

# Momma, It's My Soul

Count: 32

Wall: 4

Level: Beginner

Choreographer: Forty Arroyo (Dec 2016)

Music: It's My Soul by Lynn August



**\*\* Dedicated to The Webster Senior Center Line Dancers \*\***

## Start on Vocals

### [1-8] STOMP R, HOLD, LEFT SHUFFLE FORWARD - REPEAT

1,2 Stomp right slightly forward, Hold  
3&4 Shuffle forward: Step forward on L, Step R next to L, Step forward on L  
5-8 REPEAT steps 1 thru 4 above

### [9-16] BACK, TOUCH, BACK, TOUCH - REPEAT

1,2 Step back on R (right diagonal), Touch L next to R  
3,4 Step back on L (left diagonal), Touch R next to L  
5-8 REPEAT steps 1 thru 4 above

### [17-24] VINE RIGHT WITH A HITCH (OR TOUCH), VINE LEFT WITH ¼ L WITH HITCH OR TOUCH

1-4 Step R to side, Step L behind R, Step R to side, Hitch L (or touch L next to R)  
5-8 Step L to side, Step R behind L, Step forward on L turning ¼ to left, Hitch R (or touch R next to L)

### [25-32] TOUCH, STEP, TOUCH, STEP, HEEL TAP, STEP, HEEL TAP, STEP

1-4 Touch R out to side, Step R next to L, Touch L out to side, Step L next to R  
5,6 Tap R heel forward (right diagonal), Step R next to L  
7,8 Tap L heel forward (left diagonal), Step L next o R

**Start over.... and remember... if you MESS UP...CRACK UP!!**

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