



Colon Hydrotherapy

Colon Hydrotherapy removes mucous, yeast, bacteria harmful toxins and accumulated waste from the gut and allows for a clear colon. When our colons are compromised by toxins and waste accumulation, the body cannot get adequate nutrition (even when we eat a balanced diet and have adequate water intake) and the mood, our neurochemistry, is the first sacrifice. Colon hydrotherapy can: Balance your system and clear the path for optimal absorption, improve overall function of your colon, and prepare the body for important colorectal health screenings and procedures.

Slow Infusion of warm, filtered (water goes through three different types of filtration-making the water 99.9% pure-prior to entering the body) water enters the large intestines through the use of disposable instruments. This method of cleaning out the bowels will restore or improve ones more regular bowel habits. Colonic irrigation also helps cleanse the body by quickly eliminating waste products, which would usually remain stagnant. This takes place in a quiet, completely private colon hydrotherapy consultation, procedure, and bathroom suite with one of our Certified Colon Hydrotherapists.

This procedure is painless. You may experience a feeling of fullness in the abdomen with the water. Gentle water flowing through your colon. Most clients find Colon Hydrotherapy to be relaxing and find it to be a great opportunity to appreciate how amazing the body really is and to learn about good health.

Possible Benefits of Colon Hydrotherapy

- Aids in overall colon health making the digestive system more effective
- Reduces intestinal distress, constipation, carbohydrate indigestion, diarrhea, gas, bloating and hemorrhoids
- Increases the body's ability to absorb vitamins and nutrients
- Increases energy and improves concentration
- Expels parasites
- Hydrates the whole body
- Kickstarts weight loss
- Improves whole-body well being

After the first session the therapist may make a recommendation based on individual needs and may also recommend specific products to enhance the subsequent treatments. However, a series of six Colon Hydrotherapy sessions is generally recommended for optimal cleansing.

OM Integrative Infusion Center uses a FDA approved and registered medical device for Colon Hydrotherapy. This device is a closed-system,, so there is no mess and no odor. Colon Hydrotherapy is most productive when a client can relax, so the therapist and the environment are set to provide each client this experience during each session.