

RFGC

spring

NEWSLETTER

20
24



FRI, MAY 24: No Classes
SAT, MAY 25: No Classes or Open Gym
SUN, MAY 26: No Classes
MON, MAY 27: Classes Held as Normal
JUNE 3-9: Last Week of Spring Session
JUNE 10-AUG 16: Summer Session (no classes July 1-5)
AUG 19-AUG 23: Summer Camp

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SPRING SESSION OPEN GYMS

Pre K (Thursdays) 11am-12pm
All Ages (Saturdays) 12pm-1pm

[Pre-registration](#) is required for Open Gyms.
 \$10 per child per open gym.
 Learn more [HERE](#).

ENROLL IN SUMMER CLINICS NOW!

Intro to Gymnastics
 Gymnastics for Wrestlers
 More Clinics Coming Soon!

GYM REMINDERS

Absences: If you know that you will miss a class in advance, please login to your [parent portal](#) to submit your absence which will notify your child's coach directly to help them plan accordingly! Follow the steps [HERE](#) to submit an absence. We are not currently offering make-ups.

No Bare Midriff: Stomachs should be covered while in the gym. Leotards or comfortable clothing should be worn while in the gym.

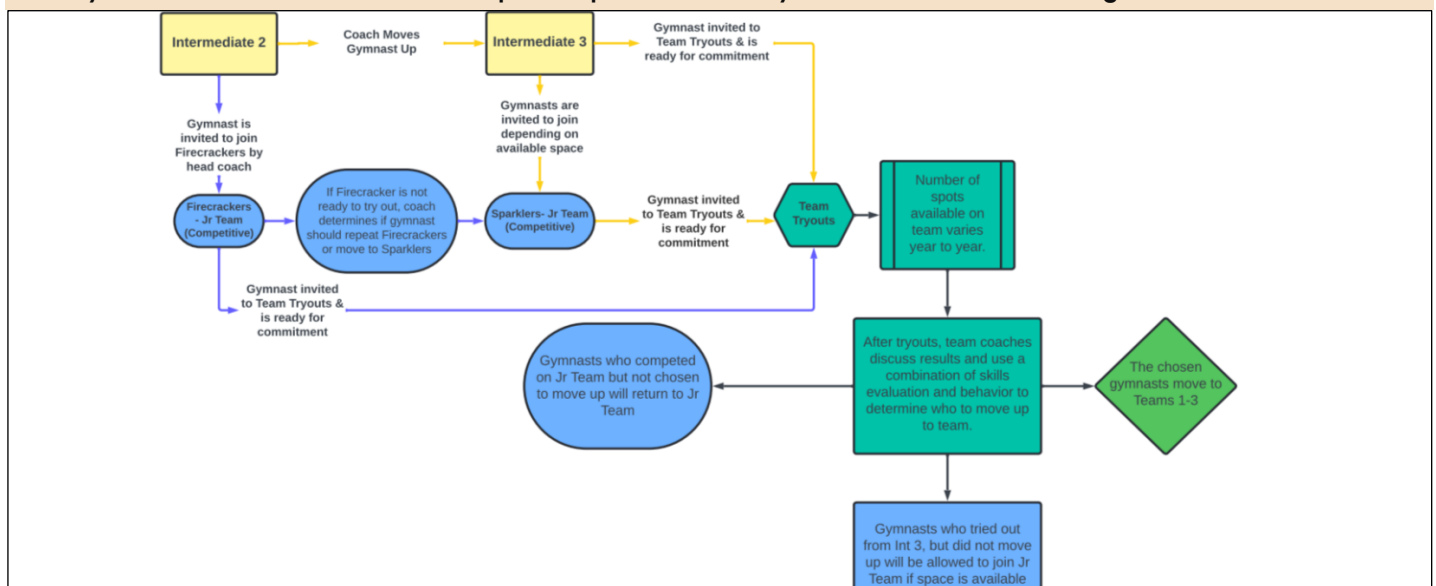
Private Lesson Policy: Please [click here](#) to review the private lesson policy.

REGISTRATION & EVALS

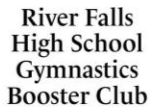
Registration opened on April 2nd for the Summer Session. The general recommendation is to enroll in the same level for summer as you are enrolled in spring. Jungle Gym classes should follow the age range associated with the level. There are no evaluations during our Spring Session.

During the Summer Session we will provide evaluations (posted in your parent portal) to inform you of the progress of your gymnast (in levels Tigers and higher). There is NO priority registration for the Fall 1 Session.

Have you ever wondered about the Competitive path for RFGC Gymnasts? Check out the diagram below to learn more!



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