



CHALLENGE YOURSELF, FIND YOUR FIT!

Bank of Finger Lakes

Corporate Wellness Program Geneva Family YMCA

Since Bank of the Finger Lakes is part of the Y's Corporate Wellness Program, you and your family can experience the Y through a 7 Day Complementary Guest Pass and get a great discount if you decide to join. Simply bring this flyer, proof of employment and photo ID on your first visit to get started. We'll see you at the Y!

Join the Y and receive:

- ⇒ **100% off the joining fee**
- ⇒ **10% off monthly or annual membership rates**

For more information please contact:

Associate & Membership Director
Sara Allen
399 William Street, Geneva NY 14456
315-789-1616
sallen@genevafamilyymca.org

Member Benefits Include:

- No Contracts. We don't lock you into year-long contracts or have penalties for cancelling your membership.
- State of the Art Weight Lifting and Cardio Equipment
- Access to Y's across the US through our Nationwide Membership Benefit
- Access to over 50 FREE Group Exercise Classes Weekly
- FREE Fitness Orientation
- Special discounted member rates on programs .
- Adult Access to Steam Room, Jacuzzi, & Dry Saunas
- FREE Y-Fi
- Year -round POOL access
- FREE Child-Watch while you workout Monday - Friday....and so much more!