

insane consequences

How the Mental Health Industry
Fails the Mentally Ill

DJ Jaffe

Foreword by
E. Fuller Torrey, MD



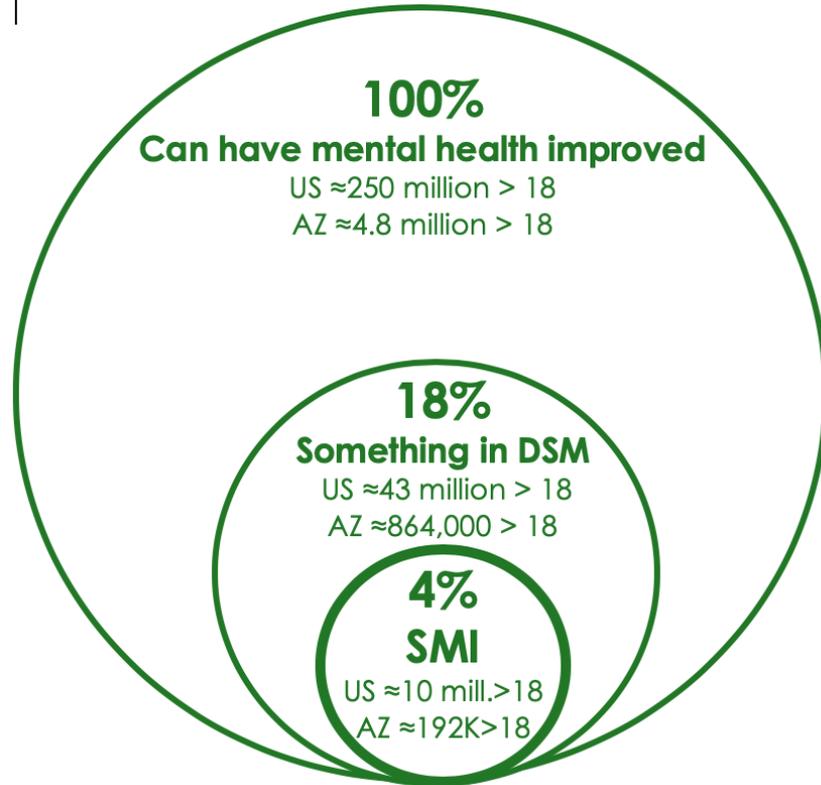
Web: mentalillnesspolicy.org

Twitter: [@MentalIllPolicy](https://twitter.com/MentalIllPolicy)

FB Page
facebook.com/mentalillnesspolicyorg/

FB Group:
facebook.com/groups/NASMI/

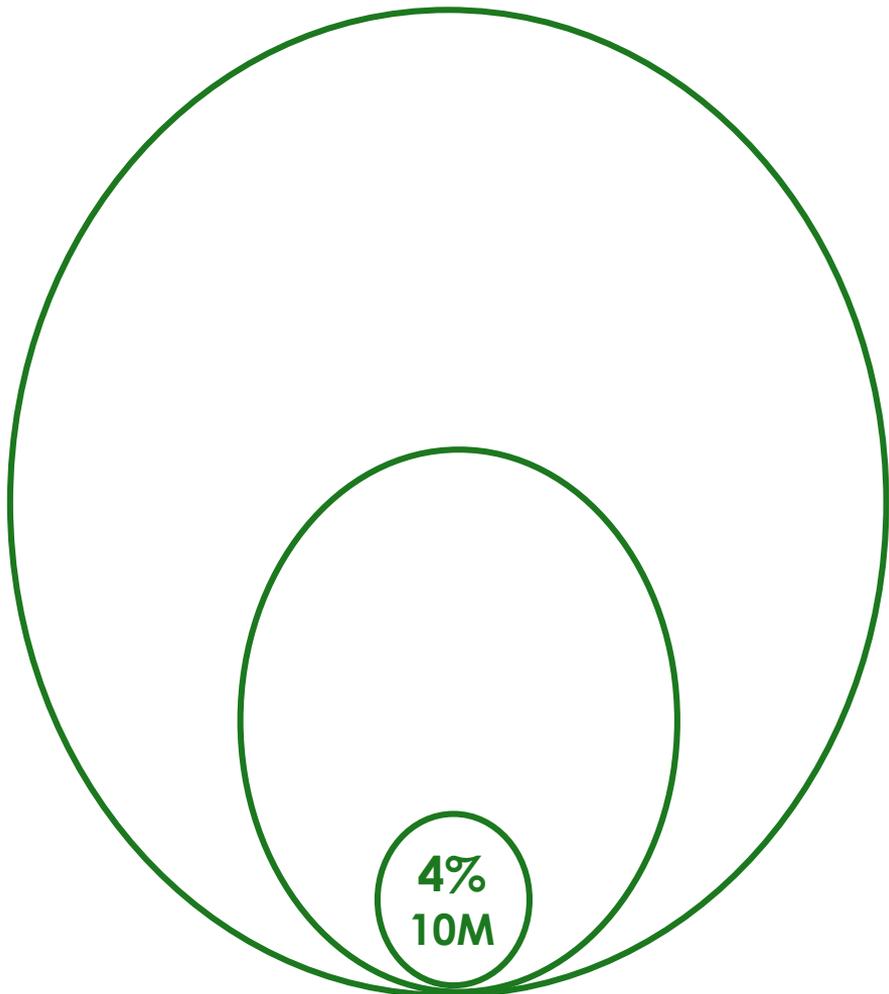
Number and percent no MI, MI and SMI in US and AZ



