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“A THANKFUL ATTITUDE OF GRATITUDE”

‘Personalize and Promise’

Psalms 92:1-2 Oh, give thanks.

Thanksgiving normally centers on things to give thanks for.

“A grateful mind is a great mind which eventually attracts to itself great things.”

Grateful and thankful are a conditioning of the mind.

“When we learn to give thanks, we are learning to concentrate, not on the bad things, but on the good things in our lives.” Amy Vanderbilt.

We need to continually develop a *thankful attitude of gratitude*.

Thanksgiving is a creative force that can create more good in your life.

Three ways to choose practical thanksgiving:

1. *“Where your attention goes, your energy flows.”*

We tend to attract that to which we give our attention to.

2. *“Thoughts held in mind will reproduce in the outer world after their own kind.”*

Give thanks ahead of time for whatever good you desire in your life.

You help create your outer life according to the way you have created your inner life- with thoughts, beliefs, and attitudes.

3. The most difficult, yet the most powerful of all- is to give thanks for your problems and challenges.

As you face your situations and *overcome* them, you grow in strength, wisdom, and compassion.

Giving thanks for this growth ahead of time helps you *grow* through- not just *go* through- any challenges that arise.

Psalms 119:162-176 Personalize and promise. Those are reasons to be thankful!