more and more unacceptable and irrational to the human beings thanks to the natural development, new methods of manipulation and inducing fear and anxiety have been found such as the spreading of propaganda and lies through media, deception and imaginary threats [ever more than before through technology]. For the restoration of the personal original self-thinking in intellect, rationality and free will, the human being just needs to recognise the truth and adjust him/herself and his/her life accordingly – a simple [uncomplicated], yet often very effortful process. A very effective method for this is the meditation which, when practised in the correct manner, enables the human being, through clear sight, to precisely see and identify the causes of the fear, anxiety or carelessness, and in most cases, the fear and anxiety is unfounded and – depending on one's unique life circumstances – caused by one or several more factors such as imaginary perceived threats, environmental influences, lies, propaganda, religious irrational teachings, a mode of thinking that does not correspond with the reality, something hidden deep within the character as a result of earlier life experiences or upbringing, bad habits, addictions, etc. On the other hand, sometimes the human beings also allow themselves to be too easily enticed and corrupted by various false allurements such as the irrational teachings of the religions or false material rewards. Through these, they are enticed into thinking, wanting and doing things that do not correspond with their innermost nature, e.g. the unreal rewards of heavenly paradise or nirvana, the free pass to cause calamity through the absolving and shifting of guilt and responsibility to a god, the material rewards gained unrightfully through bribery, baits and enticements, or the illusory rewards through phantasmagoria and virtual reality in the new time through technology, etc. In order to counteract this, a good knowledge of the real sense of life is necessary. According to the Creation-energy teaching, the real sense of life rests in the evolution of the consciousness and the Creation-energy (previously spirit-form) within the human being through many lifetimes as new personalities. The heavenly paradise or nirvana as is taught in the religions do not exist in the form as they are described, but rather, the higher Creation-energy realms are of a purely non-material finest-energetic nature where there are no material life forms. It takes millions of years of evolution for the Creation-energy within the human being to transition into this level (the Arahat Athersata pure creational-energetic level). Additionally, there is no god that would absolve one's guilt since the human being is actually fully responsible for all his/her thinking and actions through the law of cause and effect, and constantly reaps the harvests which he/she has previously sown, for the good or for the bad. The material things of life are an important and necessary part of the evolution, however, when they are overvalued, excessive or gained unfairly to the detriment of others, e.g. through bribery, baits and other enticements, then inevitably negative consequences result in the long run for both parties and also

**OUR TRUE SELVES...continues**

for the society. Conversely, if the value of material things is undervalued as is the case in certain religions and asceticism, then the evolution also cannot progress in its natural framework. Through meditation and the innate ability and inner guidance of the consciousness and the Creation-energy within the human being, it is possible to identify what is good and what is bad and correspondingly form one's thinking, will and actions for the well-being of oneself and others. Through meditation, the human being can also learn to recognise him/herself, his/her real thoughts and feelings, his/her personality, and his/her innermost self, the Creation-energy.

It is also well-known in psychology that, since human beings are social community beings, a very effective method for the manipulation of the thinking, will and action of the human beings is to manipulate their leadership or their main perception of leadership. Originally the human beings were well-led by the natural laws through their interaction and inner connection with the nature and the universe. Through intentional or unintentional falsifications of the truth-based teaching, the machinations of religions and other might-greedy rulers, who had the unwell-meaning intentions of controlling the thinking and will of the masses to their own advantage, this inner connection was severed through the fabrication of an imaginary might such as a personified god. Through this, the true leadership of the human beings have been usurped or falsely represented and as a result, they have been manipulated into the will of those who do not have their best interest in mind. The true leadership is the human being him/herself through his/her self-thinking, self-determination and self-control in intellect, rationality and logic and through the Creation Universal Consciousness and its Creation-energy within him/herself in peace, love, harmony and freedom; as it is written in the Creation-energy teaching by Billy, "the human being is god him/herself" – although not in a megalomaniacal way as sometimes interpreted mistakenly, but rather, self-thinking, self-controlled and self-determining through intellect, rationality, logic, knowledge and truth, and in equal value with all other human beings.

