

**Rajiv Gandhi University of Health Sciences, Karnataka**  
II Year B.Sc. (Nursing - Basic) Degree Examination – Sep 2012

**Time: Three Hours**

**Max. Marks: 80 Marks**

**GROWTH & DEVELOPMENT INCLUDING NUTRITION**  
**(Revised Scheme)**  
**Q.P. CODE: 1687**

Your answers should be specific to the questions asked  
Draw neat labeled diagrams wherever necessary

**LONG ESSAYS (Answer any Two)**

**2 x 10 = 20 Marks**

1. Discuss current concepts of growth and development.
2. Give an account of Embryo and Foetal development.
3. What is nutritional status? How do you assess?

**SHORT ESSAYS (Answer any Eight)**

**8 x 5 = 40 Marks**

4. Emotional outlook of newborn.
5. Characteristics of Infant.
6. Physical growth (1-5 years).
7. Intellectual development of 6-12 years child (school age child).
8. Guidance to adolescent during emotional instability.
9. Preparation for marriage.
10. Problems of management of senior citizens.
11. Effect of heat on cooking foods.
12. Balanced diet.
13. Food preservation.

**SHORT ANSWERS**

**10 x 2 = 20 Marks**

14. APGAR score.
15. Weaning foods.
16. Pregnancy tests.
17. Colostrum.
18. Reflexes of newborn.
19. Thumb sucking.
20. Sources of vitamin C.
21. Kwashiorkor.
22. Glucose.
23. Trace minerals.

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