Mental wellness improved

DSM

SMI



**3,500,000 SMI
get zero
treatment**

(35% of 10 million)

Massive Spending In Wrong Places:

\$147 billion (fed)
\$37 billion (state)

500 high utilizers in MD = \$36 million



SMI now CJ Problem

392,000 SMI
Incarcerated

140,000 SMI
Homeless

750,000 MI
Probation

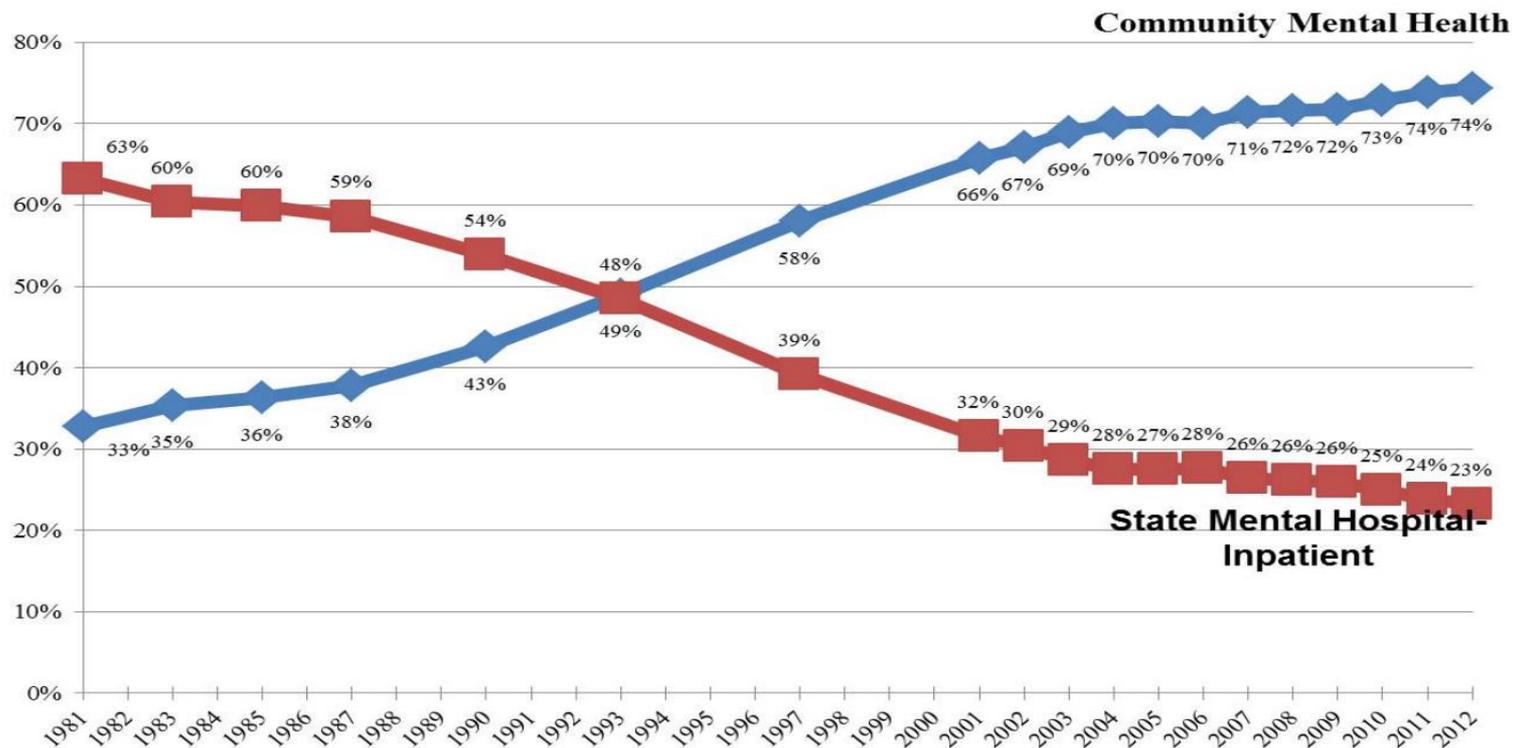
165,000 EDP CALLS 25% LINE OF DUTY DEATHS