Although in our current times, the laws of our society have been misused more and more by might-greedy rulers only to their own advantage by moulding the will of the people unrightfully, it is nevertheless a good thing that there are still certain rightful laws that prevent harmful consequences that fall outside the norm of the society such as theft, psychical

and physical violation, destruction, murder, etc. So naturally, in a normal functioning society, a central regulative system is still necessary to coordinate, organise, guide, maintain order and protect, however, ideally for the human beings of Earth, this central regulative system would only be of an advisory or instructive nature, which also freely implements the collective will of the human beings through direct democracy and in accordance with the natural laws of the universe. According to the Creation-energy teaching, a human being should never in his/her thinking, speaking and deeds impinge on the free will decision of other life forms and conversely, one should also never let oneself form a will through coercion, but rather only through instruction. However, it is also normal that sometimes one just cannot do exactly what he/she personally wants to in certain life circumstances such as in working together with fellow human beings, in unexpected or critical life situations, etc.

The natural innermost desire of the human being is to find truth, knowledge, wisdom, peace, love, freedom, harmony and to evolve, and in this process, the human being also needs to make mistakes in order to learn from them. This process, however, is largely impeded when the human being does not have his/her freedom of thinking and freedom of will to do the things that are logically and uniquely relevant for his/her progress and evolution, which is only possible when the human being has a healthy consciousness and thinks and acts not based on fears and anxieties that have been induced unnaturally or on unreal enticements, but rather on intellect, rationality, self-thinking, self-determination and self-control that is in accordance with his/her inner nature and innermost nature, the Creation-energy. Through the recognition of the truth by means of the very helpful truth-based writings of the Creation-energy teaching by Billy and meditation, the human beings can again recognise their true selves and restore their true freedom of thinking and true freedom of will that is in accordance with their inner and innermost nature, and dedicate themselves to being a true human being where the evolution can progress in its natural entirety in intellect, rationality and logic where mistakes are still necessary, however, within a healthy logical framework.

*Sources:**'Arahat Athersata' by Billy**'Genesis' by Billy**'Wiedergeburt, Leben, Sterben, Tod und Trauer' by Billy**'Geisteslehre', Lehrbrief 125 by Billy***ACCUSING OTHERS**

Translation: Catherine Mossman / February 2023



If the human being wants to eradicate his/her own wickedness, then he/she must fight the evil in themselves and not try to attack the evil in other human beings.

*Will der Mensch seine eigene Bosheit ausmerzen, dann muss er das Böse in sich selbst bekämpfen und nicht versuchen, das Böse in andern Menschen anzugreifen.*

Source:

Billy Meier, Geisteslehre Sonderlehrbriefe I-IV (mit Lehrbriefen 185-188, page 11)

## CLARIFYING WORDS FOR THE 'MEDITATION PRESENTATION'

Recorded on September 19, 2021

by Jimmy Chen / March 3, 2023 8:51 am

For those who may have interest in viewing or have already viewed the 'Meditation Presentation', here are some clarifying words to accompany the presentation for the viewer's benefit: The purpose of the presentation is to provide a general overview and an understanding of the various topics related to meditation as taught in Billy's various books. The presentation is also intended to give inspiration for the human beings of the Earth towards peace, true love, freedom, harmony, true life and evolution.

The more useful application of the meditation is the learning of the thought-control, equalisedness, inner calm, neutral observation, clear-sight, self-recognition, self-knowledge, harmony with the innermost self and other practical uses which benefit the daily life, health and evolution. In regards to the more advanced application of the meditation involving the meditative concentration and the consciousness-related abilities, as mentioned in the presentation, these are not recommended, because it is more beneficial for all if one first learns to become a true human being and to become innerly free, peaceful, harmonious and loving. These topics were included to show the possibilities of meditation and a meditative concentration, and that there is more to life than just the material as many currently assume. In reality, at the current time, the human beings who are able to acquire and make practical use of the consciousness-related abilities are very few, and these generally also do not put their consciousness-related abilities to show publicly. The learning of these conscious-

ness-related abilities requires years-long or decades-long of intense practice, for which it would not be suitable for most human beings ('Einführung in die Meditation' p. 107-110, 'Meditation aus klarer Sicht' p. 113-115, 'Arahat Athersata' sentences 188-196, 'Dekalog/Dodekalog' sentences 84-88).

