

## PE department Curriculum Overview

Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
KEY STAGE 3			KEY STAGE 4		KEY STAGE 5	
UK National Curriculum			GCSE Physical Education		A level Physical Education & Year 13 Core PE	
HRE / Volleyball	HRE / Volleyball	HRE / Volleyball	AAP / Basketball	Training Methods / Basketball	AAP	Basketball
Football / Athletics	Football / Athletics	Football / Athletics	AAP / Volleyball	AAP / Football & Netball	Skill Aq	Volleyball
Rugby / Dance	Rugby / Dance	Rugby / Dance	Movement analysis / Football & Netball	GCSE revision/ Trampolining	AAP	Football
Basketball / Netball	Basketball / Netball	Basketball / Netball	Physical training / Football & Netball	GCSE revision	Sport & Society	Team building
Handball / Dance & Swimming	Handball / Dance & Swimming	Handball / Dance & Swimming	Use of data / HRE	GCSE revision	Ex Phys M A	Cricket / rounders
Table Tennis / Badminton	Table Tennis / Badminton	Table Tennis / Badminton	PEP / Badminton	GCSE revision	Sport & Society	Handball
<p><b>HRE</b> = Health Related Education</p> <p><b>HFW</b> = Health, Fitness and Wellbeing</p> <p><b>AAP</b> = Applied Anatomy and Physiology</p> <p><b>Skill Aq</b> = Skill Acquisition</p> <p><b>Ex Phys M A</b> = Exercise Physiology and Applied Movement Analysis</p>					Sports Psychology	Table tennis

PE Department Curriculum Overview

Year 10

Year 11

Year 12

Year 13

KEY STAGE 4

Core Physical Education

HRE

HRE

Volleyball

Volleyball

Basketball

Basketball

Rugby /  
Netball

Rugby /  
Netball

Cricket /  
rounders

Cricket /  
rounders

Team  
building /  
OAA

Team  
building /  
OAA

Swimming /  
Handball

Swimming  
/ Handball

KEY STAGE 5

Core Physical Education

HRE

HRE

Volleyball

Volleyball

Basketball

Basketball

Rugby /  
Netball

Rugby /  
Netball

Cricket /  
rounders

Cricket /  
rounders

Team  
building /  
OAA

Team  
building /  
OAA

Swimming /  
Handball

Swimming /  
Handball

**HRE** = Health  
Related  
Education  
**OAA** = Outdoor  
& Adventurous  
Activities