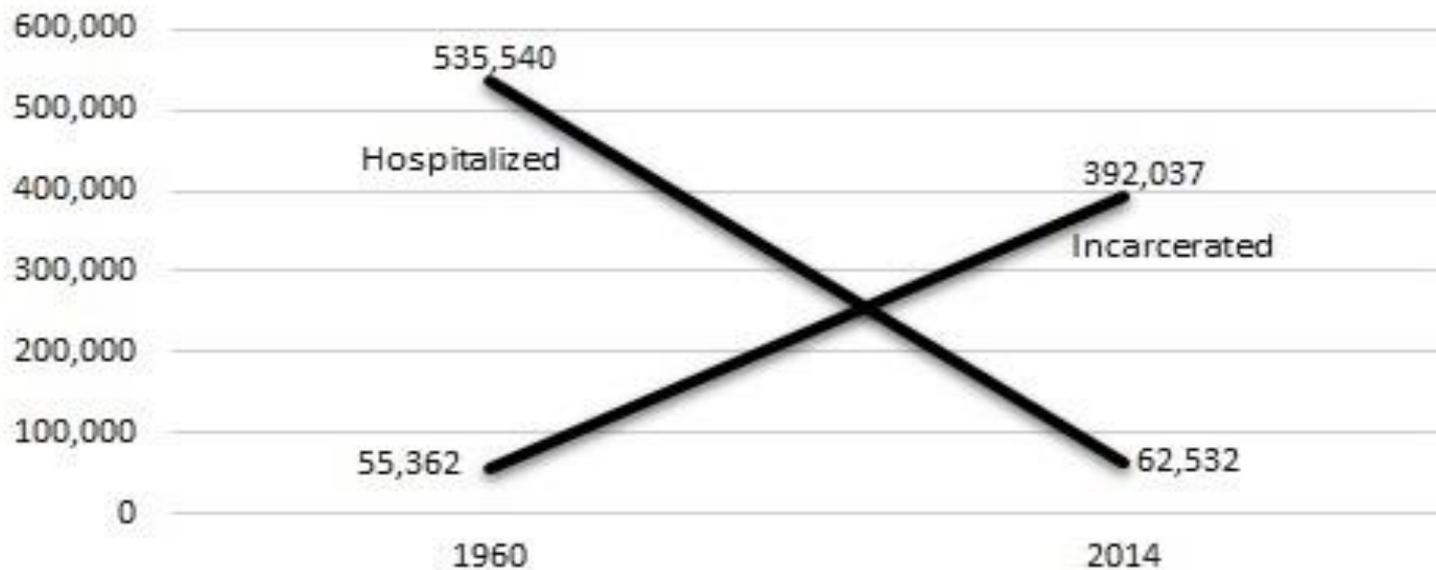
Problem:

**We spend TOO MUCH on mental ‘health’
Not enough on mental “illness”**

WENT FROM HOSPITAL TO COMMUNITY



Number of Seriously Mentally Ill Hospitalized vs. Incarcerated



Solution:

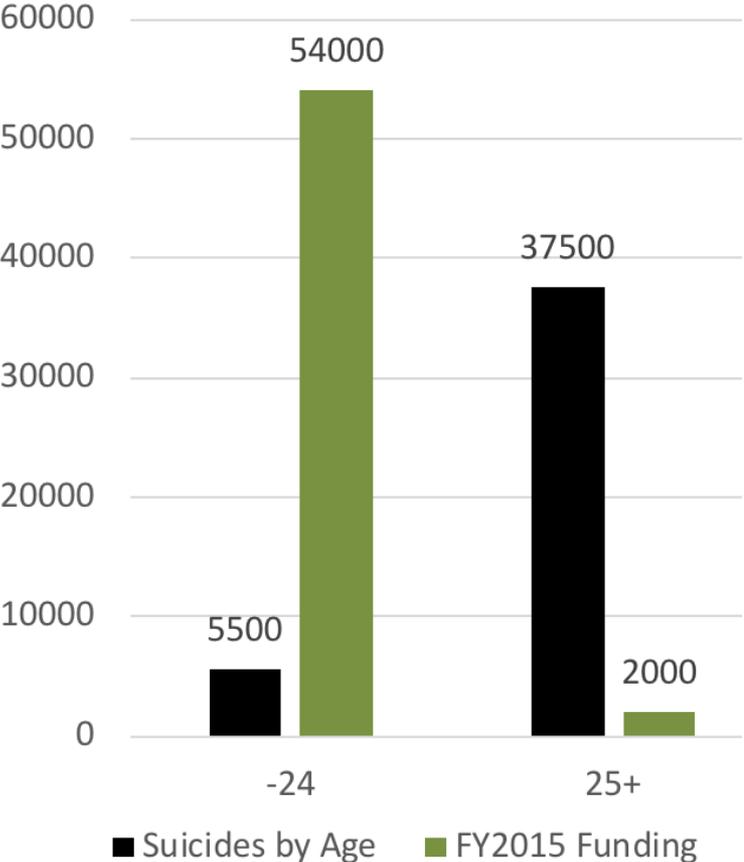
**Cut mental 'health' spending
Increase mental "illness" spending**

**Stand up to the MH industry which wants
MH funds, w/o obligation to serve SMI**

Untreated SMI Are More Violent

- Parkland
- Virginia Tech
- Aurora, CO

SUICIDES BY AGE VS FUNDING



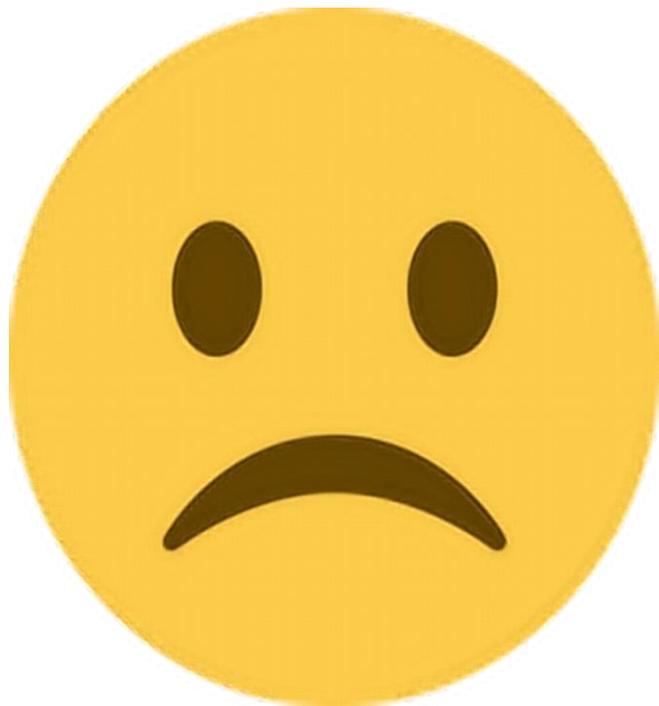
Stigma Not Major Barrier

- Lack of housing, doctors, clubhouses, transportation & services
- High cost
- Anosognosia