On our world at the current time, since the consciousness-related aspects and the innermost self of the human being have not yet been widely discovered, the information from the presentation is meant to be like from a trustworthy text-book (from Billy's many books and writings), from which one can choose to experiment with. Thus instead of belief, through self-thinking, self-determination and experiencing in reality, the pure truth and knowledge can become a certainty for the human being, through which one's autonomy can be guaranteed and one finds that: The truth is often more magnificent than fiction!

In our current times, when the truth is constantly being distorted and doubt is being sown against better knowledge, and a collective amnesia affects even our hard-earned experiences and truths, an appropriate meditation can help us to find ourselves again and maintain a clear consciousness.

The presentation was originally created for internal group study and thus included more in-depth topics (from the 'Geisteslehre' Lehrbriefe by Billy), but was later through internal request and with the consent of FIGU made available to the public for those interested. As it is not possible to cover all details about meditation in the presentation, for the best-possible understanding and learning of meditation according to the Creation-energy teaching, please refer to the very instructive, valuable and helpful books by Billy!

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## RELAXATION

by Michael Uyttebroek / March 9, 2023 / Tiny, ON

While meditating there is a need for the body to be relaxed.  
 However, the mind also needs to relax.  
 That means that there is calm.  
 There is no coercion.  
 As a result, the object of meditation is simply accepted.



### Seeking Truth

The dragon fly's wings beat  
sending the energy of its evolving swinging-waves.

Like that of a thought,  
the substance of the individual ripples through the innumerable waves  
out-into the boundless expanse of the firmaments and back again.

Ever growing, ever evolving thoughts of Peace and Love  
flowing back and forth into and out to the endless and timeless  
depths of our one true self.

From within, may you see all in the wonderment that is  
the gaining of the Spiritual Knowledge  
given to you by the Proclaimers and bringers of the Truth teaching

The Truth of Truths.  
The eternal one.  
Living the individual life many times over to evolve further into oneself.

Bring forth the Love and Peace, the Harmony and Freedom.  
One must always strive further into the timeless self  
to connect with the Spirit within and live to Love in neutrality All Life  
on Earths and in the firmaments.

Hear the song of songs in the howling of the wind as it sweeps past your ears  
Open your eye of eyes and view what is real for you,  
find the Love of passion.

Search for the poetry within and bring forth the words of cognition into yourself  
as you gain the Truth of Love.

With patience, we strive towards what is right and good for all  
so that each may feel the mighty joy of the Spiritual Teachings.  
Teaching of the Truth, Teaching of the Spirit, Teaching of the Life

And to comprehend the Mighty words of BEAM  
is to Truly comprehend oneself in the greatest wise.

Let not the folly of the past  
and the possibilities of the future tear away what is right and good.

To find you is to ring eternal from within as the swinging-waves  
race out and into yourself.  
See the path best laid and live in the practicality of the  
Laws and Recommendations.

Follow the feeling in thought that best plans the course  
of the larger cause and effect  
for we live as a larger part of the One than each may yet be knowing of.  
And may you know that Love, the truly leads all Evolution  
for we live in the reality of now.

Through the seeking of Peace, Love, Harmony, and Freedom  
with Knowledge and Wisdom  
may the Might of your substance become comprehended  
and the Knowledge of the Teachings of Truth, Spirit, and Life  
come forth so you may then see  
that truly.

You are the Master of you  
Become you so we may all become our one true self.  
Creation.

## GEMSTONES AND COLORS ASSOCIATED WITH BIRTH DAYS

Source: FIGU Switzerland

## GEMSTONES AND COLORS ASSOCIATED WITH BIRTH DAYS

**"1" Group:**

(those born on the 1st, 10th, 19th, or 28th of any month)

**Crystals:** Gold topaz, amber, yellow diamond**Colors:** Yellow to orange, golden brown, tones of gold, bronze**"2" Group:**

(those born on the 2nd, 11th, 20th, and 29th of any month)

**Crystals:** Pearl, moonstone, jade (nephrite)**Colors:** Hues of green, white, light yellow and cream color**"3" Group:**

(those born on the 3rd, 12th, 21st, and 30th of any month)

**Crystals:** Amethyst, blue onyx, lapis lazulli, and hyacinth**Colors:** Mauve, purple, lilac, blue, violet, crimson and rose pink**"4" Group:**

