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## Lynn A. Kohlmeier, M.D.

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Lynn A. Kohlmeier, M.D. received her undergraduate degree from Yale University, in New Haven, Connecticut, and her medical degree from Stanford University School of Medicine in Stanford, California. Dr Kohlmeier was a resident in internal medicine at the New England Deaconess Hospital at Harvard Medical School in Boston, Massachusetts, and returned to Stanford for her endocrinology fellowship. As a Clinical Investigator in the Endocrinology Hypertension Division, Skeletal Health and Osteoporosis at Harvard Medical School, she did her post-doctorate training and received a Young Investigator Award for her work with the calcium-sensing receptor. Dr Kohlmeier is recognized as a national speaker for osteoporosis and rare metabolic bone disease, and continues to give CME and community presentations on parathyroid, thyroid and adrenal disease, testosterone and estrogen replacement, and calcium and vitamin D.

Dr. Kohlmeier is an endocrinologist in Spokane, WA, currently working with rural clinics in Eastern Washington and Northern Idaho. She has organized and moderated the *Spokane Bone Club*, an annual professional meeting with nationally renowned guest speakers, since its beginning in 1999. Dr. Kohlmeier and her DXA technicians founded *Strong Start* in 2001, and continue to provide quality DXA BMD reports and osteoporosis guidelines for DXA sites throughout the Northwest.

Dr Kohlmeier's involvement in research studies on bone mineral density, bone quality tests, fracture assessment, and osteoporosis, has resulted in multiple publications. She is a reviewer for the *Journal of Clinical Densitometry, Metabolism, and Osteoporosis International*, and is an executive board member for *Advances in Mineral Metabolism/American Society for Bone and Mineral Research*.

Dr Kohlmeier is co-founder and director of the non-profit *Strides for Strong Bones*, with program coordinator, Marla Emde. Together with the help of many volunteers, they have provided free bone density screening and osteoporosis education to thousands of men and women throughout the Northwest, through local community events and at both the *Westplains Wunderwoman Triathlon, TRI and DU it for Strong Bones* (2007-2018) and *Strides for Strong Bones Awareness Walk* (2010-present).

With the current 'Stay at Home' Covid-19 recommendations, Dr Kohlmeier is offering virtual endocrine appointments for donations to local charities such as: DayBreak, Union Gospel Mission or 2nd Harvest, if patients are able to give. Please go to <https://doxy.me/KohlmeierMDCare>, a secure HIPPA compliant link, for more information.