Here's Where We Do Spend, but Shouldn't

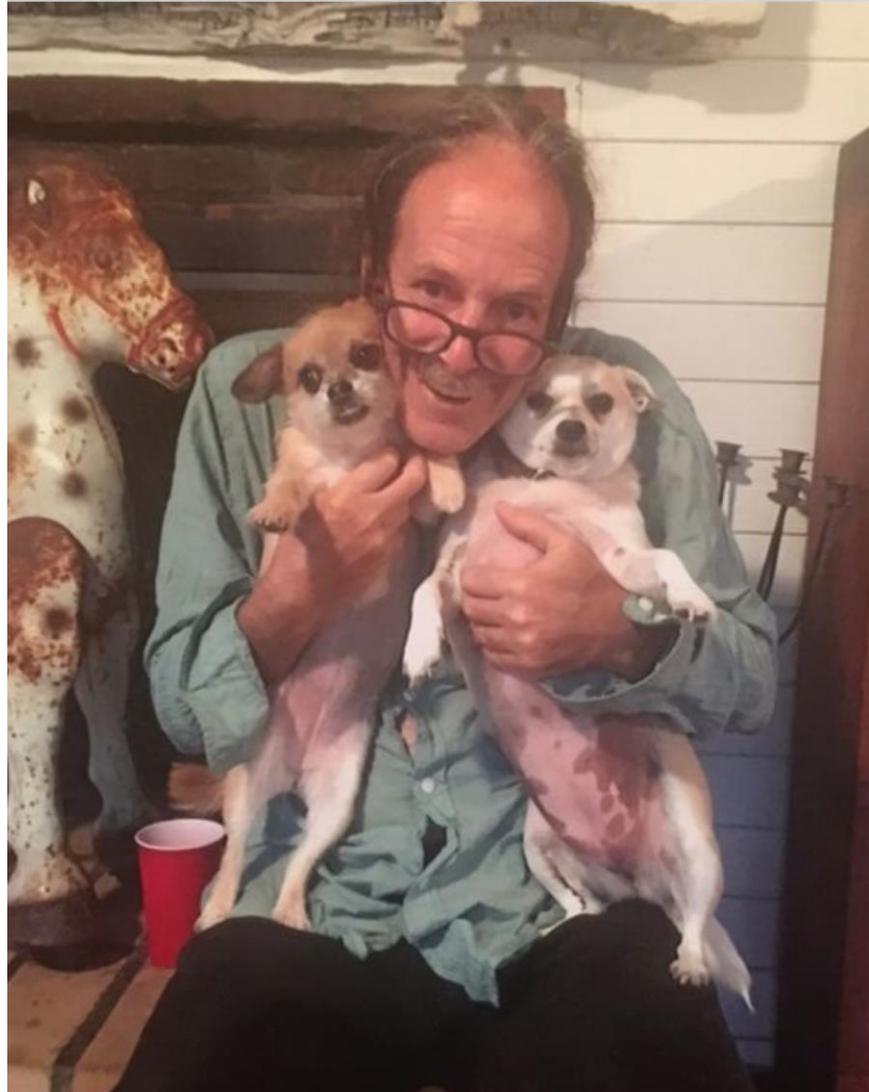
~~PREVENTION~~

RISK FACTORS



Pop-Psychology Happiness





HOW MANY OF YOU EVER...

- Lost a friend, parent, sibling, or child?
- Were in the military?
- Had an abusive parent or partner?
- Lived in poverty or crime-ridden area?
- Witnessed violence or had an accident?
- Were divorced or only had one parent?

Cut trauma/increase PTSD



CUT SMI PEER SUPPORT



STOP OVERDIAGNOSING KIDS

NEWS

More U.S. Children Being Diagnosed With Youthful Tendency Disorder

9/27/00 3:00pm • SEE MORE: HEALTH ∨

REDLANDS, CA—Nicholas and Beverly Serna's daughter Caitlin was only four years old, but they already knew there was a problem.