(those born on the 4th, 13th, 22nd, and 31st of any month)

**Crystals:** Sapphire**Colors:** Hues of silver and silver-grey, luminous clear blue**"5" Group:**

(those born on the 5th, 14th, 23rd of any month)

**Crystals:** Diamond, brilliant silver, platinum**Colors:** Light orange, light yellow, light gray, tones of white and shimmering light colors**"6" Group:**

(those born on the 6th, 15th, 24th of any month)

**Crystals:** Emerald, turquoise, green tourmaline**Colors:** All hues of blue, light red, pink, reddish orange**"7" Group:**

(those born on the 7th, 16th, 25th of any month)

**Crystals:** Opal, pearl, moonstone, agate**Colors:** Pastel green, all tones of green**"8" Group:**

(those born on the 8th, 17th, 26th of any month)

**Crystals:** Amethyst, dark sapphire, black onyx, black pearl, black diamond**Colors:** Dark green, dark brown, dark blue, black and purple**"9" Group:**

(those born on the 9th, 18th, 27th of any month)

**Crystals:** Garnet, ruby, other red stones including coral and carnelian**Colors:** Cinnabar red, red, pink shadings, reddish violet, reddish brown, orange

**WAR IS NOT THE ANSWER**

by Michael Uyttebroek / February 19, 2023 / Tiny, ON

Fighting and destruction cannot bring about peace but only more of the same. Greed for power knows no bounds and only once the last tree is left standing will the blind realise the tragedy of their actions. For victory will only be when the human being sees the greater meaning in life, and truth and love are held in high esteem. Only then will the claws of hatred loosen their grasp, releasing him/her from the torments of belief.

**POEM**

by Ervin Mulalic

*On the distant horizon,  
Sunrise of a prophecy.  
From Creations palm,  
Beacon descent.*

*With a roar of a lightning strike,  
Fearless Beam of light,  
Ripping through the darkness,  
Thick and vast.*

*Once again, ancient,  
Heavy and rusty cogs,  
Rotating by hard work.  
Potent of Truth, set in motion.*

*Its bitter piercing Truth,  
Knows no compromise,  
Our old belief models,  
Broken, shattered, empty.*

*We witness unstoppable ascent,  
A domino effect.  
For where Beam of Love  
Ripps thru, Light stays on.*

*So does Freedom and Peace,  
Law and Hope.  
Vital rebuild by focus,  
Of a Man.*

*So we witness endeavour,  
Beacon on the horizon  
Birth of the new era,  
From here to Eternity.*

**PROOF**

by Jimmy Chen / March 6, 2023 1:09 pm

Many human beings of today think in materialistic ways and often seek material proof. Some seek this because society is structured this way and it is what they have been taught, some seek this to assess the trustworthiness of the subject and some seek this so that they don't fall for a belief.

The uncertainty of the truth itself makes the human being want to find proof, however, since the true nature of the truth itself does not prove itself to anyone, the human being is only granted the proof for which he/she can find. Often the most profound proof can be found at any time and exactly where the human being is. To illustrate this, here is a thought experiment to accompany this thought:

The human beings further continue their fall into the abyss in destructive ways and start a global nuclear war, and foreign extraterrestrials ñ who also do not know about the existence of the Plejaren or Billy's mission ñ give up their anonymity and intervene to prevent a planetary catastrophe.

The human beings of the Earth as a whole would have the material proof they seek and finally realise that they are not the only human beings in this universe. However, since these extraterrestrials also do not know about the Plejaren or Billy's mission and are less developed than them, they could only give assistance according to their knowledge and capabilities.

Although the human beings of the Earth have concrete proof of the existence of extraterrestrials, they largely would still not yet have proof of the creational truths or the true nature of the universe as it is taught in the Creation-energy teaching by Billy. Thus the question is, would the human beings of the Earth, having proof of extraterrestrials, now come to their senses and recognise the true sense of life and the true nature of the universe?

