Dobok is the Taekwondo uniform. Do means "way" and bok means "clothing." Taekwondo Dobok consists of pants, top and Tti(belt). Except for the Tti, the pants and top is white in color. The reason why the color of Taekwondo uniform is white is to symbolize the purity of the martial art. All trainees should wear the same Taekwondo uniform in order to better express their technique and individuality. The jacket of the Taekwondo uniform has two sides, the left side represents Yanggi and the right side represents Umgi. Yanggi represents the mind and Umgi represents strength.