Day after day, upon arriving home from preschool, Caitlin would retreat into a bizarre fantasy world. Sometimes, she would pretend to be people and things she was not. Other

Cut Programs with Fake Evidence

- Evidence that's independent
- Meaningful metric
- People with SMI

Cut Programs with Fake Evidence

- Suicide efforts based on number of calls
- Outreach programs based on how many contacts were made,
- Public education on whether those trained feel educated

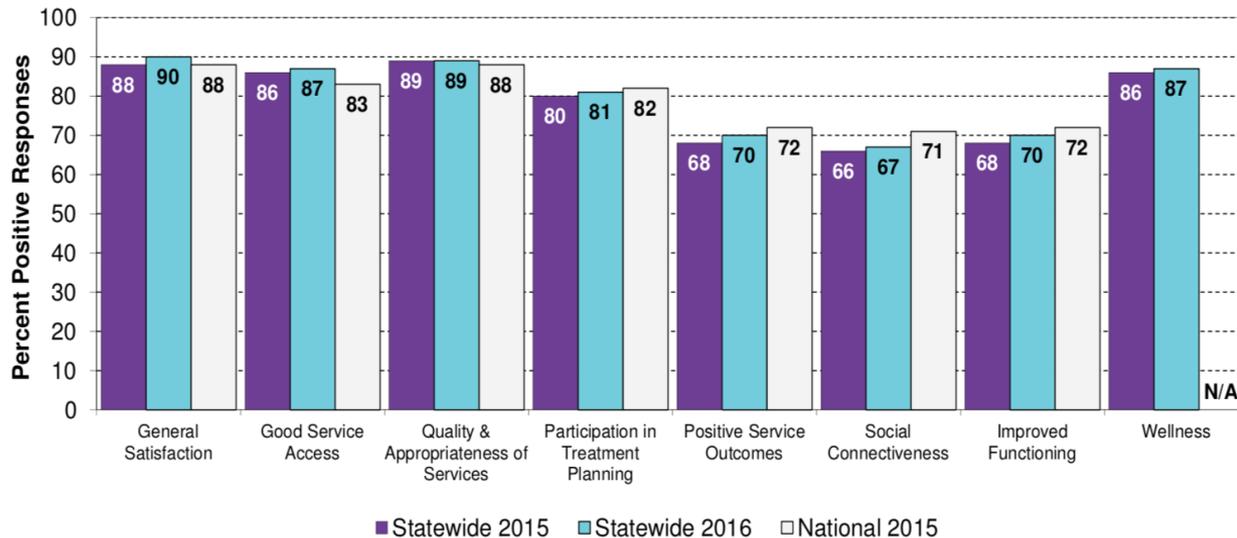


CUT MHFA

- Has zero impact on mentally ill
- Fixes problem that doesn't exist
- Assumes treatment is available

Customer Satisfaction ≠ Evidence-based

Adult Consumer Satisfaction Survey Mental Health Statistics Improvement Program (MHSIP) Completed by Adults in Mental Health Treatment



CUT EDUCATION/ STIGMA They MISLEAD



Here's Where We Should Spend, but Don't

Solution:

**Focus MH budget on improving
*meaningful metrics***

- Homelessness
- Arrest/Incarceration
 - Violence
- Needless hospitalization
 - **Suicide** (maybe)

Support Hospitals

- Have legislature pass resolution calling on Congress to end IMD Exclusion
- Engage with law enforcement
- Fight Olmstead Lawyers and call on administration to reign in DOJ CRIPA division Olmstead suits

Easier-to-meet civil commitment

- Grave disability, substantial deterioration, need for treatment and lack of capacity standards
- Consider 3 years past history
- Allow 10 day emergency holds

ASSISTED OUTPATIENT TREATMENT

AOT REDUCES INCARCERATION



AOT REDUCES HOMELESSNESS



AOT REDUCES HOSPITALIZATION



AOT Improvements

- Screen all involuntarily committed prior to discharge
- Screen all prisoners who received MH services while incarcerated prior to discharge
- Allow families to petition and educate them on how

Treatment Options

- Clozapine
- Long acting injectables
- ECT
- Routinize HIPAA releases

Housing and Others

- *Congregate* Housing
- Clubhouse Programs
- ACT/ICM
- MH Courts/Forensic parole
- Identity-centric programs (**Only if SMI focused!**)

Spend MH Block Grant on SMI

I'd be glad to come to your state and help you.

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Thank you

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MENTAL ILLNESS POLICY ORG.
UNBIASED INFORMATION FOR POLICYMAKERS + MEDIA