Some would come to their senses and reshape their life better, some would continue to cling to materialistic values, some would still be trapped in the belief and perhaps see the extraterrestrials as some form of deity. The individual choices would largely depend on the experience and consciousness-evolution level of the respective human being, as can be seen in reality according to the FIGU information:

- The part of the US government who know the truth about the Roswell UFO crash, who continue to deny the truth for their own gain
- Wendelle Stevens and Guido Moosbrugger who have had contact with the Plejaren, who largely recognise the creational truths
- George Adamski who came into contact with Billy and Asket, but despite this continued on in materialistic and self-serving ways
- Phobol Cheng who met Asket at the Ashoka Ashram, and her grandfather who had contact with extraterrestrials, who both largely recognise the truth
- An individual who saw Andron, and could not cope with the situation and took his own life
- Pfarrer Zimmermann who had telepathic contact with the Plejaren, who recognised the truth and supported Billy in his development during his youth
- Various other witnesses and contacts who all reacted differently

If not put onto more peaceful paths by the foreign extraterrestrials forcibly (by which the human beings would lose their opportunity to learn to solve their own problems), the human beings of the Earth would likely continue on in destructive ways. Thus the question is, what proof do the human beings of the Earth really need for them to wake up from their living-nightmare and have a chance to experience not just the destructive negative, but also the life-affirming evolutive positive in life?

Perhaps one day the human beings of the Earth will travel to the edge of the material universe, and discover on the other side the same finest creational energy that is present in him/herself and in all and everything, which connects everything together and maintains the universal order. However, all this can only happen if they do not continue on in destructive ways and find peace in themselves first.

Therefore, often the most basic proof is also the most profound and most useful, and that is simply being a true human being

**PROOF...**continues

and being loveful and helpful to the fellow human beings. Through this and through living according to the true sense of life, the evolution, the human being naturally becomes happy, has everything he/she needs and receives back the love and help given, and finds that he/she has already found the most important proof. Through this, he/she also makes tremendous progress in his/her evolution, because he/she follows the creational-natural laws and recommendations.

Many civilisations in the universe have arisen, developed from cave-dwellers to highly-developed civilisations, and passed away again, because all material things are transient. What is left and what was gained in all of this, however, was the love and evolution, which is stored for all-eternity in the Creation-energy of the human being as essence and finest-energetic energy of the Universe itself.

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## DWELLING ON THE PAST

by Michael Uyttebroek / Feb. 19, 2023 / Tiny, ON

Dwelling on the past in terms of regrets, resentments, previously perceived wrongs inflicted on oneself, disappointments, injustices, etc. cannot free oneself but on the contrary, leads to stagnation, ill health, and more anger, disappointment, etc. Similarly, holding a grudge towards someone because you felt that they did you wrong also falls into the same category of misguided thought directions. In fact, the truth of the matter is that nobody can hurt you psychologically unless one acquiesces one's well-being over to the whim of another.

Relationships can be very challenging, as we all have unique perspectives however, if there are ways that we can ease the burden of misunderstanding, these must certainly be implemented, and at the soonest possible moment so that further similar confusions and misunderstandings cannot be repeated. On that note, there are ways to point out errors in thinking, however this must be done in a neutral loving manner so that there is harmony and a feeling of solidarity along with the further strengthening of connections and understandings. For example, if there is a false way of thinking that needs to be corrected in another then it is important to shed light on the factors and reasons why it is so, so that the person in question does not feel personally attacked or reprimanded but simply the wrong/negative thinking is pointed out. After that it is up to the individual to think or not think about the matter, because ultimately each person is responsible for their own evolution and thoughts which they choose to foster.

One final point is that we are all evolving but in order to do so we must make mistakes. Through this process we recognise what is true and what is illusion. However, it must be pointed out that once an error is fathomed it should never be held over the head of the one who made the particular error. Because once the thinking has been corrected, it now becomes redundant to rehash over past committed mistakes.

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**In memory of FLCA member Peter Chladek who passed after an illness of about 8 months on December 18, 2022**

Death is our constant partner in life.



Here and now and in every moment, Death walks beside us. No matter how much we refuse it, baulk and bristle at it, Death is our constant companion.

Deep in our inner selves this knowledge exists, even if it is not constantly penetrating the surface of our consciousness.

[excerpt from The Death a portion of Creation-energy teaching Special Bulletin \*2 attached to lessons 185-188, page 18]

Translation: Catherine Mossman

Salome, FIGU LANDESGRUPPE CANADA
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