



Self-Talk Script

Attitude + Skillset + Performance = Success x Every Day = Greatness

"I believe in greatness. I believe that it is mine. I am creating it and living it right now!"

"I am a person of quality and strength. And, my success is the result of who I am and what I think."

"I have patience. I never put off doing what I can, I am always able to allow the natural, positive forces of my life to work for me."

"Every day I am even more consciously aware of my relationships with others, how important they are, and the great value they hold in my life."

"Dealing with obstacles and difficulties are a natural part of any true achievement, I always remember that I have made the decision to win. Any obstacle I encounter will give up long before I do."

"I always give myself the right amount of rest and relaxation. I get all the deep, restful, replenishing sleep that I need. Each morning I make sure that I wake up completely rested, fully refreshed, and in great spirits!"

"I see Safety in every detail of my job and as an opportunity to achieve my career goals. Every day in every way I live a Safety way of life."